

Marymead Card and Games Day Fundraiser

On Monday 15th August at Royal Canberra Golf Club. \$50pp, lunch with a glass of wine, tea and coffee all day and petit fours. Tables of 4 and start time 10am. There will be a raffle and craft and preserves for sale on the day. RSVP 8th August

Archdiocesan Code of Conduct

It has been 3 years since the Code of Conduct was introduced in the Archdiocese. And so they are now due for re-signing. We are required to have a current signed Code of Conduct acknowledgement form for all volunteers for the parish, regardless of whether they require a WWVP card or Working with Children Check. You can find the Code of Conduct and acknowledgement on the Archdiocesan website <https://cgatholic.org.au/professional-standards/child-protection-code-of-conduct/>. Or there are copies of the acknowledgement forms in the Church. If you need help accessing a copy of the Code to read please contact the parish office.

Kakadu/Darwin Pilgrimage with Fr Dan Benedetti MGL August 20-28

Fr Dan will be leading a Top End Encounter Pilgrimage on August 20-28. This amazing opportunity promises to bring together the spectacular Top End of Australia (Darwin, Kakadu, Tiwi Islands and Katherine Gorge) with the faith and spirituality of our Aboriginal brothers and sisters. Harvest Journeys continues its mission to immerse people in the grace of pilgrimage. Time is running out. So for more information please go to: <https://www.harvestjourneys.com/tour/top-end/>

12- 14 August Claiming Hope: Creative Healing Retreat

Join the MGL Sisters at Carmel House, Varroville for a healing retreat experience. Come to God in your woundedness, journey with Him through creativity, and allow Him to transform you into a living sign of hope. Enquiries: mgl sisters.sydney@gmail.com [Bookings https://www.trybooking.com/BWMJN](https://www.trybooking.com/BWMJN)

19-21 August Marriage Enrichment Weekend

via Zoom. Married couples, are invited to attend a live Marriage Encounter weekend from the comfort of their own home. Conducted via zoom, the weekend starts at 7PM on Friday 19th August and concludes with Mass at 4PM on Sunday 21 August. contact Mercy & James Bvirakare on 0409 183 676 To Book online at www.wwme.org.au or vicbooking@wwme.org.au

Young Men of God

Meet fortnightly on Thursdays in the Parish Centre. 6pm-9pm Next 18 August. Contact Fr Chris Eaton

22 August Natural Fertility Awareness Week

A free webinar entitled "Fertility Literacy in the Digital World ~ the best use of fertility tracking apps" is being held on Monday 22 August at 7.30pm. Enquiries: Joanne Widdup 0414 165 848



Save the date 17 September Caring for Creation

Caring for Creation Conference on 17 September at John Paul II College in Gungahlin. Holy Spirit Parish, Gungahlin is holding a conference on how to achieve the goals of Laudato Si' – On Care for Our Common Home. The Pope has called all our Parishes, schools, families and individuals to help save the planet and one another from greed, consumerism and climatic change. Our Bishops have called us to respond to: The Cry of the Earth – The Cry of the Poor. Everything is connected. Saturday, 17 September is the day to work together to change ourselves, each other and the planet. Contact: alisonmweeks@bigpond.com. Please see the Flyer in the foyer



Pastoral and Spiritual Care Training

A Clinical Pastoral Education (CPE) 5-day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. There are two 5-Wednesday courses on offer: Sept 21 to Oct 19, 2022 and Feb 15-Mar 15 2023, 9-5pm in Queanbeyan; cost is \$400. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments close soon. Contact Susanne Schmidt for enrolment at susannecpe@gmail.com or on 0431 243 486.

Cursillo in the Diocese

Cursillo is an international lay-based faith formation movement that started over 80 years ago. It provides a sound and practical approach for energising, renewing and enlivening our faith lives. As well as annual Cursillo weekends, there are regular small group meetings held for prayer and study. Interested people are invited to check those out by contacting one of the following in your area.

