

the founder of the MGLs, Fr Ken Barker, who served as Moderator since founding the Congregation in Canberra in 1986. Fr Barker welcomed the election expressing his delight in the appointment of Fr Fletcher (*Catholic Voice*, 24 November 2022).

The MGL Convocation finishes on Tuesday 29 November.

Volunteers needed: Offertory & Church Cleaning

We need new volunteers for the Presentation of the Gifts (Offertory Procession) at Saturday 6pm Mass. Could you help one weekend per month? We also need additional volunteers to help clean the church (this mostly involves vacuuming).

If you could help out with either of these ministries one weekend per month, please write your name and contact details on the sign up sheet in the foyer, or contact the parish office.

Child Protection Code of Conduct: all parish volunteers please sign

The Archdiocese has a Child Protection Code of Conduct and requires that all Church volunteers sign a form acknowledging they have read and agree to abide by the Code of Conduct. Even if volunteers do not work directly with children, it is still requested that they sign the form. Every three years the form must be re-signed. You can read the Child Protection Code of Conduct online at <https://cgcatholic.org.au/professional-standards/child-protection-code-of-conduct>. Copies of the Acknowledgment form can be found in the church foyer.

If all volunteers could kindly sign a copy, and leave it in the box provided or bring it (or send a scanned copy) to the parish office during the week, that would be greatly appreciated. Some hard copies of the Code of Conduct are also available in the foyer, for those who cannot access it online. Thank you so much to all the volunteers who have signed the form already.

Sound system upgrade

The parish is looking to update the sound system in the church, with a projected cost of \$25,000. So far we have raised \$17,000, so we need a further \$8000. Contributions to the project will be gratefully received. You can deposit your donation directly into the parish bank account. Details below:

Account name: St Benedict's Parish
BSB: 062 786
Account number: 000014992

Please use the words 'Sound system' in the Reference. Thank you to the very generous donors who have given thus far.

Young Men of God

Meet fortnightly on Thursdays in the Parish Centre. 6pm-9pm. Next on Thursday 1 December. Contact Fr Chris Eaton for more information.

MGL priests and brothers: Initial Vows and Promises, Sunday 11 December 2022

The Missionaries of God's Love Priests and Brothers invite you to the Profession of Initial Vows and Promises, on Sunday 11th of December 2022, at 11:15am Mass at St Benedict's Church. Followed by refreshments (please bring a plate to share).

Campion College Summer Program: 10-13 Jan 2023, 17-20 Jan 2023

Campion College is a private Catholic college in Toongabbie that offers a university-level education in the liberal arts. During the school holidays this summer, Campion College is running the Summer Program for high school students and recent high school graduates aged 16-20. This immersive four-day program provides the opportunity to reside on campus and interact with like-minded peers. It will be a fun-filled program including movies, trivia, dancing and sports, as well as sample lectures from Campion's history, literature, philosophy and theology professors. The Summer Program is **free to attend** for all participants but you are encouraged to register ASAP as spaces are limited. Register at campion.edu.au/event/summer-program/ or contact the Student Recruitment Manager on (02) 9896 9303 or via study@campion.edu.au.

Horn of Africa Food and Supply Shortages Appeal

Salesian Missions Australia has launched an Emergency Relief Appeal for the Horn of Africa, where the Salesians of Don Bosco (SDBs) are providing access to food relief, education, basic necessities and agriculture programs. The severity of food shortages has recently increased and the number of Internally Displaced People (IDP) continues to swell as conflict uproots the lives of many. OUR URGENT NEED is to assist the Salesians of Don Bosco who offer food, shelter, clean water, medical, hygiene supplies and a safe place to stay.

Donations can be made by:

- Mail: Post to Salesian Missions Australia, P O Box 264, ASCOT VALE, Vic 3032
- Online: through our website

*St Benedict's Catholic Parish acknowledges the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.*

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: 9am—1pm, Tues, Thurs, Fri
Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604
Tel: +61 (02) 6295 7879/ Parish Office
Emergency Number: (02) 6239 6772
Website: cg.org.au/narrabundah/home.aspx
Email: Narrabundah@cg.org.au

Fr Rembert Fernando, MGL (Parish Priest)
Fr Baiju Thomas, MGL (Mission Centre Director)
Fr Chris Eaton, MGL (Mission Centre Co-Director,
Belle Joseph (Secretary, Tuesday, Thursday, Friday 9am—1pm)
Cathy Schneider (Finance Officer Wednesday 8am—12pm)
Adrian Wellspring (Spiritual Direction & Personal Vocation)



First Sunday of Advent 26 & 27 November 2022

First Sunday of Advent: Reflection from Bishop Robert Barron

Friends, in today's Gospel, Jesus tells his disciples to be vigilant. Today marks the beginning of Advent, the great liturgical season of vigilance, of waiting and watching.

What practically can we do during this season of vigil keeping? What are some practices that might incarnate for us the Advent spirituality?

