

Found after last Weekend

A set of keys outside the Parish Centre. Please contact Fr Rem or the parish office to see if they are yours.

At home retreat | 1-29 August

Heart of Life is offering an "At-home Retreat: Held in Hope" – over five weeks, beginning Monday, 1 August and concluding 29 August. This at-home retreat, invites you to spend some time in prayer at home each day pondering your experiences of the day, and to be accompanied by a retreat-companion weekly, via Zoom for 45 minutes, on how God might have been present for you. A small donation will be welcome. To register your interest, please call 9890 1101 or email info@heartoflife.melbourne, no later than 18 July 2022.

Kakadu/Darwin Pilgrimage with Fr Dan Benedetti MGL | August 20-28

Fr Dan will be leading a Top End Encounter Pilgrimage on August 20-28. This amazing opportunity promises to bring together the spectacular Top End of Australia (Darwin, Kakadu, Tiwi Islands and Katherine Gorge) with the faith and spirituality of our Aboriginal brothers and sisters. Harvest Journeys continues its mission to immerse people in the grace of pilgrimage. Time is running out. So for more information please go to: <https://www.harvestjourneys.com/tour/top-end/>

Save the date | 17 September

Caring for Creation Conference on 17 September at John Paul II College in Gungahlin. Holy Spirit Parish, Gungahlin is holding a conference on how to achieve the goals of Laudato Si' – On Care for Our Common Home. The Pope has called all our Parishes, schools, families and individuals to help save the planet and one another from greed, consumerism and climatic change. Our Bishops have called us to respond to: The Cry of the Earth – The Cry of the Poor. Everything is connected. Saturday, 17 September is the day to work together to change ourselves, each other and the planet. Contact: alisonmweeks@bigpond.com

Aid to the Church in Need Australia

In 2021 alone, 565,000 religious books were produced and distributed with the help of ACN. Often in poor countries, the child's Bible is the first book that children receive in their own language and frequently it is the only picture book that the little ones can get hold of in their entire lives. Can you help us continue this important work in distributing religious books throughout the world? Visit www.aidtochurch.org/bibles Enquiries: michaellast.mgl@gmail.com



Archdiocesan Code of Conduct

It has been 3 years since the Code of Conduct was introduced in the Archdiocese. And so they are now due for re-signing. We are required to have a current signed Code of Conduct acknowledgement form for all volunteers for the parish, regardless of whether they require a WWVP card or Working with Children Check. You can find the Code of Conduct and acknowledgement on the Archdiocesan website <https://cgcatholic.org.au/professional-standards/child-protection-code-of-conduct/>.

Or there are copies of the acknowledgement forms in the Church. If you need help accessing a copy of the Code to read please contact the parish office.

Save the Date

30 November for the the Reopening and Blessing of the restored Sts Peter and Paul's Cathedral Goulburn. 11am Mass and celebration. For information contact admin@sppoc.com.au

Proposed Changes to the Discrimination Act

You may be aware that the ACT Government has released an exposure draft of a bill that would amend the territory's *Discrimination Act*. Proposed changes would impact religious bodies (including faith-based schools) as well as clubs and voluntary bodies. You can access the draft bill [https://hdp-au-prod-app-act-yoursay-files.s3.ap-southeast-2.amazonaws.com/5916/5405/1134/J2022-244-Discrimination Amendment Bill 2022-D06 Final.PDF](https://hdp-au-prod-app-act-yoursay-files.s3.ap-southeast-2.amazonaws.com/5916/5405/1134/J2022-244-Discrimination%20Amendment%20Bill%202022-D06%20Final.PDF) and accompanying fact sheet [https://hdp-au-prod-app-act-yoursay-files.s3.ap-southeast-2.amazonaws.com/5616/5413/0668/Fact Sheet - Exposure Draft Discrimination Amendment Bill 2022.pdf](https://hdp-au-prod-app-act-yoursay-files.s3.ap-southeast-2.amazonaws.com/5616/5413/0668/Fact%20Sheet%20-%20Exposure%20Draft%20Discrimination%20Amendment%20Bill%202022.pdf) if you have any feedback or wish to make your thought known please email kikkert@parliament.act.gov.au

