

Ash Wednesday, 22 February

Next Wednesday (22 February) is Ash Wednesday, a day of fast and abstinence and the beginning of the season of Lent. There will be two Masses at St Benedict's: 12:30pm and 5:30pm.

PARISH LENTEN EVENTS

Stations of the Cross: every Friday 5pm in Lent

Stations of the Cross will be held at every Friday at 5pm during Lent, beginning on Friday 24th February.

Mercy Night: Thursday 30th March

An evening of prayer and Adoration, with the Sacrament of Reconciliation available, will be held on Thursday 30th March at St Benedict's Church, starting at 7pm.

Life in the Spirit Seminars

Life in the Spirit Seminars will take place on four consecutive Sundays, beginning on Sunday 26th February at 7:30pm. In the Collins Wing. For enquiries, contact Fr Baiju.

Volunteers for Church Cleaning, Altar Cleaning and Flowers needed

We need new volunteers for the Flowers & Altar Cleaning roster. Could you help one Saturday a month? We would also be grateful for additional volunteers for Church Cleaning, especially to fill in when the regular volunteers are away. If you can help, please sign up on the sheets in the church foyer.

Volunteers Needed for Visitation

Volunteers are also needed for monthly visitation to the Nursing homes in our parish. Please contact Fr Rem or the parish office for more details.

Parish Pastoral Council and Parish Finance Council

If you would be interested in joining either the Parish Council or the Finance Council, please contact Fr Rem.

ROSTER FOR THIS WEEKEND 18 & 19 February 2023

	Sat 6 pm Vigil	Sun 9am
Welcomers	Carmel & Peter Pistor	Alma Burg
Readers	BA Daly, Louise Gaudry	Shiru Kinyanjui, Maria Mendoza
Offertory	BA Daly, Helen Bennett	Jose family
Eucharistic Ministers	Brian Barron	Barry Murphy
Flowers, Altar Clean	Maria & John Michas	
Church Cleaners	John Murray	
Mt View		Jindalee

ROSTER FOR NEXT WEEKEND 25 & 26 February 2023

1ST READING Gen 2:7-9,3:1-7	2ND READING Rom 5:12-19	GOSPEL Matt 4:1-11
Sat 6 pm		Sun 9am
Welcomers	Louise Gaudry	Barry Murphy
Readers	Moira Najdecki, Marlene Keir	Josephus Bumaat, Asterie Niyonsenga
Offertory	Volunteers	Linda & Robert Henry
Eucharistic Ministers	Sue Neimanis	Janice Kelly
Flowers, Altar Clean	Ann Hill & Anne Sutherland	
Church Cleaners	Don & Jennifer Nguyen	
Mt View		Jindalee

Eucharistic Adoration

Have you considered joining the Adoration Roster? New Adorers always needed and welcome.

Contact Anne Sutherland for information 0413 203 901



St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: 9am—1pm, Tues, Thurs, Fri
Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604
Tel: +61 (02) 6295 7879/ Parish Office
Emergency Number: (02) 6239 6772
Website: cg.org.au/Narrabundah

Fr Rembert Fernando, MGL (Parish Priest)
Fr Baiju Thomas, MGL (Mission Centre Director)
Fr Chris Eaton, MGL (Mission Centre Co-Director)
Belle Joseph (Secretary, Tues, Thurs, Fri 9am—1pm)
Cathy Schneider (Finance Officer Wednesday 8am—12pm)
Adrian Wellspring (Spiritual Direction & Personal Vocation)

7th Sunday in Ordinary Time 18 & 19 February 2023

God's word

On a compass, east is the farthest point from west and they will never meet. The Psalmist uses similar imagery to show how far our forgiving God removes our transgressions from us. Still, the people need to remember the second great commandment of loving their neighbour. Rather than bearing grudges or having hearts full of hatred, they are called to be holy because God is holy. Paul puts this another way, reminding them that they are temples of the Holy Spirit in which God dwells. They belong to Christ and are to treat one another reverently. Jesus knows that violence can spiral dangerously out of control. He teaches the people how it can be overcome—pay back good for evil, pray for those who wrong you, turn the other cheek, go the extra distance in helping someone, lend and give generously without expecting anything. Jesus reminds them that in doing these things they are responding as children of their compassionate and merciful Father. As a follower of Christ, and a child of God, am I able to show I take Jesus' teaching to heart by loving, reverencing and serving my neighbour?

