

### St Thomas More Forum and Parish Forum Dinner, Friday 23rd June

This is to be held at the Mercure Hotel Ainslie, Friday 23rd June 7:30-9:30pm. The Keynote Speaker will be Madeline Brennan KC. Dinner and wine is \$90, please book through Eventbrite at <https://bit.ly/stm-230623> for a very enjoyable evening. For more information: [Campbell@cg.org.au](mailto:Campbell@cg.org.au).

### Women's Eucharistic Retreat Day Canberra: Saturday 24 June

Women of all ages are invited to join the Dominican Sisters of Saint Cecilia for a retreat day. This day will help you grow in your love for and devotion to the gift of the Holy Eucharist. In addition to talks and discussion, the day will include time for silence and prayer during a Holy Hour. An opportunity for the Sacrament of Reconciliation will be available. Morning tea and lunch are provided. (Cost: \$20) register here at (<https://www.trybooking.com/CGYGI>)



ROSTER FOR THIS WEEKEND 20 & 21 May 2023		
	Sat 6 pm	Sun 9am
Welcomers	Carmel & Peter Pistor	Alma Burg
Readers	Moira Najdecki, Helen Bennett	Josephus Bumaat, Loreena D'Silva
Offertory	BA Daly, Helen Bennett	Jose family
Eucharistic Ministers	Sue Neimanis	Barry Murphy
Flowers, Altar Clean	Sue Neimnais & Grace De Zilva	
Church Cleaners	John Murray	
Visitation	Maria Michas & Shruti Ruzario	

ROSTER FOR NEXT WEEKEND 27 & 28 May 2023		
1ST READING Acts 2:1-11	2ND READING 1 Cor 12:3-7,12-13	GOSPEL Jn 20:19-23
	Sat 6 pm	Sun 9am
Welcomers	Louise Gaudry	Robert Henry
Readers	BA Daly, Louise Gaudry	Shiru Kinyanjui, Maria Mendoza
Offertory	Volunteers	Linda & Robert Henry
Eucharistic Ministers	Caroline Evans	Janice Kelly
Flowers, Altar Clean	Claudine Smith & Louise Gaudry	
Church Cleaners	Don & Jennifer Nguyen	
Visitation	Carmel Henry (Mt View); Prakash & Grace (Jindalee)	

### Join us for Alpha

The Alpha course continues on Thursday evenings, 7:00pm-8:45pm in the Collins Wing at St Benedict's. Enquiries: email Asterie, [tasterie@gmail.com](mailto:tasterie@gmail.com)



Charismatic worship, preaching and prayer. Hosted by the Catholic Charismatic Renewal of Canberra Goulburn in association with the Disciples of Jesus Community and St Benedict's Mission Centre.

### Archbishop Christopher Prowse's letter on Euthanasia

A vote on the issue of Euthanasia / Voluntary Assisted Dying (VAD) is likely to be held at the end of 2023 or the start of 2024. It is essential to understand why the Catholic Church opposes Euthanasia and why we need to care for the most vulnerable and to protect life. Copies of Archbishop's letter on Euthanasia can be found in the foyer: please take one.

### Morning tea in the Parish Centre

Please join us for morning tea this Sunday in the Parish Centre after the 9am Mass.



St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

## St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: Thurs 9am-1pm, Fri 9am-5:30pm  
 Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)  
 Narrabundah ACT 2604  
 Tel: +61 (02) 6295 7879/ Parish Office  
 Emergency Number: (02) 6239 6772  
 Website: [cg.org.au/Narrabundah](http://cg.org.au/Narrabundah)  
 Email: [Narrabundah@cg.org.au](mailto:Narrabundah@cg.org.au)

Fr Rembert Fernando, MGL (Parish Priest)  
 Fr Baiju Thomas, MGL (Mission Centre Director)  
 Fr Chris Eaton, MGL (Mission Centre Co-Director)  
 Belle Joseph (Secretary, Thurs 9am-1pm, Fri 9am-5:30pm)  
 Cathy Schneider (Finance Officer Wednesday 8am-12pm)  
 Adrian Wellspring (Spiritual Direction & Personal Vocation)

## The Ascension of the Lord 20 & 21 May 2023

### God's Word

Letting go of someone we love is always heart-wrenching. Yet there may be no other way for life to go forward as it should. Parents know this intimately in seeing their children grow up, leave home and forge their own path in life. At the Ascension, the disciples must let go' of Jesus' as they have come to know him and enter the next stage of a Spirit-led journey. It is a scene of faith mixed with hesitation, of empowerment amidst fragility, of joy tinged with doubt. In our own lives, we too go forward with our personal mix of emotions in 'letting go' as God calls. On Ascension Sunday we can wonder at the thought that our own baptism is a fruit of a long-ago mountain top commissioning. Like those disciples, we trust in God, step out in mission and sow seeds for future generations.