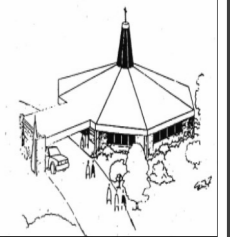
16 & 23 July Evenings for the Engaged

Evenings for the Engaged marriage preparation course. 2 consecutive Saturdays 9am-3pm in Murrumbateman \$150 includes catering and resources. Presented by married couples and a priest. Time provided for couple to discuss topics privately. Register at www.marriagefamily.org.au Enquiries 0451670041 prugordon@gmail.com

6 & 7 August Engaged Encounter Retreat

A two day marriage preparation program in Sydney which provides engaged couples with deeper insights into each other and into married life. \$290 not including accommodation. Information & registration at www.marriagefamily.org.au

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Parish Team:

Parish Office Hours: 9.00am—12noon

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55) Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number: (02) 6239 6772

Website: cg.org.au/narrabundah/home.aspx

Fr Rembert Fernando, MGL (Parish Priest)

Fr Baiju Thomas, MGL (Mission Centre Director)

Fr Chris Eaton, MGL (Mission Centre Co-Director),

Cathy Schneider (Finance Officer Wednesday 8am—12pm)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

17th Sunday in Ordinary Time 23 July & 24 July 2022

God's Word reflection

Today's readings highlight for us that however we define prayer, it is ultimately about relationship. They show us an uncompromising level of intimacy with God. Abraham dares to bargain with God, and God in return does not hesitate to keep forgiving the people of Sodom for the sake of the just. Jesus too uses examples of great human intimacy, asking help from a friend in the middle of the night, and a boy asking his Dad for food. The psalmist sums it up so well in saying: You stretch out your hand and save me Lord, on the day I called for help, you answered me. We might ask ourselves: how intimate am I in my relationship with God? Do I willingly spend time in prayer? Do I honestly present my needs before God in prayer? Am I humble enough to call for help in my prayer? The great saint, Teresa of Avila reminds us that 'prayer is ... nothing else that an intimate sharing between friends, frequently spending time alone with the one whose love of us is beyond doubt (Life, 8) may our prayer this week be grounded in this love beyond doubt.

Urgently Needed

We need parishioners to join in our ministries of Church Cleaning, Welcoming, Reading and Special Ministers of Communion. Father is very grateful for our current volunteers but, without new members, we will soon run out of people to provide these services. Father asks you to consider urgently whether you can volunteer to join one or more of these ministries that keep the parish going. Please use the form in the foyer of the church to nominate for the rosters along with your contact details. Or phone the office and leave your details there.

Parish Secretary Position, Narrabundah

People are invited to apply for the position of Parish Secretary for our parish. This is a part-time permanent position (12 hours per week). For more information please contact the Parish Office.

Prayer for Peace and Justice in Ukraine

God of peace and justice, who change the hardened heart and break the power of violence, we entrust the people of Ukraine to you.

Protect them in this time of peril; let them know not death but life, not slavery but freedom.

You are Father to all; we are brothers and sisters.

Give us the strength to live that truth in love, choosing peace not war.

Through Christ our Lord. Amen.

PRAYER FOR THE SECOND WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

I give thanks to you, Lord, for the blessing of a long life For, to those who take refuge in You, grant always to bear fruit.

Forgive, O Lord, resignation and disillusionment, But forsake me not when my strength declines.

Teach me to look with hope to the future you give me, To the mission you entrust to me and to sing your praises without end.

Make me a tender craftsman of Your revolution, To guard with love my grandchildren and all the little ones who seek shelter in You.

Protect, O Lord, Pope Francis and grant Thy Church To deliver the world from loneliness.

Direct our steps in the way of peace.

Amen.

"In old age they will still bear fruit" - Psalm 92:15

Pope Francis has chosen this theme to awaken our collective sense of gratitude and respect for the elderly and to seek new ways of making the elderly a living part of our community.

Not only are young people called upon to show their respect for the lives of older people, but the elderly also have a mission – to pass on their faith.

