

PARISH LENTEN EVENTS

Stations of the Cross: every Friday 5pm in Lent

Stations of the Cross will be held every Friday at St Benedict's Church at 5pm during Lent.

Mercy Night: Thursday 30th March

An evening of prayer and Adoration, with the Sacrament of Reconciliation available, will be held on Thursday 30th March at St Benedict's Church, starting at 7pm.

Life in the Spirit Seminars

Life in the Spirit Seminars will take place on four consecutive Sundays, beginning on Sunday 26th February at 7:30pm. In the Collins Wing. For enquiries, contact Fr Baiju.

Eucharistic Adoration

Have you considered joining the Adoration Roster? New Adorers always needed and welcome.

Contact Anne Sutherland for information 0413 203 901



PARISH GROUPS

Empower Night is held 7pm till 9pm Tuesday nights. It's a Charismatic night of Lay preaching and healing in front of the Blessed Sacrament. The night is a chance for those attending training to use their skills and gifts. Everyone is very welcome to come worship and soak in the presence of the Holy Spirit.

Legion of Mary meetings are held every Monday 6:30pm at St Benedict's Parish Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

Mothers Prayers: Come and pray for your children. Each Monday in the Parish Centre in school term from 9:30am followed by morning tea. Contact Rachael Nano 0412 472 243.

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

ROSTER FOR THIS WEEKEND

11 & 12 March 2023

	Sat 6 pm Vigil	Sun 9am
Welcomers	Carmel & Peter Pistor	Barry Murphy
Readers	BA Daly, Louise Gaudry	Christopher Ruzario, Julie Douglas
Offertory	Volunteers	Young family
Eucharistic Ministers	Brian Barron	Josephus Bumaat
Flowers, Altar Clean	Sue Neimanis and Grace De Zilva	
Church Cleaners	Brad Hogno	
Mt View		Jindalee

ROSTER FOR NEXT WEEKEND

18 & 19 March 2023

1ST READING	2ND READING	GOSPEL
1 Sam 16:1,6-7,10-13	Eph 5:8-14	Jn 9:1,6-9,13-17,34-38
	Sat 6 pm	Sun 9am
Welcomers	Louise Gaudry	Alma Burg
Readers	Helen Bennett, Marlene Keir	Shiru Kinyanjui, Santhosh Jose
Offertory	BA Daly, Helen Bennett	Maria Mendoza
Eucharistic Ministers	Sue Neimanis	Barry Murphy
Flowers, Altar Clean	Maria & John Michas	
Church Cleaners	John Murray	
Mt View		Jindalee

Marriage Enrichment Weekend, 14-16 April 2023

An opportunity for you to learn to become the best version of yourselves together and live your best life in love! Marriage Encounter Weekend in a Covid safe environment at Mt Carmel Retreat Centre, Varroville, NSW – a stunning & tranquil oasis on the edge of Sydney.

Book online at www.wwme.org.au or contact Christine & Terry Mahony on 0490 774 419 or nswbookings@wwme.org.au

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: 9am—1pm, Tues, Thurs, Fri

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)

Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number: (02) 6239 6772

Website: cg.org.au/Narrabundah

Fr Rembert Fernando, MGL (Parish Priest)

Fr Baiju Thomas, MGL (Mission Centre Director)

Fr Chris Eaton, MGL (Mission Centre Co-Director)

Belle Joseph (Secretary, Tues, Thurs, Fri 9am—1pm)

Cathy Schneider (Finance Officer Wednesday 8am—12pm)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

3rd Sunday of Lent 11th & 12th March 2023

God's word

Jesus speaks to a Samaritan woman, and through her, he speaks to us. He describes the kind of worship that is pleasing to God, worship 'in spirit and in truth'. To worship God in spirit and truth implies that our devotion and prayer is not simply to be a matter of mechanical formal observances. Indeed, such formal observances are, in the sight of God, of infinitely less consequence than the disposition of heart. This is not to say that formal religious observances are futile or devoid of value—indeed, they are essential to Christians, since they are an expression of our union with Christ's mystical body, the Church. Nevertheless, our every thought and deed, however mundane, if done with the intention of expressing the glory of God, can also become a true and genuine act of worship—a living sacrifice of praise, a passionate song of love, and even a heart-felt plea for forgiveness.



Morning tea in the Parish Centre

Please join us for morning tea this Sunday in the Parish Centre after the 9.00 Mass.



Caritas AUSTRALIA

Project Compassion

Priscilla lives in the Hwange district in

Zimbabwe with her husband, Charles, and their two grandsons.

With the support of Caritas Hwange, Priscilla learnt conservation farming skills to grow drought-resistant crops to support her family during the current food crisis.

Please donate to Project Compassion 2023

Together, we can help vulnerable communities face their challenges today and build a better tomorrow For All Future Generations.

To donate through Caritas donations page set up for our parish, scan the QR code opposite. Alternatively, you can donate with Project Compassion donation boxes and envelopes, by visiting caritas.org.au/project-compassion, or by calling 1800 024 413.



Treasures of Italy Pilgrimage with Fr Dan Benedetti MGL

Join Fr Dan on a Harvest Journey Pilgrimage following in the footsteps of the Italian Saints and including St Benedict, St Francis, St Padre Pio and St Anthony!

