

### Eucharistic Adoration

Have you considered joining the Adoration Roster? New Adorers always needed and welcome.



Contact Anne Sutherland for information 0413 203 901

Current vacancies: Mon 12noon-1pm, Tues 9pm-10pm, Fri 11am-12noon

### Men's Sharing Group

A Men's Sharing Group is starting at St Benedict's. Contact John Murray, 0480 257 761 for more information.

### Spiritual Retreat at St Benedict's, this weekend: Saturday 8th July

The Missionaries of God's Love present **Well in the Desert**: "From Dryness to Intimacy with God". Hosted by MGL Melbourne Brothers. Contact Br. Adrian (0432291678 or email [sura57adrian@gmail.com](mailto:sura57adrian@gmail.com)).



Date: Saturday 8th July 2023, 10am-3:30pm (Registration starts at 8:30am)  
Place: Collins Wing, St Benedict's Church (10 Tallara Pkwy, Narrabundah)

Open to age 18 and above. Free admission and Lunch provided.

### ROSTER FOR THIS WEEKEND

8 & 9 July 2023

	Sat 5 pm	Sun 9am
Welcomers	Louise Gaudry	Robert Henry
Readers	BA Daly, Louise Gaudry	Grace De Zilva, Asterie Niyonsenga
Offertory	Volunteers	Young family
Eucharistic Ministers	Volunteer	Josephus Bumaat
Flowers, Altar Clean	Loretta Thomas, Anne Hobday	
Church Cleaners	Nhung Booth, Brad Hogno	
Visitation	MGL Garran (Jindalee & Mt View)	
Sun 6pm Mass Readers	Gabriel Joseph, Julie Giacomini	

### ROSTER FOR NEXT WEEKEND

15 & 16 July 2023

1ST READING Is 55:10-11	2ND READING Rom 8:18-23	GOSPEL Mt 13:1-23
Sat 5 pm		Sun 9am
Welcomers	Marlene Keir	Alma Burg
Readers	Don Jeffery, Moira Najdecki	Joshua D'Silva, Linda Henry
Offertory	BA Daly, Volunteer	Jose family
Eucharistic Ministers	Nhung Booth	Barry Murphy
Flowers, Altar Clean	Margie Avellino & Louise Gaudry	
Church Cleaners	John Murray	
Visitation	Jonavie & Grace (Jindalee)	
Sun 6pm Mass Readers	Maria & Mark Ransom	

### Life in God's Spirit Seminar

The Good Shepherd prayer group invites you to our New Life in God's Spirit seminar. It's a 7 week seminar held every Wednesday evening 7pm-9pm from Weds 19 July to Weds 30 August at St Peter Chanel's, Weston St, Yarralumla. Teachings, worship, prayer and fellowship. Everyone is welcome to encounter Jesus in a deeper way! For more info and to register, call Susanna 0419 902 293 or Neda 0415 266 019.

## St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: Thurs 9am-1pm, Fri 9am-4:30pm  
Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)  
Narrabundah ACT 2604  
Tel: +61 (02) 6295 7879/ Parish Office  
Emergency Number: (02) 6239 6772  
Website: [cg.org.au/Narrabundah](http://cg.org.au/Narrabundah)  
Email: [Narrabundah@cg.org.au](mailto:Narrabundah@cg.org.au)

Fr Rembert Fernando, MGL (Parish Priest)  
Fr Baiju Thomas, MGL (Mission Centre Director)  
Fr Chris Eaton, MGL (Mission Centre Co-Director)  
Belle Joseph (Secretary, Thurs 9am-1pm, Fri 9am-5:30pm)  
Cathy Schneider (Finance Officer Wednesday 8am-12pm)  
Adrian Wellspring (Spiritual Direction & Personal Vocation)

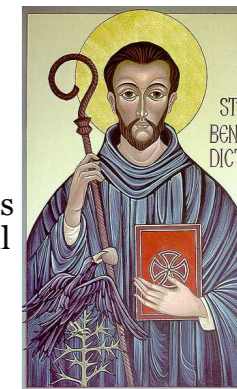
### 14th Sunday in Ordinary Time 8 & 9 July 2023