Each of us, whether single or married, religious or priest, share in this mission. Let's reflect on some particular ways in which it is lived out by grandparents and the elderly.

St Benedict's Catholic Parish acknowledges the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

24 July 2022

First reading Genesis 18:20-32

The Lord said, 'How great an outcry there is against Sodom and Gomorrah! How grievous is their sin! I propose to go down and see whether or not they have done all that is alleged in the outcry against them that has come up to me. I am determined to know.' The men left there and went to Sodom while Abraham remained standing before the Lord. Approaching him he said, 'Are you really going to destroy the just man with the sinner? Perhaps there are fifty just men in the town. Will you really overwhelm them, will you not spare the place for the fifty just men in it? Do not think of doing such a thing: to kill the just man with the sinner, treating just and sinner alike! Do not think of it! Will the judge of the whole earth not administer justice?' the Lord replied, 'If at Sodom I find fifty just men in the town, I will spare the whole place because of them.'

Abraham replied, 'I am bold indeed to speak like this to my Lord, I who am dust and ashes. But perhaps the fifty just men lack five: will you destroy the whole city for five?' 'No,' he replied 'I will not destroy it if I find forty-five just men there.' Again Abraham said to him, 'Perhaps there will only be forty there.' 'I will not do it' he replied 'for the sake of the forty.' Abraham said, 'I trust my Lord will not be angry, but give me leave to speak: perhaps there will only be thirty there.' 'I will not do it' he replied 'if I find thirty there.' He said, 'I am bold indeed to speak like this, but perhaps there will only be twenty there.' 'I will not destroy it' he replied 'for the sake of the twenty.' He said, 'I trust my Lord will not be angry if I speak once more: perhaps there will only be ten.' 'I will not destroy it' he replied 'for the sake of the ten.'

Responsorial Psalm 137:1-3, 6-8

I thank you, Lord, with all my heart:
you have heard the words of my mouth.
In the presence of the angels I will bless you.
I will adore before your holy temple.

I thank you for your faithfulness and love,
which excel all we ever knew of you.
On the day I called, you answered;
you increased the strength of my soul.

Lord., on the day I called for help, you answered me.

The Lord is high yet he looks on the lowly
and the haughty he knows from afar.
Though I walk in the midst of affliction
you give me life and frustrate my foes.

You stretch out your hand and save me,
your hand will do all things for me.
Your love, O Lord, is eternal,
discard not the work of your hands.

Second reading Colossians 2:12-14

You have been buried with Christ, when you were baptised; and by baptism, too, you have been raised up with him through your belief in the power of God who raised him from the dead. You were dead, because you were sinners and had not been circumcised: he has brought you to life with him, he has forgiven us all our sins. He has overridden the Law, and cancelled every record of the debt that we had to pay; he has done away with it by nailing it to the cross.

Gospel Acclamation Jn 1:14, 12

Alleluia, alleluia!
You have received the Spirit which makes us God's children,
And in that Spirit we call God our Father.
Alleluia!

Gospel Luke 11:1-13

Once Jesus was in a certain place praying, and when he had finished one of his disciples said, 'Lord, teach us to pray, just as John taught his disciples.' He said to them, 'Say this when you pray: "Father, may your name be held holy, your kingdom come; give us each day our daily bread, and forgive us our sins, for we ourselves forgive each one who is in debt to us. And do not put us to the test." He also said to them: 'Suppose one of you has a friend and goes to him in the middle of the night to say, "My friend, lend me three loaves, because a friend of mine on his travels has just arrived at my house and I have nothing to offer him"; and the man answers from inside the house, "Do not bother me. The door is bolted now, and my children and I are in bed; I cannot get up to give it you." I tell you, if the man does not get up and give it him for friendship's sake, persistence will be enough to make him get up and give his friend all he wants. 'So I say to you: Ask, and it will be given to you; search, and you will find; knock, and the door will be opened to you. For the one who asks always receives; the one who searches always finds; the one who knocks will always have the door opened to him. What father among you would hand his son a stone when he asked for bread? Or hand him a snake instead of a fish? Or hand him a scorpion if he asked for an egg? If you then, who are evil, know how to give your children what is good, how much more will the heavenly Father give the Holy Spirit to those who ask him!'