### Spiritual Retreat at St Benedict's, Saturday 8th July



The Missionaries of God's Love present **Well in the Desert**: "From Dryness to Intimacy with God". Hosted by MGL Melbourne Brothers. Contact Br. Adrian (0432291678 or email [sura57adrian@gmail.com](mailto:sura57adrian@gmail.com)).

Date: Saturday 8th July 2023, 10am-3:30pm  
 (Registration starts at 8:30am)

Place: Collins Wing, St Benedict's Church (10 Tallara Pkwy, Narrabundah)

Open to age 18 and above. Free admission and Lunch provided.

Archbishop Christopher Prowse invites all to a Prayer Vigil for Calvary Hospital at St Christopher's Cathedral **Wednesday May 24 beginning at 7.30pm**. The evening will include a decade of the Rosary, Benediction, songs of worship and short inputs from Archbishop Prowse and Fr Tony Percy. Bishop Bartholomew of Charioupolis, Greek Orthodox and Rev David Campbell, ACT Churches Council & St Andrew's Presbyterian Church will join us.

**First reading Acts 1:1-11**

In my earlier work, Theophilus, I dealt with everything Jesus had done and taught from the beginning until the day he gave his instructions to the apostles he had chosen through the Holy Spirit, and was taken up to heaven. He had shown himself alive to them after his Passion by many demonstrations: for forty days he had continued to appear to them and tell them about the kingdom of God. When he had been at table with them, he had told them not to leave Jerusalem, but to wait there for what the Father had promised. 'It is' he had said 'what you have heard me speak about: John baptised with water but you, not many days from now, will be baptised with the Holy Spirit.'

Now having met together, they asked him, 'Lord, has the time come? Are you going to restore the kingdom to Israel?' He replied, 'It is not for you to know times or dates that the Father has decided by his own authority, but you will receive power when the Holy Spirit comes on you, and then you will be my witnesses not only in Jerusalem but throughout Judaea and Samaria, and indeed to the ends of the earth.'

As he said this he was lifted up while they looked on, and a cloud took him from their sight. They were still staring into the sky when suddenly two men in white were standing near them and they said, 'Why are you men from Galilee standing here looking into the sky? Jesus who has been taken up from you into heaven, this same Jesus will come back in the same way as you have seen him go there.'

**Resp. Psalm 46:2-3,6-9**      *God mounts his throne to shouts of joy: a blare of trumpets for the Lord*

All peoples, clap your hands,  
cry to God with shouts of joy!  
For the Lord, the Most High, we must fear,  
great king over all the earth.

God is king of all the earth,  
sing praise with all your skill.  
God is king over the nations;  
God reigns on his holy throne.

God goes up with shouts of joy;  
the Lord goes up with trumpet blast.  
Sing praise for God, sing praise,  
sing praise to our king, sing praise.

**Second reading Ephesians 1:17-23**

May the God of our Lord Jesus Christ, the Father of glory, give you a spirit of wisdom and perception of what is revealed, to bring you to full knowledge of him. May he enlighten the eyes of your mind so that you can see what hope his call holds for you, what rich glories he has promised the saints will inherit and how infinitely great is the power that he has exercised for us believers. This you can tell from the strength of his power at work in Christ, when he used it to raise him from the dead and to make him sit at his right hand, in heaven, far above every Sovereignty, Authority, Power, or Domination, or any other name that can be named not only in this age but also in the age to come. He has put all things under his feet and made him, as the ruler of everything, the head of the Church; which is his body, the fullness of him who fills the whole creation.

**Gospel Acclamation Matthew 28:19,20**

Alleluia, alleluia!  
Go and teach all people my gospel.  
I am with you always, until the end of the world.  
Alleluia!

