

Save the date 17 September Caring for Creation

Caring for Creation Conference on 17 September at John Paul II College in Gungahlin. Holy Spirit Parish, Gungahlin is holding a conference on how to achieve the goals of Laudato Si' – On Care for Our Common Home. The Pope has called all our Parishes, schools, families and individuals to help save the planet and one another from greed, consumerism and climatic change. Our Bishops have called us to respond to: The Cry of the Earth – The Cry of the Poor. Everything is connected. Saturday, 17 September is the day to work together to change ourselves, each other and the planet.

Contact: alisonmweeks@bigpond.com. Please see the Flyer in the foyer.



Cursillo in the Diocese

Cursillo is an international lay-based faith formation movement that started over 80 years ago. It provides a sound and practical approach for energising, renewing and enlivening our faith lives. As well as annual Cursillo weekends, there are regular small group meetings held for prayer and study. Interested people are invited to check those out by contacting one of the following in your area.

- Gungahlin: Joe Jambor, irmandjoe@gmail.com
- Belconnen: Alfred Bongi, readyssetgo@live.com.au
- Belconnen: Gerardo Santosuosso, santosuosso.gerardo@gmail.com
- Tuggeranong: Amanda Jocusen, ajocusen@yahoo.com.au
- Tuggeranong: Michael de Raadt, michaelderadt@gmail.com

Pastoral and Spiritual Care Training

A Clinical Pastoral Education (CPE) 5-day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/ Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. There are two 5-Wednesday courses on offer: Sept 21 to Oct 19, 2022 and Feb 15-Mar 15 2023, 9-5pm in Queanbeyan; cost is \$400. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments close soon. Contact Susanne Schmidt for enrolment at susannecpe@gmail.com or on 0431 243 486.

28 October Women's Taskforce Annual Dinner

The Archdiocese Catholic Women's Taskforce annual fundraising dinner October 28th 6.30 pm, Woden Southern Cross Club. Guest speaker is Dr Ursula Stephens, Former Senator and CEO Australian Catholic Safeguarding Limited. Funds raised go to MacKillop

House, a place of safety for women and children in need. Earlybird tickets \$65. Book via <https://womenstaskforceacg.org> or call 0487388873.

Natural Fertility Awareness Week Event

A free seminar, with supper, is being held in St Monica's Meeting Room, Evatt on Wednesday 24 August at 7.30pm during **Natural Fertility Awareness Week**. Entitled *Fertility Literacy: get the Know-How*, this session will show how to track a cycle, read a chart, understand the process of ovulation and interpret the symbols and science behind a Billings Ovulation Method® chart.

Further information and registration on Eventbrite: <https://www.eventbrite.com.au/e/natural-fertility-awareness-week-seminar-fertility-literacy-tickets-394933836737>

WWVP cards renewal

Volunteers who require an up-to-date Working With Vulnerable People (WWVP) card include sacristans, those who do home or nursing home visitation, and those involved in prayer and healing ministry. If you have recently received a new card, or applied for a renewal, please let the parish office know and bring or email a copy of your new card as soon as possible. Thank you for helping the parish meet its legal and safeguarding obligations.

Safeguarding and Child Protection

Children, young people and vulnerable adults have a fundamental right to be respected, nurtured and safeguarded by all. The St Benedict's Church and Mission Centre is firmly committed to ensuring that all members and personnel value, nurture and safeguard children and vulnerable adults. You can find a copy of the St Benedict's Child Safeguarding Policy in the church foyer. You will also find details of the parish Child Safeguarding Volunteer, Ms Julie Long. You are encouraged to talk to Ms Long if you have any concerns about a child, young person, or family, or if you just want to know more about supporting and safeguarding children and young people.

Archdiocesan Code of Conduct

It has been 3 years since the Code of Conduct was introduced in the Archdiocese. And so they are now due for re-signing. We are required to have a current signed Code of Conduct acknowledgement form for all volunteers for the parish, regardless of whether they require a WWVP card or Working with Children Check. You can find the Code of Conduct and

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: 9am—1pm, Tues, Thurs, Fri
Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604
Tel: +61 (02) 6295 7879/ Parish Office
Emergency Number: (02) 6239 6772
Website: cg.org.au/narrabundah/home.aspx
Email: Narrabundah@cg.org.au

Fr Rembert Fernando, MGL (Parish Priest)
Fr Baiju Thomas, MGL (Mission Centre Director)
Fr Chris Eaton, MGL (Mission Centre Co-Director,
Belle Joseph (Secretary, Tuesday, Thursday, Friday 9am-1pm)
Cathy Schneider (Finance Officer Wednesday 8am—12pm)
Adrian Wellspring (Spiritual Direction & Personal Vocation)