When: 4th-15th September 2023

For more info: <https://www.harvestjourneys.com/tour/treasures-of-italy>

12 March 2023

Exodus 17:3-7

Tormented by thirst, the people complained against Moses. ‘Why did you bring us out of Egypt?’ they said. ‘Was it so that I should die of thirst, my children too, and my cattle?’

Moses appealed to the Lord. ‘How am I to deal with this people?’ he said. ‘A little more and they will stone me!’ the Lord said to Moses, ‘Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.’ This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, ‘Is the Lord with us, or not?’

Responsorial Psalm 94:1-2,6-9

If today you hear his voice, harden not your hearts.

Come, ring out our joy to the Lord; hail the rock who saves us. Let us come before him, giving thanks, with songs let us hail the Lord.

O that today you would listen to his voice! ‘Harden not your hearts as at Meribah, as on that day at Massah in the desert when your fathers put me to the test; when they tried me, though they saw my work.’

Come in; let us bow and bend low; let us kneel before the God who made us: for he is our God and we the people who belong to his pasture, the flock that is led by his hand.

Second reading Romans 5:1-2,5-8

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God’s glory. And this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

Gospel Acclamation of John 4:42

Glory to you, Word of God, Lord Jesus Christ! Lord, you are truly the Saviour of the world; give me living water, that I may never thirst again. Glory to you, Word of God, Lord Jesus Christ!

Gospel John 4:5-16,19-26,39-42

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob’s well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, ‘Give me a drink.’ His disciples had gone into the town to buy food. The Samaritan woman said to him, ‘What? You are a Jew and you ask me, a Samaritan, for a drink?’ – Jews, in fact, do not associate with Samaritans. Jesus replied:

‘If you only knew what God is offering and who it is that is saying to you:

Give me a drink, you would have been the one to ask, and he would have given you living water.’

‘You have no bucket, sir,’ she answered ‘and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?’

Jesus replied:

‘Whoever drinks this water will get thirsty again;

but anyone who drinks the water that I shall give

will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life.’

‘Sir,’ said the woman ‘give me some of that water, so that I may never get thirsty and never have to come here again to draw water. I see you are a prophet, sir. Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.’

Jesus said:

‘Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we do know: for salvation comes from the Jews. But the hour will come – in fact it is here already – when true worshippers will worship the Father in spirit and truth: that is the kind of worshipper the Father wants. God is spirit, and those who worship must worship in spirit and truth.’

The woman said to him, ‘I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.’ ‘I who am speaking to you,’ said Jesus ‘I am he.’

Many Samaritans of that town had believed in him on the strength of the woman’s testimony when she said, ‘He told me all I have ever done’, so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, ‘Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.’

Donating to the parish

Parish expenses continue to rise especially with recent rises in electricity prices. If you are able, we ask that you kindly consider making a regular donation to support the running costs of St Benedict’s parish (Second Collection). An easy way to give is by downloading the Qkr! app. You can also give by Direct Debit or automatic credit card withdrawal; please contact the Parish Office to organise. Alternatively, you can deposit directly into the Parish account:

BSB: 062 786

Account number: 000014992

Please include your Planned Giving (envelope) number in the reference if you have one.

Thank you to our generous parishioners who already support the parish and priests financially.

Please pray for the sick and deceased of the parish

Recently deceased: Philip Lee

Anniversaries: Aurelia Bason, Frank Boddy, Maurya Brine, Naone Carrel, Gwyneth Gleeson, Mary James, Piotr Lebiecki, Ellen McGrath, Lynda McNally, Zbigniew Menkaraski, Maralyn Molyneux, Cyril Smith, Patricia Weber, Sadie Wheatley, Josef Wozny, Fr Alexander McGilvray, Fr Vincent Piersie, Fr Daniel Greene, Fr Ignatius McNamara, Bishop Guildford Young, Fr William Slattery.

Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Mark Ransom, Pamela Brown, Anne Rosewarne; Monica Boyton, Mary Smith, Ben Melbourne, Colin Paley, Janice Paley, Gert Fletcher, Caroline Evans, Anna Pace, Daniel Collins, Barbara Parsons, Edwina Gundelach.

PARISH OFFICE HOURS:

Tuesday, Thursday & Friday, 9am - 1pm

WEEKEND MASS TIMES:

Saturday: 6pm (Vigil)

Sunday: 9am; 6pm (Charismatic Mass);

Fourth Sunday of the Month: 6pm (Youth Mass)

WEEKDAY MASS TIMES:

Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm; Friday: 5.30pm (Healing Mass); Saturday 8.00am

RECONCILIATION:

Friday following Healing Mass from. 6.15pm-7pm Saturday: 5pm-5.30pm or by appointment

PRAYER OF THE CHURCH:

Saturday: 7.30am 3rd Friday Padre Pio:5pm BAPTISMS: During weekend Masses or by appointment. See parish website for booking information.

WEDDINGS: by appointment

ANointing OF THE SICK:

During the 5.30pm Mass on first Fridays 10.30am at Jindalee 1st Thursday of the month, 10.30am at Mt View 3rd Thursday of the month

ADORATION OF THE BLESSED SACRAMENT:

Monday & Tuesday: 6am-10pm Wednesday & Thursday: 1pm-10pm Friday 6am to Saturday 8am

Urgent hours that need to be filled:

Monday 7-8am, 8-9am, Wednesday 6-7pm

Thursday 2-3pm, Friday 12-1pm, 2-3pm

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.