**Gospel Matthew 28:16-20**

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make

disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

**Laudato Si' Week**

The theme for this year's Laudato Si week 16-24 May is **Hope for the Earth, Hope for Humanity**. The Archdiocese will launch its draft Laudato Si action plan at 11am Sunday Mass in the Cathedral on 21-May (streamed live at and recorded at <https://www.catholicvoice.org.au/mass-online/>). The draft Laudato Si action plan is at <https://cgcatholic.org.au/services-directory/caring-for-creation/> and aims to encourage and enable action plans by parishes, schools and other bodies. With consultation ([LaudatoSiACT@gmail.com](mailto:LaudatoSiACT@gmail.com)) the draft Plan will be finalised in September 2023 (for Season of Creation) and will be regularly reviewed.

**PARISH GROUPS**

**Empower Night** is held 7pm till 9pm Tuesday nights. It's a Charismatic night of Lay preaching and healing in front of the Blessed Sacrament. The night is a chance for those attending training to use their skills and gifts. Everyone is very welcome to come worship and soak in the presence of the Holy Spirit.

**Legion of Mary** meetings are held every Monday 6:30pm at St Benedict's Parish Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

**Mothers Prayers:** Come and pray for your children. Each Monday in the Parish Centre in school term from 9:30am followed by morning tea. Contact Rachael Nano 0412 472 243.

**Donating to the parish**

To deposit directly into the Parish account, please use the following details:  
BSB: 062 786  
Account number: 000014992  
Please include your Planned Giving (envelope) number in the reference if you have one, otherwise your surname and donation. Other ways of giving are via the Qkr! app, direct debit and credit card donations; please contact the parish office to organise.

*Please pray for the sick and deceased of the parish*

**Recently deceased:** Alanna McBride, Kath Thorne, Marie Flaherty.

**Anniversaries:** Linda Climer, Dexty Donovan, Bill Gadd, Gladys Gudgeon, Claudia Holdom, Christine Kirchner, Olga Steele, Fr Henry Finnegan, Fr Richard Carr, Bishop John Morgan, Fr Patrick Coffey, Fr Clarence Lehane, Bishop Patrick Clune CSsR, Fr Patrick Cussen CSsR, Fr Patrick O'Carroll, Fr Edward Fallon, Fr David Griffin.

**Our Sick:** Jindalee & Mt View residents, Clem Dick, Julia Brown, Mitchell White, Germaphi, Pat Atkins, Lorraine Davis, Mathew, Lyn Walker, Louis Pini, Anthony, Helen French, Flora Arias, Mark Ransom, Ben Melbourne, Pamela Brown, Anne Rosewarne; Carol Rees, Monica Boyton, Mary Smith, Colin Paley, Janice Paley, Caroline Evans, Gert Fletcher, Anna Pace, Barbara Parsons, Edwina Gundelach, Daniel Collins.

**PARISH OFFICE HOURS:**

**Thursday, 9am-1pm; Friday, 9am - 5:30pm**

**WEEKEND MASS TIMES:**

Saturday: 6pm (*Vigil*)  
Sunday: 9am; 6pm (*Charismatic Mass*);  
Fourth Sunday of the Month: 6pm (*Youth Mass*)

**WEEKDAY MASS TIMES:**

Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm; Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

**RECONCILIATION:**

Friday following Healing Mass from. 6.15pm-7pm  
Saturday: 5pm-5.30pm or by appointment

**PRAYER OF THE CHURCH:**

Saturday: 7.30am      3<sup>rd</sup> Friday Padre Pio: 5pm  
**BAPTISMS:** During weekend Masses or by appointment. See parish website for booking information.

**WEDDINGS:** by appointment

**ANOINTING OF THE SICK:**

During the 5.30pm Mass on first Fridays  
10.30am at Jindalee 1<sup>st</sup> Thursday of the month,  
10.30am at Mt View 3<sup>rd</sup> Thursday of the month

**ADORATION OF THE BLESSED**

**SACRAMENT:**

Monday & Tuesday: 6am-10pm  
Wednesday & Thursday: 1pm-10pm  
Friday 6am to Saturday 8am

Urgent hours that need to be filled:  
Monday 7-8pm, Tuesday 3-4pm,  
Wednesday 3-4pm, Friday 12-1pm, 2-3pm

**Hearing Loop** is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.