### God's Word

This Sunday's readings are full of joy. Just look at the first two lines of the first reading from Zechariah. They say 'Rejoice heart and soul' and 'Shout with gladness'. And what is the reason for this joy? God has come in kindness and compassion, as the responsorial psalm says. And not only that, but as St Paul writes, God's Spirit has made his home in us. These are certainly things to be joyful about. The yoke of Jesus is light, but sometimes may bring challenges and burdens. Yet we can always trust in Jesus' promise that in him we will find rest for our souls and joy for our hearts. What are the challenges I face in living out my faith? Do I trust in Jesus' closeness and his desire to carry them with me?



### St Benedict's Feast Day Morning Tea On Sunday 16 July 10am In the School Hall



To celebrate our Feast Day the Parish Pastoral Council is hosting a Morning Tea for all parishioners. Please come along to enjoy a cuppa and cake and to mingle with the parish community. We will also mark the occasion by thanking the volunteers who do so much to ensure that our parish is a vibrant one. The PPC will provide food and drinks so you just need to bring yourself. We look forward to seeing you on the 16th.  
Moira Najdecki, Chair, Parish Pastoral Council

### Important Notice about Planned Giving Envelopes

Sincere apologies for the mix-up regarding envelopes last weekend; the envelopes were mistakenly put out before parishioners' names had been added. If you took a box of envelopes with one of the following numbers, could you please contact the Parish Office so we can match the number to your name?

Numbers 1 2 4 6 8 13 25

If you are already a Planned Giver registered with the parish, you can collect your new envelopes (now labelled!) in the church foyer. Your PG number may have changed to accommodate the lower number of envelope packs needed now.

Our heartfelt thanks to all the generous givers of the parish for your support; without you the parish could not continue its mission.



Aid to the Church in Need  
ACN AUSTRALIA NEW ZEALAND  
This month Aid to the Church in Need is raising money to build a parish house in Sierra Leone. The parishioners of the parish of Our Lady of Perpetual Succour have been trying to help their priest who is living in a house that is decaying due to heavy rainfall and salt-laden sea air but they themselves are poor and have little to give. ACN has promised to help but we need your help to make this possible. To learn more and to make an offering visit [www.aidtochurch.org/monthlyproject](http://www.aidtochurch.org/monthlyproject) or scan the QR code.

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St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

**First reading Zechariah 9:9-10**

The Lord says this:

Rejoice heart and soul, daughter of Zion!  
Shout with gladness, daughter of Jerusalem!  
See now, your king comes to you;  
he is victorious, he is triumphant,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.  
He will banish chariots from Ephraim  
and horses from Jerusalem;  
the bow of war will be banished.  
He will proclaim peace for the nations.  
His empire shall stretch from sea to sea,  
from the River to the ends of the earth.

**Resp. Psalm 144:1-2,8-11,13b-14** *I will praise your name for ever, my king and my God.*

I will give you glory, O God my king,  
I will bless your name for ever.  
I will bless you day after day  
and praise your name for ever.

All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God.

The Lord is kind and full of compassion,  
slow to anger, abounding in love.  
How good is the Lord to all,  
compassionate to all his creatures.

The Lord is faithful in all his words  
and loving in all his deeds.  
The Lord supports all who fall  
and raises all who are bowed down.

**Second reading Romans 8:9,11-13**

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

**Gospel Acclamation cf Matthew 11:25**

Alleluia, alleluia!  
Blessed are you, Father, Lord of heaven and earth;  
you have revealed to little ones the mysteries of the kingdom.  
Alleluia!

**Gospel Matthew 11:25-30**

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give you rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

**Sacrament of Confirmation 2023**

The Sacrament of Confirmation will be celebrated by Archbishop Christopher Prowse on Thursday 21st September 2023 at 5:30pm at St Benedict's. A Confirmation Information evening will be held beforehand; date TBC. If you would like to enrol your child, please download the Qkr! app, select St Benedict's Parish (with the icon of St Benedict), and complete the Confirmation enrolment form. An administration fee of \$60 covers the cost of administration, materials, and facilities. The fee should not be an obstacle to receiving the Sacrament, so if you have any concerns about making this payment, please contact the Parish Office or speak to Fr Rem.