21st Sunday in Ordinary Time

God's Word reflection

It was terrible for the Jewish people when Jerusalem was destroyed and its citizens were taken into exile in Babylon. But the exile proved an eye-opening experience of other peoples and cultures and ways of doing things. Not all Jews returned to Israel after the exile. Many remained in the diaspora. In time some Jews came to see that the love of God is for all peoples and that the people of Israel were chosen by God to be a light to the nations, to reveal to them the one true God. In today's first reading, the prophet Isaiah foresees a time when people from all nations will come to Jerusalem to worship the Lord. In today's Gospel Jesus declares that people 'from east and west, from north and south, will come to take their places at the feast in the kingdom of God. He also stresses that, while the kingdom is open to all, the gateway to the kingdom is narrow. A broadminded love and compassion for all peoples is demanded of those who wish to enter. The Rule of the St Vincent de Paul Society states that St Vincent de Paul Society states that 'The Society serves those in need regardless of creed, ethnic or social background, health, gender, or political opinions.' It is a rule we must all adopt if we are to enter by the narrow gate.

Prayer for Peace and Justice in Ukraine

God of peace and justice, who change the hardened heart and break the power of violence, we entrust the people of Ukraine to you.

Protect them in this time of peril; let them know not death but life, not slavery but freedom.

You are Father to all; we are brothers and sisters.

Give us the strength to live that truth in love, choosing peace not war.

Through Christ our Lord. Amen.

Young Men of God

Meet fortnightly on Thursdays in the Parish Centre. 6pm-9pm Next on 25th August (note date change).

Contact Fr Chris Eaton for more information.

Urgently Needed

We need parishioners to join in our ministries of Church Cleaning, Welcoming, Reading, Special Ministers of Communion, and Music. Father is very grateful for our current volunteers but, without new members, we will soon run out of people to provide these services. Father asks you to consider urgently whether you can volunteer to join one or more of these ministries that keep the parish going. Please use the form in the foyer of the church to nominate for the rosters along with your contact details. Or phone the office and leave your details there.

Liturgy Training Days, 3rd & 10th August

Fr Baiju will run two Liturgy Training Days on Saturday 3rd August and Saturday 10th August from 9am to 12pm in St Benedict's Parish Centre, next to the church. Readers and Special Ministers of the Eucharist may be especially interested, but all are welcome. For more information contact Fr Baiju via the parish office.

Alpha course starts Thursday 8th September

An Alpha course will start on Thursday 8th September. Sessions will be held on Thursdays from 6pm-9pm in the Collins Wing at St Benedict's. Alpha is an opportunity to explore life and the Christian faith in a friendly environment over a meal. For more information contact the parish office.

22 August Natural Fertility Awareness Week

A free webinar entitled "Fertility Literacy in the Digital World ~ the best use of fertility tracking apps" is being held on Monday 22 August at 7.30pm. Presenters from NZ, Australia and Mexico will review 3 fertility tracking apps. "This is knowledge of her body every woman ought to have" (Dr Evelyn Billings). Enquiries: Joanne Widdup 0414 165 848. Registrations detail on Billings life webpage <https://www.billings.life/en/> or Facebook: <https://fb.me/e/1OMLh9IH1>

St Benedict's Catholic Parish acknowledges the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

First reading Isaiah 66: 18-21

The Lord says this: I am coming to gather the nations of every language. They shall come to witness my glory. I will give them a sign and send some of their survivors to the nations: to Tarshish, Put, Lud, Moshech, Rosh, Tubal, and Javan, to the distant islands that have never heard of me or seen my glory. They will proclaim my glory to the nations. As an offering to the Lord they will bring all your brothers, on horses, in chariots, in litters, on mules, on dromedaries, from all the nations to my holy mountain in Jerusalem, says the Lord, like Israelites bringing oblations in clean vessels to the Temple of the Lord. And of some of them I will make priests and Levites, says the Lord.

Responsorial Psalm 116

Go out to all the world, and tell the Good News.

O praise the Lord, all you nations,
acclaim him all you peoples!

Strong is his love for us;
he is faithful for ever.

Second reading Hebrews 12: 5-7, 11-13

Have you forgotten that encouraging text in which you are addressed as sons? *My son, when the Lord corrects you, do not treat it lightly; but do not get discouraged when he reprimands you. For the Lord trains the ones that he loves and he punishes all those that he acknowledges as his sons.* Suffering is part of your training; God is treating you as his sons. Has there ever been any son whose father did not train him? Of course, any punishment is most painful at the time, and far from pleasant; but later, in those on whom it has been used, it bears fruit in peace and goodness. So *hold up your limp arms and steady your trembling knees and smooth out the path you tread;* then the injured limb will not be wrenched, it will grow strong again.

Gospel Acclamation John 14: 23

Alleluia, alleluia!
I am the way, the truth and the life, says the Lord;
no one comes to the Father except through me.
Alleluia!