I strongly recommend the classically Catholic discipline of Eucharistic Adoration. To spend a half hour or an hour in the presence of the Lord is not to accomplish or achieve very much—it is not really "getting" anywhere—but it is a particularly rich form of spiritual waiting.

As you keep vigil before the Blessed Sacrament, bring to Christ some problem or dilemma that you have been fretting over, and then say: "Lord, I'm waiting for you to solve this, to show me the way out, the way forward. I've been running, planning, worrying, but now I'm going to let you work." Then, throughout Advent, watch attentively for signs.

Also, when you pray before the Eucharist, allow your desire for the things of God to intensify; allow your heart and soul to expand. Pray, "Lord, make me ready to receive the gifts you want to give," or even, "Lord Jesus, surprise me."

Reinstatement of Sunday Obligation from 1st Sunday of Advent 2022

Archbishop Christopher is lifting the exemption, introduced during the pandemic, from obligation to worship God at Mass on Sundays. Sunday Obligation will be in effect again from the **First Sunday of Advent, 27 November 2022**.

The Archbishop writes in his letter: 'Clearly, this obligation does not bind those who have serious health concerns, or who are physically or morally

prevented from attending Mass.

'Indeed, I ask you to remain at home, if you are feeling unwell, have cold or flu symptoms, or believe you pose a risk to the health of others.

'We attend Mass because Jesus feeds us in Word and Sacrament. An obligation to attend Mass is present to support and encourage us all to gather for the Eucharist, "the source and summit" of our entire Christian lives. We need each other's prayers at Mass, especially to support those struggling in life.'

Copies of the Archbishop's letter are available in the foyer.

Vinnies Giving Tree

Each year the St Benedict's Vinnies Conference delivers 60 food and toy hampers to needy families in Narrabundah. We rely on donations to fill the hampers. We seek your support in donating non-perishable hamper food. Please take a tag from the tree to donate an age/sex appropriate toy. There is no need to wrap gifts and all donations can be left under the tree. Thanks in anticipation of your generosity.

St Benedict's Social Events

St Benedict's Social Group invites all parishioners to join them for:

- morning tea in the Parish Centre on Sunday 4th December after the 9.00 am Mass, and
- coffee and a chat at Gryphon's in Griffith on Thursday 8th December at 10.30 am.

MGL Convocation: Election of New Moderator

This week, at the Convocation held at St Benedict's, the Missionaries of God's Love (MGL) priests and brothers announced the election of Fr Stephen Fletcher, MGL, as their new Moderator. This election marked the conclusion of the leadership of

Isaiah 2: 1-5

The vision of Isaiah son of Amoz, concerning Judah and Jerusalem.

In the days to come
the mountain of the Temple of the Lord
shall tower above the mountains
and be lifted higher than the hills.
All the nations will stream to it,
peoples without number will come to it; and they will say:

‘Come, let us go up to the mountain of the Lord,
to the Temple of the God of Jacob
that he may teach us his ways
so that we may walk in his paths;
since the Law will go out from Zion,
and the oracle of the Lord from Jerusalem.’

He will wield authority over the nations
and adjudicate between many peoples;
these will hammer their swords into ploughshares,
their spears into sickles.
Nation will not lift sword against nation,
there will be no more training for war.

O House of Jacob, come,
let us walk in the light of the Lord.

Responsorial Psalm 121:1-2, 4-5, 6-9

Let us go rejoicing to the house of the Lord.

I rejoiced when I heard them say:
‘Let us go to God’s house.’
And now our feet are standing
within your gates, O Jerusalem.

For the peace of Jerusalem pray:
‘Peace be to your homes!
May peace reign in your walls,
in your palaces, peace!’

It is there that the tribes go up,
the tribes of the Lord.
For Israel’s law it is,
there to praise the Lord’s name.
There were set the thrones of judgement
of the house of David.

For love of my brethren and friends
I say: ‘Peace upon you!’
For love of the house of the Lord
I will ask for your good.

Second reading Romans 13:11-14

You know ‘the time’ has come: you must wake up now: our salvation is even nearer than it was when we were converted. The night is almost over, it will be daylight soon – let us give up all the things we prefer to do under cover of the dark; let us arm ourselves and appear in the light. Let us live decently as people do in the daytime: no drunken orgies, no promiscuity or licentiousness, and no wrangling or jealousy. Let your armour be the Lord Jesus Christ.

Gospel Acclamation Psalm 84:8

Alleluia, alleluia!
Lord, show us your mercy and love,
and grant us your salvation.
Alleluia!

Gospel Matthew 24:37-44

Jesus said to his disciples: ‘As it was in Noah’s day, so will it be when the Son of Man comes. For in those days before the Flood people were eating, drinking, taking wives, taking husbands, right up to the day Noah went into the ark, and they suspected nothing till the Flood came and swept all away. It will be like this when the Son of Man comes. Then of two men in the fields one is taken, one left; of two women at the millstone grinding, one is taken, one left.