- Gungahlin: Joe Jambor, irmandjoe@gmail.com
- Belconnen: Alfred Bong, readysetgo@live.com.au
- Belconnen: Gerardo Santosuosso, santosuosso.gerardo@gmail.com
- Tuggeranong: Amanda Jocumsen, ajocumsen@yahoo.com.au
- Tuggeranong: Michael de Raadt, michaelderadt@gmail.com

St Benedict's Catholic Parish acknowledges the Ngunnawal People, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: 9.00am—12noon

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55) Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number: (02) 6239 6772

Website: [cg.org.au/narrabundah /home.aspx](http://cg.org.au/narrabundah/home.aspx)

Fr Rembert Fernando, MGL (Parish Priest)

Fr Baiju Thomas, MGL (Mission Centre Director)

Fr Chris Eaton, MGL (Mission Centre Co-Director, Belle Joseph (Secretary, Tuesday, Thursday, Friday 9am-1pm)

Cathy Schneider (Finance Officer Wednesday 8am—12pm)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

19th Sunday in Ordinary Time 6 & 7 August 2022

God's Word reflection

We experience many things that can make us fearful—pandemics, loss of employment, violence, financial and relationship stresses, and so on. In the face of such challenges it is easy to develop a self-protective stance towards life, to do what we can to be in control of our situation, to protect ourselves from dangers. Yet, the simple fact is that we can never have complete control over our situation. We always remain vulnerable to unexpected difficulties. Ultimately the uncertainties of life, unpleasant as they can be, remind us that we are on this earth as pilgrims, journeying towards a better homeland, our heavenly homeland. If, like Abraham and Sarah, we can put our faith in God's promises, we will find comfort in the words of Jesus in today's Gospel, 'There is no need to be afraid, little flock, for it has pleased your Father to give you the kingdom.' We will be generous with what we have, not focused on our own security but on the well-being of our brothers and sisters, We will hold our possessions lightly.

Prayer for Peace and Justice in Ukraine

God of peace and justice, who change the hardened heart and break the power of violence, we entrust the people of Ukraine to you.

Protect them in this time of peril; let them know not death but life, not slavery but freedom.

You are Father to all; we are brothers and sisters.

Give us the strength to live that truth in love, choosing peace not war.

Through Christ our Lord. Amen.

7 – 14 August Australia wide National Prayer Crusade for Vocations

This year, the Knights of the Southern Cross will run their annual Australia wide National Prayer Crusade for Vocations

Prayer: "Heavenly Father, you know the faith, courage and generosity of your people throughout

Australia including the men and women serving at home and overseas with the Australian Military Services. Please provide your people in Australia with sufficient Priests, Deacons and Religious to meet their needs and be with them always as they endeavour to meet the challenges of their daily lives. We ask this through Jesus Christ, Your Son. Amen."

Urgently Needed

We need parishioners to join in our ministries of Church Cleaning, Welcoming, Reading and Special Ministers of Communion. Father is very grateful for our current volunteers but, without new members, we will soon run out of people to provide these services. Father asks you to consider urgently whether you can volunteer to join one or more of these ministries that keep the parish going. Please use the form in the foyer of the church to nominate for the rosters along with your contact details. Or phone the office and leave your details there.

St Benedict's Social Group

Invites all parishioners to join them for:

- morning tea in the Parish Centre this Sunday (7th August) after the 9.00 am Mass, and
- coffee and a chat on Thursday 11th August at 10.30 at Gryphon's in Griffith

Planned Giving

New envelopes have been issued and parishioner's numbers have changed. Please **discard any OLD envelopes** otherwise your giving may be assigned to another parishioner's record. **The Planned Giving Scheme** is of critical importance for the day to day running of our parish. If you are **not a member** of the Scheme, please consider joining to guarantee the parish a regular income. If you are **new to our parish**, we invite you to be part of the long tradition of financially supporting this wonderful parish.

First reading Wisdom 18:6-9

That night had been foretold to our ancestors, so that, once they saw what kind of oaths they had put their trust in, they would joyfully take courage.

This was the expectation of your people, the saving of the virtuous and the ruin of their enemies; for by the same act with which you took vengeance on our foes you made us glorious by calling us to you.

The devout children of worthy men offered sacrifice in secret and this divine pact they struck with one accord: that the saints would share the same blessings and dangers alike; and forthwith they had begun to chant the hymns of the fathers.

Responsorial Psalm 32:1,12,18-20,22

Happy are the people the Lord has chosen to be his own.

Ring out your joy to the Lord, O you just;
for praise is fitting for loyal hearts.

