

people in our Salesian communities with disadvantaged young people in Samoa, Cambodia, Timor Leste, Solomon Islands and Australia. Applications close October 31st, 2022. Send us an inquiry - www.cagliero.org.au or lhichaaba@salesians.org.au

Archbishop's Day of Teaching - Saturday 12 November 2022

At St Peter Chanel's Church, Weston St, Yarralumla, ACT from 8:30am - 4:00pm. Everyone is welcome and it's free! Talks, Testimonies, Worship, Healing prayer ministry! Holy Mass at midday. Free Sausage Sizzle lunch! To register: <https://www.trybooking.com/CDFEF>. Or call/text Maida 0423 658 326

Sunday 23 OCTOBER 2022 - Year of Walking Together Marian Procession

Join local parishes, ethnic communities, clergy and religious for a unique multicultural family day of prayer and festivities. Located on the scenic grounds of St Clement's Retreat Centre in Galong, we will gather for Mass, to pray the rosary and be inspired by speakers. BYO lunch, enjoy a sausage sizzle or bring a plate to share. There will be faith-based activities for children and an opportunity to meet new and old friends within our Archdiocese as we journey through Mary to Jesus. <https://bit.ly/MarianProcession2022>

20-22 October 2022- Year of Walking Together Evangelise Online Conference

Catholics around Australia are invited to a unique, national event that will inspire, transform and revitalise faith communities! With presentations and workshops hosted by some of Australia's most renowned Catholic speakers, 'Evangelise' will cover a range of mission and ministry topics, from cultural engagement to liturgy and Sacraments. Participants will have the opportunity to gather in parish hubs or on their own individual device. Find out more, including the event program and keynote speakers at <http://www.evangelisation.catholic.org.au/>

Sound system upgrade

The parish is looking to update the sound system in the church, with a projected cost of \$25,000. Contributions to the project will be gratefully received. You can deposit your donation directly into the parish bank account and the details below:

Account name: St Benedict's Parish
BSB: 062 786
Account number: 000014992

Please use the words 'Sound system' in the Reference so we can allocate your donation appropriately.

28 October Women's Taskforce Annual Dinner

The Archdiocese Catholic Women's Taskforce annual fundraising dinner October 28th 6.30 pm, Woden Southern Cross Club. Guest speaker is Dr Ursula Stephens, Former Senator and CEO Australian Catholic Safeguarding Limited. Funds raised go to MacKillop House, a place of safety for women and children in need. Earlybird tickets \$65. Book via <https://womenstaskforceacg.org> or call 0487388873.

Young Men of God

Meet fortnightly on Thursdays in the Parish Centre. 6pm-9pm. Next on Thursday 20 October. Contact Fr Chris Eaton for more information.

One-Day Retreat: Saturday 22 October



The temple of the Lord is to be kept pure and holy at all times. You are that temple, you must honour your body, demonstrating uprightness and self-control in day to day life. Living a life of purity helps us to strive for a blameless reputation before God and man. Purity allows the Lord's presence dwell in us.

Date: Saturday, 22 October 2022 (9.30am-4.30pm)

Venue: St Benedict's Catholic Church, 10 Tallara Pkwy, Narrabundah, ACT 2604, Australia

Admission is FREE, BYO lunch. Boxed lunch available at nominal cost, RSVP by 18th October, 2022 to p1.rebello@gmail.com

For enquiries please contact: Parveen: 0439642571; Winnie: 0451015527; Prakash 0406381446; Shan: 0412310364; Tom: 0434689957

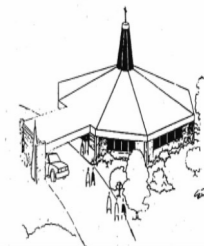


A message from Aid to the Church in Need Australia

ACN is the Pontifical Foundation dedicated to supporting the suffering and persecuted Church. In response to the devastating floods in Pakistan, ACN is sending emergency help by providing aid to over 5000 families in the form of food packages for one month, cash grants for the most vulnerable families,

St Benedict's Catholic Parish acknowledge the Ngunnawal People, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: 9am—1pm, Tues, Thurs, Fri
Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604
Tel: +61 (02) 6295 7879/ Parish Office
Emergency Number: (02) 6239 6772
Website: [cg.org.au/narrabundah /home.aspx](http://cg.org.au/narrabundah/home.aspx)
Email: Narrabundah@cg.org.au

Fr Rembert Fernando, MGL (Parish Priest)
Fr Baiju Thomas, MGL (Mission Centre Director)
Fr Chris Eaton, MGL (Mission Centre Co-Director)
Belle Joseph (Secretary, Tuesday, Thursday, Friday 9am—1pm)
Cathy Schneider (Finance Officer Wednesday 8am—12pm)
Adrian Wellspring (Spiritual Direction & Personal Vocation)