**Mary MacKillop Pilgrimage to Eden**

Join Archbishop Christopher's annual Pilgrimage to Eden on Saturday 19th August to commemorate St Mary of the Cross MacKillop. For more details and to book, go to Pambula Parish website, [cg.org.au/Pambula](http://cg.org.au/Pambula).

**PARISH GROUPS**

**Empower Night** is held 6:40pm till 9pm Tuesday nights. It's a Charismatic night of Lay preaching and healing in front of the Blessed Sacrament. The night is a chance for those attending training to use their skills and gifts. Everyone is very welcome to come worship and soak in the presence of the Holy Spirit.

**Legion of Mary** meetings are held every Monday 6:30pm at St Benedict's Parish Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

**Mothers Prayers:** Come and pray for your children. Each Monday in the Parish Centre in school term from 9:30am followed by morning tea. Contact Rachael Nano 0412 472 243.

**Donating to the parish**

To deposit directly into the Parish account, please use the following details:  
BSB: 062 786  
Account number: 000014992  
Please include your Planned Giving (envelope) number in the reference if you have one, otherwise your surname and 'Donation'. Other ways of giving are via the Qkr! app, direct debit and credit card donations; please contact the Parish Office to organise.

*Please pray for the sick and deceased of the parish*

**Recently deceased:** Vincent Ciarullo, James Brophy, Heather Harradine.

**Anniversaries:** Neil Blake, Laurence Bode, Severino D'Andrea, Evzen Dostal, Gladys Dumbrell, Franc Erpic, Dagmar Gilfelt, Helen Harris, Charles Holdom, Ethel Johnson, Joan Kavcic, Cecily McIntyre, Noel McLean, Morty McNamara, Paul Nixon MGL, Joseph Tremble, Latos Repkenyi, Mgr John Hoare, Fr Patrick Deenihan, Fr Gregor Hagemann, Fr Michael McAlroy, Fr Arthur Percy.

**Our Sick:** Jindalee & Mt View residents, Clem Dick, Julia Brown, Mitchell White, Germaphi, Pat Atkins, Lorraine Davis, Mathew, Lyn Walker, Louis Pini, Anthony, Helen French, Flora Arias, Mark Ransom, Ben Melbourne, Pamela Brown, Anne Rosewarne; Carol Rees, Monica Boyton, Mary Smith, Colin Paley, Janice Paley, Caroline Evans, Gert Fletcher, Anna Pace, Barbara Parsons, Edwina Gundelach, Daniel Collins, Jeanette Cullen.

**PARISH OFFICE HOURS:**

**Thursday, 9am-1pm; Friday, 9am - 4:30pm**

**WEEKEND MASS TIMES:**

Saturday: 5pm (Vigil)  
Sunday: 9am; 6pm (*Charismatic Mass*);  
Fourth Sunday of the Month: 6pm (*Youth Mass*)

**WEEKDAY MASS TIMES:**

Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm; Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

**RECONCILIATION:**

Friday following Healing Mass from 6.15pm-7pm  
Saturday: 4pm-4:30pm or by appointment

**PRAYER OF THE CHURCH:**

Saturday: 7.30am 3<sup>rd</sup> Friday Padre Pio: 5pm

**BAPTISMS:** During weekend Masses or by appointment. See parish website for booking information.

**WEDDINGS:** by appointment

**ANOINTING OF THE SICK:**

During the 5.30pm Mass on first Fridays  
10.30am at Jindalee 1<sup>st</sup> Thursday of the month,  
10.30am at Mt View 3<sup>rd</sup> Thursday of the month

**ADORATION OF THE BLESSED SACRAMENT:**

Monday & Tuesday: 6am-10pm  
Wednesday & Thursday: 1pm-10pm  
Friday 6am to Saturday 8am

Vacant hours that urgently need filling:

Monday 12noon-1pm, Tuesday 9pm-10pm  
Friday 11am-12noon

**Hearing Loop** is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.