They are happy, whose God is the Lord,
the people he has chosen as his own.

Our soul is waiting for the Lord.

The Lord is our help and our shield.

May your love be upon us, O Lord,
as we place all our hope in you.

The Lord looks on those who revere him,
on those who hope in his love,
to rescue their souls from death,
to keep them alive in famine.

Second reading Hebrews 11:1-2, 8-19

Only faith can guarantee the blessings that we hope for, or prove the existence of the realities that at present remain unseen. It was for faith that our ancestors were commended.

It was by faith that Abraham obeyed the call to set out for a country that was the inheritance given to him and his descendants, and that he set out without knowing where he was going. By faith he arrived, as a foreigner, in the Promised Land, and lived there as if in a strange country, with Isaac and Jacob, who were heirs with him of the same promise. They lived there in tents while he looked forward to a city founded, designed and built by God.

It was equally by faith that Sarah, in spite of being past the age, was made able to conceive, because she believed that he who had made the promise would be faithful to it. Because of this, there came from one man, and one who was already as good as dead himself, more descendants than could be counted, as many as the stars of heaven or the grains of sand on the seashore.

All these died in faith, before receiving any of the things that had been promised, but they saw them in the far distance and welcomed them, recognising that they were only strangers and nomads on earth. People who use such terms about themselves make it quite plain that they are in search of their real homeland. They can hardly have meant the country they came from, since they had the opportunity to go back to it; but in fact they were longing for a better homeland, their heavenly homeland. That is why God is not ashamed to be called their God, since he has founded the city for them.

It was by faith that Abraham, when put to the test, offered up Isaac. He offered to sacrifice his only son even though the promises had been made to him and he had been told: It is through Isaac that your name will be carried on. He was confident that God had the power even to raise the dead; and so, figuratively speaking, he was given back Isaac from the dead.

Gospel Acclamation Mt 24: 42, 44

**Alleluia, alleluia!
Be watchful and ready:
you know not when the Son of Man is coming
Alleluia!**

Gospel Luke 12:32-48

Jesus said to his disciples: 'There is no need to be afraid, little flock, for it has pleased your Father to give you the kingdom. 'Sell your possessions and give alms. Get yourselves purses that do not wear out, treasure that will not fail you, in heaven where no thief can reach it and no moth destroy it. For where your treasure is, there will your heart be also. 'See that you are dressed for action and have your lamps lit. Be like men waiting for their master to return from the wedding feast, ready to open the door as soon as he comes and knocks. Happy those servants whom the master finds awake when he comes. I tell you solemnly, he will put on an apron, sit them down at table and wait on them. It may be in the second watch he comes, or in the third, but happy those servants if he finds them ready. You may be quite sure of this, that if the householder had known at what hour the burglar would come, he would not have let anyone break through the wall of his house. You too must stand ready, because the Son of Man is coming at an hour you do not expect.'

Peter said, 'Lord, do you mean this parable for us, or for everyone?'

The Lord replied, 'What sort of steward, then, is faithful and wise enough for the master to place him over his household to give them their allowance of food at the proper time? Happy that servant if his master's arrival finds him at this employment. I tell you truly, he will place him over everything he owns. But as for the servant who says to himself, "My master is taking his time coming," and sets about beating the menservants and the maids, and eating and drinking and getting drunk, his master will come on a day he does not expect and at an hour he does not know. The master will cut him off and send him to the same fate as the unfaithful. The servant who knows what his master wants, but has not even started to carry out those wishes, will receive very many strokes of the lash. The one who did not know, but deserves to be beaten for what he has done, will receive fewer strokes. When a man has had a great deal given him, a great deal will be demanded of him; when a man has had a great deal given him on trust, even more will be expected of him.'