29th Sunday in Ordinary Time 15 & 16 October 2022

God's Word reflection

We all believe in the power of prayer to influence the outcome of events and help change the lives of people. Yet, many a time we feel that our prayers fall on deaf ears. This is when we look for tangible evidence to reassure ourselves that our prayers are answered. If we cannot find such evidence, we lose heart. Jesus challenges us keep our faith alive and never lose heart. Our God doesn't take pleasure in seeing us struggle through life. At the same time, we cannot manipulate God into granting us our requests. It is only through self-surrender that we can experience his help. Today's first reading emphasises the importance of praying for one another. The Israelites were able to defeat the Amalekites because Moses kept his hands raised in So also on our faith we need others to raise their hands in prayer for us as we do for them. The parable of the wicked judge remind us that those who plead with God for a just cause will not be disappointed. The widow pleaded for justice. What do we ask of God? Do we pray for a just cause or do we ask for things that will make our already comfortable lives more comfortable? *Lord, rekindle my confidence in your providence.*

Alpha course on Thursday evenings

An Alpha program started on Thursday 8th September. Sessions are held every Thursday from 6pm-9pm in the Collins Wing at St Benedict's. Alpha is an opportunity to explore life and the Christian faith in a friendly environment over a meal. You are welcome to join at any time. For more information contact the parish office.

Get the Formed App for free

St Benedict's Parish has just subscribed to the FORMED app, a Catholic app that provides thousands of enriching Catholic movies, programs, audio, and books instantly. Parishioners can sign up for free.

To sign up for free:

1. Visit signup.formed.org

2. Enter **St Benedict's Catholic Church**.
3. You will be prompted to create an account.

Child Protection Code of Conduct: all parish volunteers please sign

The Archdiocese has a Child Protection Code of Conduct and requires that all Church volunteers sign a form acknowledging they have read and agree to abide by the Code of Conduct. Even if volunteers do not work directly with children, it is still requested that they sign the form. Every three years the form must be re-signed.

You can read the Child Protection Code of Conduct online at <https://cgcatholic.org.au/professional-standards/child-protection-code-of-conduct>. Copies of the Acknowledgment form can be found in the church foyer.

If all volunteers could kindly sign a copy, and leave it in the box provided or bring it to the parish office during the week, that would be greatly appreciated. Some hard copies of the Code of Conduct are also available in the foyer, for those who cannot access it online.

Thank you so much to all the volunteers who have signed the form already.

Opportunities for Safeguarding Formation

Australian Catholic Safeguarding Ltd (ACSL) offers free online sessions on how church ministries can better safeguard children and vulnerable adults. Go to www.acsltd.org.au for more information.

Long Term Volunteer Opportunities in the Australia-Pacific Region - The Cagliero Project, Salesians of Don Bosco

We are seeking long term (6-12 month) volunteers for January 2023 to work with young

Exodus 17: 8-13

The Amalekites came and attacked Israel at Rephidim. Moses said to Joshua, ‘Pick out men for yourself, and tomorrow morning march out to engage Amalek. I, meanwhile, will stand on the hilltop, the staff of God in my hand.’ Joshua did as Moses told him and marched out to engage Amalek, while Moses and Aaron and Hur went up to the top of the hill. As long as Moses kept his arms raised, Israel had the advantage; when he let his arms fall, the advantage went to Amalek. But Moses’ arms grew heavy, so they took a stone and put it under him and on this he sat, Aaron and Hur supporting his arms, one on one side, one on the other; and his arms remained firm till sunset. With the edge of the sword Joshua cut down Amalek and his people.

Responsorial Psalm 120

Our help is from the Lord, who made heaven and earth.

I lift up my eyes to the mountains;
from where shall come my help?
My help shall come from the Lord
who made heaven and earth.

The Lord is your guard and your shade;
at your right side he stands.
By day the sun shall not smite you
nor the moon in the night.

May he never allow you to stumble!
Let him sleep not, your guard.
No, he sleeps not nor slumbers,
Israel’s guard.

The Lord will guard you from evil,
he will guard your soul.
The Lord will guard your going and coming
both now and for ever.

Second reading 2 Timothy 3:14-4:2

You must keep to what you have been taught and know to be true; remember who your teachers were, and how, ever since you were a child, you have known the holy scriptures – from these you can learn the wisdom that leads to salvation through faith in Christ Jesus. All scripture is inspired by God and can profitably be used for teaching, for refuting error, for guiding people’s lives and teaching them to be holy. This is how the man who is dedicated to God becomes fully equipped and ready for any good work.

Before God and before Christ Jesus who is to be judge of the living and the dead, I put this duty to you, in the name of his Appearing and of his kingdom: proclaim the message and, welcome or unwelcome, insist on it. Refute falsehood, correct error, call to obedience – but do all with patience and with the intention of teaching.

Gospel Acclamation Heb 4:12

Alleluia, alleluia!
The word of God is living and active;
it probes the thoughts and motives of our heart.
Alleluia!

Gospel Luke 18: 1-8

Jesus told his disciples a parable about the need to pray continually and never lose heart. ‘There was a judge in a certain town’ he said ‘who had neither fear of God nor respect for man. In the same town there was a widow who kept on coming to him and saying, “I want justice from you against my enemy!” For a long time he refused, but at last he said to himself, “Maybe I have neither fear of God nor respect for man, but since she keeps pestering me I must give this widow her just rights, or she will persist in coming and worry me to death.”’