Morning tea in the Parish Centre on Sundays

All parishioners and visitors are warmly invited to join us for morning tea and fellowship in the Parish Centre next to the church every Sunday after 9am Mass.

FIRST RECONCILIATION 2023

A First Reconciliation Preparation Evening is being held on Thursday 23 February 5.30-7pm in the Collins Wing. Reception of the Sacrament will be Wednesday 15 March at 5.30pm in St Benedict's Church. Registration is by the Qkr! App. The registration fee is \$60, and covers administration, materials, and facilities. Assistance is available if payment is an obstacle; please speak to the parish priest Fr Rem or contact the Parish Office.



To enrol your child

- Download the Qkr! app
- Type in St Benedict's Parish Narrabundah. Make sure you select the Parish rather than the School (the Parish account has a little icon of St Benedict).
- On the menu, select Parish Payments, then the second tab across the top Sacramental and then First Reconciliation.
- Once you commit to pay, you will be taken to the registration form to fill in.

For inquiries please contact the Parish Office.

Leviticus 19:1-2,17-18

The Lord spoke to Moses; he said: ‘Speak to the whole community of the sons of Israel and say to them: “Be holy, for I, the Lord your God, am holy. “You must not bear hatred for your brother in your heart. You must openly tell him, your neighbour, of his offence; this way you will not take a sin upon yourself. You must not exact vengeance, nor must you bear a grudge against the children of your people. You must love your neighbour as yourself. I am the Lord.”’

Responsorial Psalm 102:1-4,8,10,12-13

The Lord is kind and merciful.

My soul, give thanks to the Lord all my being, bless his holy name. My soul, give thanks to the Lord and never forget all his blessings.

The Lord is compassion and love, slow to anger and rich in mercy. He does not treat us according to our sins nor repay us according to our faults.

It is he who forgives all your guilt, who heals every one of your ills, who redeems your life from the grave, who crowns you with love and compassion.

As far as the east is from the west so far does he remove our sins. As a father has compassion on his sons, the Lord has pity on those who fear him.

Second reading 1 Corinthians 3:16-23

Didn't you realise that you were God's temple and that the Spirit of God was living among you? If anybody should destroy the temple of God, God will destroy him, because the temple of God is sacred; and you are that temple. Make no mistake about it: if any one of you thinks of himself as wise, in the ordinary sense of the word, then he must learn to be a fool before he really can be wise. Why? Because the wisdom of this world is foolishness to God. As scripture says: The Lord knows wise men's thoughts: he knows how useless they are; or again: God is not convinced by the arguments of the wise. So there is nothing to boast about in anything human: Paul, Apollos, Cephas, the world, life and death, the present and the future, are all your servants; but you belong to Christ and Christ belongs to God.

Gospel Acclamation 1 John 2:5

Alleluia, alleluia!
Whoever keeps the word of Christ,
grows perfect in the love of God.
Alleluia!

Gospel Matthew 5:38-48

Jesus said to his disciples: ‘You have learnt how it was said: *Eye for eye and tooth for tooth*. But I say this to you: offer the wicked man no resistance. On the contrary, if anyone hits you on the right cheek, offer him the other as well; if a man takes you to law and would have your tunic, let him have your cloak as well. And if anyone orders you to go one mile, go two miles with him. Give to anyone who asks, and if anyone wants to borrow, do not turn away. ‘You have learnt how it was said: You must love your neighbour and hate your enemy. But I say this to you: love your enemies and pray for those who persecute you; in this way you will be sons of your Father in heaven, for he causes his sun to rise on bad men as well as good, and his rain to fall on honest and dishonest men alike. For if you love those who love you, what right have you to claim any credit? Even the tax collectors do as much, do they not? And if you save your greetings for your brothers, are you doing anything exceptional? Even the pagans do as much, do they not? You must therefore be perfect just as your heavenly Father is perfect.’