‘So stay awake, because you do not know the day when your master is coming. You may be quite sure of this, that if the householder had known at what time of the night the burglar would come, he would have stayed awake and would not have allowed anyone to break through the wall of his house. Therefore, you too must stand ready because the Son of Man is coming at an hour you do not expect.

ROSTER FOR THIS WEEKEND 26 & 27 November 2022			
	Sat 6 pm Vigil	Sun 9am	Sun 6pm Charismatic
Welcomers	Louise Gaudry	Alma Burg	
Readers	BA Daly, Louise Gaudry	Grace de Zilva, Asterie Niyonsenge	Chris Rozario, Jess Wyatt
Offertory	Noreen Dick	Maria Mendoza	
Eucharistic Ministers	Sue Neimanis	Julie Douglas	
Flowers, Altar Clean	Maria & John Michas		
Church Cleaners	Don & Jennifer Nguyen		
Mt View		Jindalee	

PARISH OFFICE HOURS:
Tuesday, Thursday & Friday, 9am - 1pm

WEEKEND MASS TIMES:
Saturday: 6pm (*Vigil*)
Sunday: 9am; 6pm (*Charismatic Mass*)
Fourth Sunday of the Month: 6pm (*Youth Mass*)

WEEKDAY MASS TIMES:
Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm;
Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

RECONCILIATION:
Friday following Healing Mass from. 6.15pm-7pm
Saturday: 5pm-5.30pm or by appointment

PRAYER OF THE CHURCH:
Saturday: 7.30am
3rd Friday Padre Pio:5pm

BAPTISMS: During weekend Masses or by appointment. See parish website for booking information.

WEDDINGS: by appointment

ANOINTING OF THE SICK:
During the 5.30pm Mass on first Fridays
10.30am at Jindalee 1st Thursday of the month
10.30am at Mt View 3rd Thursday of the month

ADORATION OF THE BLESSED SACRAMENT:
Monday & Tuesday: 6am-10pm
Wednesday & Thursday: 1pm-10pm; Friday 6am to Saturday 8am
Urgent hours that need to be filled:
Monday 3-4pm Tuesday 3-4pm
Friday 12-1pm

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.

EMPOWER HOUR runs 6.30 till 8.30 each Tuesday night. It's a Charismatic night of Lay preaching and healing in front of the Blessed Sacrament. Everyone is welcome. Please note the **29th Nov is cancelled**. 6 Dec is a normal preaching night not a training night. And 13th December is the last one for the year. **We will recommence in early February at a new start time of 7pm.**

LEGION OF MARY meetings are held every Monday 6:30pm at St Benedict's Parish Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

ROSTER FOR NEXT WEEKEND 3 & 4 December 2022			
1 ST READING Isaiah 11:1-10	2 ND READING Romans 15:4-9	GOSPEL Matthew 3:1-12	
	Sat 6 pm	Sun 9am	Sun 6pm
Welcomers	Carmel & Peter Pistor	Barry Murphy	
Readers	Don Jeffery, Marlene Keir	Maria Mendoza, Christopher Ruzario	Diane Fulop, John Fulop
Offertory	BA Daly	Social group	
Eucharistic Ministers	Caroline Evans	Janice Kelly	
Flowers, Altar Clean	Grace De Zilva, Sue Neimanis		
Church Cleaners	Ian Smith, Amir		
Mt View		Jindalee	

www.salesianmissionsaustralia.org.au

- Phone: 03 9377 6060
 - Email: salmiss@salesians.org.au.
- Donations are tax deductible.

Caring for Creation meeting, 29 Nov 2022

A new southside group of the Caring for Creation movement will meet at 3pm on 29 Nov 2022 at Immanuel Lutheran church, 37 Burnie St, Lyons to explore Pope Francis’ encyclical Laudato Si - On Care for Our Common Home. Contact: LaudatoSiACT@gmail.com by calling 02 9560 533 or 0422 472 567.

Catholic Theological College: Online Information Session

Join us and learn about your study options at Catholic Theological College
Monday 5 December at 7.30pm (AEDT)
Online options available
Register via our website: ctc.edu.au/open-days
For more information contact:
jenny.delahunt@ctc.edu.au

Recently deceased: Joan Porta, Pat Connors, Ron Molyneux.



Anniversaries: Dominic Camilleri, Brian Kelly, Olga Krajcovic, Peter Lovell, Charles McGann, Victor McGrath, Mark Turnsek, Elizabeth Weaver, Fr Patrick O’Riordan, Fr Gerald Bartley, Fr Gregory T McMahan, Fr John Gallagher, Fr Joseph Dowling, Fr Parker J Moloney, Fr Jacobus (Jim) De Mooy.

Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Mark Ransom, Pamela Brown, Anne Rosewarne; Monica Boyton, Mary Smith, Ben Melbourne, Colin Paley, Janice Paley, Gert Fletcher, Caroline Evans, Anna Pace.