And the Lord said ‘You notice what the unjust judge has to say? Now will not God see justice done to his chosen who cry to him day and night even when he delays to help them? I promise you, he will see justice done to them, and done speedily. But when the Son of Man comes, will he find any faith on earth?’

ROSTER FOR THIS WEEKEND			
15 & 16 October 2022			
	Sat 6 pm Vigil	Sun 9am	Sun 6pm Charismatic
Welcomers	Louise Gaudry	Alma Burg	
Readers	BA Daly, Louise Gaudry	Christopher Ruzario, Julie Douglas	Anne Hartwell, Sue Hancock
Offertory	Ian & Rita	Grace De Zilva	
Eucharistic Ministers	Sue Neimanis	Barry Murphy	
Flowers, Altar Clean	Ann Hill, Anne Sutherland		
Church Cleaners	Ian Smith, Amir		
Mt View		Jindalee	

PARISH OFFICE HOURS:
Tuesday, Thursday & Friday, 9am - 1pm
WEEKEND MASS TIMES:
 Saturday: 6pm (*Vigil*)
 Sunday: 9am; 6pm (*Charismatic Mass*)
 Fourth Sunday of the Month: 6pm (*Youth Mass*)
WEEKDAY MASS TIMES:
 Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm;
 Friday: 5.30pm (*Healing Mass*); Saturday 8.00am
RECONCILIATION:
 Friday following Healing Mass from. 6.15pm-7pm
 Saturday: 5pm-5.30pm or by appointment
PRAYER OF THE CHURCH:
 Saturday: 7.30am
 3rd Friday Padre Pio:5pm
BAPTISMS: During weekend Masses or by appointment. See parish website for booking information..
WEDDINGS: by appointment
ANOINTING OF THE SICK:
 During the 5.30pm Mass on first Fridays,
 10.30am at Jindalee 1st Thursday of the month
 10.30am at Mt View 3rd Thursday of the month
ADORATION OF THE BLESSED SACRAMENT:
 Monday & Tuesday: 6am-10pm
 Wednesday & Thursday: 1pm-10pm; Friday 6am to Saturday 8am
 Urgent hours that need to be filled:
 Monday 3-4pm Tuesday 3-4pm
 Friday 12-1pm
Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.
EMPOWER HOUR gathers after Tuesday evening 5.30pm Mass for an hour of preaching, adoration, worship and healing. 6.30pm-8.30pm All welcome.
LEGION OF MARY meetings are held every Sunday at 10.30am at St Benedict’s Outreach Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

ROSTER FOR NEXT WEEKEND			
22 & 23 October 2022			
1ST READING	2ND READING	GOSPEL	
Ecclesiasticus 35:12-14, 16-19	2 Timothy 4:6-8, 16-18	Luke 18:9-14	
	Sat 6 pm	Sun 9am	Sun 6pm
Welcomers	Carmel & Peter Pistor	Barry Murphy	
Readers	Don Jeffery, Helen Bennett	Grace de Zilva, Asterie ToNiyansenge	MGL Brothers
Offertory	Bennett Family	Madison Acton	
Eucharistic Ministers	Nhung Booth	Julie Douglas	
Flowers, Altar Clean	Louise Gaudry, Margie Arvellino & Claudine Smith		
Church Cleaners	Retreat team		
Mt View		Jindalee	

mobile health units, temporary shelters and even basic – but essential – items such as mosquito nets and repellent. Damaged churches and community infrastructure must also be repaired to shelter victims of the flooding. To make an offering to the Church in Pakistan visit www.aidtochurch.org/pakistan.

Diocesan Pastoral Council (DPC) – All feedback welcomed

In April this year Archbishop Prowse established a working party to consider the (re-)establishment of a Diocesan Pastoral Council. The DPC Working Party has considered; 1. Past attempts at a DPC - our legacy, 2. The present context and needs and 3. Options for a workable DPC. Download the Executive Summary and Report at bit.ly/3Cc4soF or contact your parish office for a copy. Questions have been developed to aid reflection. Answer questions online here or email workingparty@cg.org.au.

Anniversaries: Saviour Argento, Anne Boggs, George Connelly, Denis Cotterell, Thomas Davis, Harold Dumbrell, Marlic Erland, Michael Haisell, Fien Harnisch, Annie Hurley, John Kennedy, Andrew Italiano, Charles Mallia, Kenneth Oakman, Johannes Remmers, John Shaw, Freda Thornton, Fr John Cooke, Fr Joseph W Dwyer, Fr Brendan McDonagh, Fr Vincent E Dowdy OBE, Fr Lloyd Reynolds, Fr Alan Joseph Naughton, Fr James O’Connor, Fr John P. Bartley, Fr Joseph Staunton.



Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Mark Ransom, Pamela Brown, Anne Rosewarne; Monica Boyton, Mary Smith, Ben Melbourne, Colin Paley, Janice Paley.