PARISH OFFICE HOURS:

Tues – Fri , 9am - 12 noon

WEEKEND MASS TIMES:

Saturday: 6pm (*Vigil*)
Sunday: 9am; 6pm (*Charismatic Mass*)
Fourth Sunday of the Month: 6pm (*Youth Mass*)

WEEKDAY MASS TIMES:

Tuesday: 5.30pm; Wednesday: 12.30pm; Thursday: 5.30pm;
Friday: 5.30pm (*Healing Mass*); Saturday 8.00am

RECONCILIATION:

Friday following Healing Mass from. 6.15pm-7pm

Saturday: 5pm-5.30pm or by appointment

PRAYER OF THE CHURCH:

Saturday: 7.30am

3rd Friday Padre Pio:5pm

BAPTISMS: During weekend Masses or by appointment. See parish website for booking information..

WEDDINGS: by appointment

ANOINTING OF THE SICK:

During the 5.30pm Mass on first Fridays,
10.30am at Jindalee 1st Thursday of the month
10.30am at Mt View 3rd Thursday of the month

ADORATION OF THE BLESSED SACRAMENT:

Monday & Tuesday: 6am-10pm
Wednesday & Thursday: 1pm-10pm; Friday 6am to Saturday 8am
Urgent hours that need to be filled:
Wednesday 3-7pm; Friday 8-9pm.

Hearing Loop is located in the right center rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.

HOUR OF POWER gathers after Tuesday evening 5.30pm Mass for an hour of preaching, adoration, worship and healing. 6.30pm-8.00pm All welcome.

LEGION OF MARY meetings are held every Sunday at 10.30am at St Benedict's Outreach Centre. New members are welcome. Please contact Theresa Rees: 0402 271 531, for more details.



Recently Deceased: Claire Da Silva (Singapore)

Anniversaries: Lloyd Brines; Flora Cobb; Margaret Devine; Dorothy Guest; James Leonard Kirkman; Raymond Lilley; Joseph Lord; Grace McLean; Loiuise Nield; Robert Pirret; Eris Pollard; Joan Roy; Dorothea Szwajcer

Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Mark Ransom, Pamela Brown, Anne Rosewarne. Mary Smith.

ROSTER FOR THIS WEEKEND

23 & 24 July 2022

	Sat 6 pm	Sun 9am
Welcomers	Louise Gaudry	Alma Burg
Readers	Robert Booth Marlene Keir	Grace De Silva; Linda Henry
Offertory	Ian & Rita Smith	Maria Mendoza
Eucharistic Ministers	Brian Barron	Barry Murphy
Flowers, Altar Cleaning	Maria & John Michas	
Church Cleaners	Ian Smith & Amir	
Mt View		
Jindalee		

ROSTER FOR NEXT WEEKEND

30 & 31 July 2022

1ST READING Ecll 1:2, 2:21-23	2ND READING Col 3:1-5, 9-11	GOSPEL Lk 12:13-21
Sat 6 pm		Sun 9am
Welcomers	Carmel & Peter	Barry Murphy
Readers	BA Daly; Louise Gaudry	Madison Acton; Joshua De Silva
Offertory	Bennett Family	Grace De Silva
Eucharistic Ministers	Nhung Booth	Janice Kelly
Flowers, Altar Cleaning	Anne Sutherland & Ann Hill	
Church Cleaners	TBC	
Mt View		
Jindalee		

19-21 August Worldwide Marriage Encounter Virtual Weekend

Worldwide Marriage Encounter conducted by Zoom allowing couple to attend from the comfort of their own home. The weekend starts at 7PM on Friday 19 August and concludes with Mass at 4pm on Sunday 21 August. Book online at www.wwme.org.au or contact Mercy & James Bvirakare on 0409 183 676 or vicbooking@wwme.org.au

22 August Natural Fertility Awareness Week

A free webinar entitled "Fertility Literacy in the Digital World ~ the best use of fertility tracking apps" is being held on Monday 22nd August at 7.30pm. See the Billings LIFE Website for details. Three guests (NZ Enquiries: Joanne Widdup 0414 165 848