ROSTER FOR THIS WEEKEND 6 & 7 August 2022			
	Sat 6 pm Vigil	Sun 9am	Sun 6pm Charismatic
Welcomers	Louise Gaudry	Alma Burg	
Readers	Moira Najdecki Don Jeffery	Asterie ToNiyansenge; Christopher Ruzario	
Offertory	Jane Camilleri;	Social Group	
Eucharistic Ministers	Sue Neimanis	Bronwyn Blundell	
Flowers, Altar Clean	Claudine Smith; Louise Gaudry; Margie Avellino		
Church Cleaners	Don & Jennifer Nguyen		
Mt View		Jindalee	

PARISH OFFICE HOURS:
Tuesday, Thursday & Friday , 9am - 1pm
WEEKEND MASS TIMES:
Saturday: 6pm (*Vigil*)
Sunday: 9am; 6pm (*Charismatic Mass*)
Fourth Sunday of the Month: 6pm (*Youth Mass*)
WEEKDAY MASS TIMES:
Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm;
Friday: 5.30pm (*Healing Mass*); Saturday 8.00am
RECONCILIATION:
Friday following Healing Mass from. 6.15pm-7pm
Saturday: 5pm-5.30pm or by appointment
PRAYER OF THE CHURCH:
Saturday: 7.30am
3rd Friday Padre Pio:5pm
BAPTISMS: During weekend Masses or by appointment. See parish website for booking information..
WEDDINGS: by appointment
ANOINTING OF THE SICK:
During the 5.30pm Mass on first Fridays,
10.30am at Jindalee 1st Thursday of the month
10.30am at Mt View 3rd Thursday of the month
ADORATION OF THE BLESSED SACRAMENT:
Monday & Tuesday: 6am-10pm
Wednesday & Thursday: 1pm-10pm; Friday 6am to Saturday 8am
Urgent hours that need to be filled:
Tuesday 1-2pm; Wednesday 1-2pm
Thursday 7-8pm Friday 8-9am, 2-3pm, 3-4pm
Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.
HOOR OF POWER gathers after Tuesday evening 5.30pm Mass for an hour of preaching, adoration, worship and healing. 6.30pm-8.00pm All welcome.
LEGION OF MARY meetings are held every Sunday at 10.30am at St Benedict's Outreach Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.

ROSTER FOR NEXT WEEKEND 13 & 14 August 2022			
1 ST READING Gen 18: 20-32	2 ND READING Col 2: 12-14	GOSPEL Lk 11: 1-13	
	Sat 6 pm	Sun 9am	Sun 6pm
Welcomers	Louise Gaudry	Alma Burg	
Readers	Robert Booth Marlene Keir	Grace De Silva; Linda Henry	
Offertory	Ian & Rita Smith	Maria Mendoza	
Eucharistic Ministers	Brian Barron	Barry Murphy	
Flowers, Altar Clean	Maria & John Michas		
Church Cleaners	Shruti Ruzario Nhung Booth		
Mt View		Jindalee	

28 October Women's Taskforce Annual Dinner

The Archdiocese Catholic Women's Taskforce annual fundraising dinner October 28th 6.30 pm, Woden Southern Cross Club. Guest speaker is Dr Ursula Stephens, Former Senator and CEO Australian Catholic Safeguarding Limited. Funds raised go to MacKillop House, a place of safety for women and children in need. Earlybird tickets \$65. Book via <https://womenstaskforceacg.org> or call 0487388873.

Pope Francis' Five Finger Prayer
Using the fingers on your hand, start with the thumb and pray these intentions in this order:

1. The thumb is the closest finger to you. So start praying for those who are closest to you. They are the persons easiest to remember. To pray for our dear ones is a "Sweet Obligation."
2. The next finger is the index. Pray for those who teach you, instruct you and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.
3. The following finger is the tallest. It reminds us of our leaders, the governors and those who have authority. They need God's guidance.
4. The fourth finger is the ring finger. Even though it may surprise you, it is our weakest finger. It should remind us to pray for the weakest, the sick or those plagued by problems. They need your prayers.
5. And finally we have our smallest finger, the smallest of all. Your pinkie should remind you to pray for yourself. When you are finished praying for the other four groups, you will be able to see your own needs but in the proper perspective, and also you will be able to pray for your own needs in a better way.

Recently Deceased: Mary Pakkianathan, Phyllis Keltie (Mountview).

Anniversaries: Maria Bahamondes; Clarence Becker; William Brennan; Immacolata Buonopane; Aloysius Camilleri; Fr Greg Collins; Frances McGuinness; Frank Mestrov; Melchiorre Montagner; Ethel Mulach; Mary Murray; Doras Rogers; Lino Lanza.

Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Mark Ransom, Pamela Brown, Anne Rosewarne; Monica Boyton, Mary Smith.