Gospel Luke 13: 22-30

Through towns and villages Jesus went teaching, making his way to Jerusalem. Someone said to him, ‘Sir, will there be only a few saved?’ He said to them, ‘Try your best to enter by the narrow door, because, I tell you, many will try to enter and will not succeed. ‘Once the master of the house has got up and locked the door, you may find yourself knocking on the door, saying, “Lord, open to us” but he will answer, “I do not know where you come from.” Then you will find yourself saying, “We once ate and drank in your company; you taught in our streets” but he will reply, “I do not know where you come from. Away from me, all you wicked men!” ‘Then there will be weeping and grinding of teeth, when you see Abraham and Isaac and Jacob and all the prophets in the kingdom of God, and yourselves turned outside. And men from east and west, from north and south, will come to take their places at the feast in the kingdom of God. ‘Yes, there are those now last who will be first, and those now first who will be last.’

ROSTER FOR THIS WEEKEND 20 & 21 August 2022			
	Sat 6 pm Vigil	Sun 9am	Sun 6pm Charismatic
Welcomers	Louise Gaudry	Alma Burg	
Readers	Marlene Keir BA Daly	Shiro Kinyanjui Paula Keating	
Offertory	Ian & Rita	Grace De Zilva	
Eucharistic Ministers	Brian Barron	Janice Kelly	
Flowers, Altar Clean	Maria & John Michas		
Church Cleaners	Ian Smith, Amir		
Mt View		Jindalee	

PARISH OFFICE HOURS:
Tuesday, Thursday & Friday, 9am - 1pm

WEEKEND MASS TIMES:
Saturday: 6pm (*Vigil*)
Sunday: 9am; 6pm (*Charismatic Mass*)
Fourth Sunday of the Month: 6pm (*Youth Mass*)

WEEKDAY MASS TIMES:
Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm;
Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

RECONCILIATION:
Friday following Healing Mass from. 6.15pm-7pm
Saturday: 5pm-5.30pm or by appointment

PRAYER OF THE CHURCH:
Saturday: 7.30am
3rd Friday Padre Pio:5pm

BAPTISMS: During weekend Masses or by appointment. See parish website for booking information..

WEDDINGS: by appointment

ANOINTING OF THE SICK:
During the 5.30pm Mass on first Fridays,
10.30am at Jindalee 1st Thursday of the month
10.30am at Mt View 3rd Thursday of the month

ADORATION OF THE BLESSED SACRAMENT:
Monday & Tuesday: 6am-10pm
Wednesday & Thursday: 1pm-10pm; Friday 6am to Saturday 8am
Urgent hours that need to be filled:
Tuesday 1-2pm; Wednesday 1-2pm
Thursday 7-8pm Friday 8-9am, 2-3pm, 3-4pm

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.

HOOR OF POWER gathers after Tuesday evening 5.30pm Mass for an hour of preaching, adoration, worship and healing. 6.30pm-8.00pm All welcome.

LEGION OF MARY meetings are held every Sunday at 10.30am at St Benedict's Outreach Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

ROSTER FOR NEXT WEEKEND 27 & 28 August 2022			
1 ST READING Eccles 3: 19-21, 30-31	2 ND READING Heb 12:18-19, 22-24	GOSPEL Lk 14: 1, 7-14	
	Sat 6 pm	Sun 9am	Sun 6pm
Welcomers	Carmel & Peter Pistor	Barry Murphy	
Readers	Louise Gaudry; Maira Najdecki	Julie Douglas, Grace De Zilva	
Offertory	Bennett family	Madison Acton	
Eucharistic Ministers	Nhung Booth	Bronwyn	
Flowers, Altar Clean	Anne Sutherland & Anne Hill		
Church Cleaners	Shruti Ruzario, Nhung Booth, Loreena D'Silva		
Mt View		Jindalee	

acknowledgement on the Archdiocesan website <https://cgatholic.org.au/professional-standards/child-protection-code-of-conduct/>. There are copies of the acknowledgement forms in the Church. If you need help accessing a copy of the Code to read please contact the parish office.

Congratulations, Fr Rem!

Parish priest Fr Rembert celebrated the 6th anniversary of his ordination on 19th August. Please keep Fr Rem in your prayers. May he be filled with joy and peace as he continues his faithful service of the Lord.



St Benedict's Key Audit

The Parish Office is in the process of updating our key register. We are requesting that anyone who holds a key to either the Parish Centre or the Collins Wing contact the Parish Office at your earliest convenience to advise us of which key you hold, and the key number if applicable. Thank you for your cooperation.

Recently Deceased: Mary Pakkianathan, Phyllis Keltie (Mountview).

Anniversaries: Jan Bialek, Jacqueline Fitzpatrick, Nancy Garlick, Huia Hudson, Mary Jerga, Kataryna Kociolek, Fausto Lutero, Michsel Marks, Fr Daniel Leahy, Fr Owen Clarke, Fr Michael D. O'Sullivan, Fr John Curley CSsR.

Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Mark Ransom, Pamela Brown, Anne Rosewarne; Monica Boyton, Mary Smith.