Project Compassion
Please take home a Project Compassion box or set of donation envelopes to support Caritas Australia this Lenten season and help support vulnerable people around the world, now and **For All Future Generations**.

With your support, Caritas Australia has been able to support communities around the world to tackle poverty, food security, education, water and sanitation and disaster risk reduction. Project Compassion 2023 reminds us that the good that we do today will extend and impact the lives of generations to come.

As St Pope John Paul II said, **“The future starts today, not tomorrow.”**

Together, we can help vulnerable communities face their challenges today and build a better tomorrow **For All Future Generations**.

To donate through Caritas donations page set up for our parish, scan the QR code opposite.



Alternatively, you can donate with Project Compassion donation boxes and envelopes, by visiting caritas.org.au/project-compassion, or by calling 1800 024 413.

We welcome into our Christian Community Miles Watson who will be baptised on Tuesday 21 February. Please remember him in your prayers.

Please pray for the sick and deceased of the parish

Recently deceased: Marie Hamilton
Anniversaries: Ona Andruska, Christa Banks, Margaret Barrett, Ronald Bourne, Dorothy Camilleri, Mavis Donoghoe, Lorna Evans, Mark Gilmore, Cecil McIntyre, Wilhem Michalak, Catherine Purnell, Michael Strickland, Gordon Upton.
Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Mark Ransom, Pamela Brown, Anne Rosewarne; Monica Boyton, Mary Smith, Ben Melbourne, Colin Paley, Janice Paley, Gert Fletcher, Caroline Evans, Anna Pace, Daniel Collins, Barbara Parsons, Edwina Gundelach.

Lenten and Easter Devotional

‘Passion to Pentecost’ is a 100-Day Devotional written by Raifiel Cyril. It features daily reflections and prayers starting from the Sunday before Ash Wednesday (19th Feb 2023) to the Feast of Pentecost. Get your copy now for a deeper walk this Lent. Available for purchase online (Amazon and other online stores) and the Cathedral bookstore.

PARISH OFFICE HOURS:

Tuesday, Thursday & Friday, 9am - 1pm

WEEKEND MASS TIMES:

Saturday: 6pm (*Vigil*)
Sunday: 9am; 6pm (*Charismatic Mass*)
Fourth Sunday of the Month: 6pm (*Youth Mass*)

WEEKDAY MASS TIMES:

Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm; Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

RECONCILIATION:

Friday following Healing Mass from. 6.15pm-7pm
Saturday: 5pm-5.30pm or by appointment

PRAYER OF THE CHURCH:

Saturday: 7.30am 3rd Friday Padre Pio:5pm
BAPTISMS: During weekend Masses or by appointment. See parish website for booking information.
WEDDINGS: by appointment

ANOINTING OF THE SICK:

During the 5.30pm Mass on first Fridays
10.30am at Jindalee 1st Thursday of the month
10.30am at Mt View 3rd Thursday of the month

ADORATION OF THE BLESSED SACRAMENT:

Monday & Tuesday: 6am-10pm
Wednesday & Thursday: 1pm-10pm
Friday 6am to Saturday 8am

Urgent hours that need to be filled:
Monday 7-8am, 8-9am, Friday 12-1pm, 2-3pm

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.

EMPOWER NIGHT will recommence early Feb 2023 at the new time of 7pm till 9pm Tues nights. It's a Charismatic night of Lay preaching and healing in front of the Blessed Sacrament. The night is a chance for those attending training to use their skills and gifts. Everyone is very welcome to come worship and soak in the presence of the Holy Spirit.

LEGION OF MARY meetings are held every Monday 6:30pm at St Benedict's Parish Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.