

PARISH NEWS

St Benedict's Parish Census forms

Dear parishioners, we are trying to complete our parish database that we want to use for all communications. However, we do not have full details for all parishioners and sometimes we just have a name. If you haven't yet completed and returned a Census form, Father would be very grateful for your help in sending the form to the office as soon as possible. Census forms are in the foyer.

A more complete database helps the parish to function effectively because we can contact you at the right place, provide assistance more efficiently (eg home visits), protect your parish work (eg keeping Working With Vulnerable People cards current) and keeping you in better touch with what's happening in the parish.

Request for volunteers to clean the Church

Recently a few of our wonderful volunteers who clean the Church have had to step back. If any parishioners have the time to volunteer to clean the Church for two hours on a Saturday morning (approximately once every 4 weeks), please contact the Parish office to be placed on the roster.

The Liturgical rosters: There are currently some vacancies in the parish rosters. If you would like to volunteer or make changes to your current availability please contact the Parish office. Narrabundah@cg.org.au

Evenings for the Engaged

A marriage preparation course run over two consecutive Saturdays on 29 January and 5 February, 9am-3.30pm in Murrumbateman. \$150 includes catering and resources. Presented by married couples and a Priest. Time provided for couple to discuss topics privately. Register at www.marriagefamily.org.au. Enquiries 0451 670 041 prugordon@gmail.com.

Pastoral and Spiritual Care Training

Is your New Year's Resolution to try something new? Maybe it's to get more involved in the community? Then why not combine both by enrolling in a Clinical Pastoral Education (CPE) Introductory Course. This 5 day course is a great way to get a feel for pastoral and spiritual care and includes topics such as: What is Pastoral/ Spiritual Care; empathy, grief and loss, spiritual reflection and self-care. It runs on 5 Wednesdays from Mar 2 to Mar 30, 9-5pm in Queanbeyan and costs \$400. It is followed by a longer CPE unit for those interested in more in-depth training in spiritual care. Enrolments close soon. Please contact Susanne Schmidt for enrolment on 0431 243 486 or at susannecpe@gmail.com

Let us pray for those in our parish

Recently Deceased: George Wyer, Sr M Andre Guthrie, RSJ (Goulburn); Heinrich Frank; Marvel Nobleza; Dorothy Lamb, Ignacio Serrano.

Anniversaries: George Bradbury, Ian Davis, Julie Diedo, May Ford, Mary Ford, Rosa Gallace, Margaret Jane Godworth, Anthony Hayes, Leo Keir, Veronica Laird, Kerry Leal, Lyndall Reid, David Stephenson, Antoni Szwajcer, Harold Woods.

Other Celebrations:

Our Sick: Jindalee & Mt View residents, Julia Brown, Mitchell White, Germaphi, Leita Barron, Lorraine Davis, Mathew, Frank Smith, Lyn Walker, Louis Pini, Anthony, Helen French, Clem Dick, Flora Arias, Pat Atkins, Carol Rees, Fr Laurie Blake, Mark Ransom, Pamela Brown, Caroline Evans.



READINGS & ROSTER FOR THIS WEEKEND 22 & 23 January (3rd Sunday in Ordinary Time)

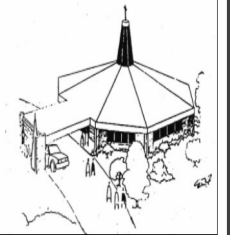
	Sat 6pm	Sun 9am
Welcomers	Volunteer needed	Volunteer needed
Readers	BA Daly Louise Gaudry	Barry Murphy Asterie ToNiyonsenge
Presentation of the Gifts	Brian & Leita Barron	
Eucharistic Ministers	Robert Booth	Janice Kelly
Flowers, Altar Cleaning	Sue Neimanis & Anne Sutherland	
Church Cleaners	Don & Jennifer Nguyen	
Mt View		
Jindalee		

ROSTER FOR NEXT WEEKEND 29 & 30 January (4th Sunday in Ordinary Time)

	Sat 6pm	Sun 9am
1ST READING Jer 1:4-5, 17-19	2ND READING 1 Cor 12:31-13:13	GOSPEL Lk 4:21-30
Welcomers	Carmel and Peter Pistor	Barry Murphy
Readers	Moira Najdecki H Bramanathan	Christopher Ruzario Asterie ToNiyonsenge
Presentation of the Gifts	Nick & Maria Marzano	
Eucharistic Ministers	Caroline Evans	Julie Douglas
Flowers, Altar Cleaning	Claudine Smith, Louise Gaudry & Margie Arvellino	
Church Cleaners	Loreena D'Silva & Nhung Booth	
Mt View		
Jindalee		

St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country and commit ourselves to the ongoing journey of Reconciliation.

St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number: (02) 6239 6772

Email: Narrabundah@cg.org.au

Website: <http://cg.org.au/narrabundah/Home.aspx>

Parish Team:

Fr Rembert Fernando MGL (Administrator)

Fr Baiju Thomas MGL (Mission Centre Director)

Ellen Thomas (Parish Secretary)

Cathy Schneider (Finance Officer, Wednesday 8.00am—12midday)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

Jeremiah Wilkes (Youth Minister)

3rd Sunday in Ordinary Time 22 & 23 January 2022

PARISH OFFICE HOURS:

Tues – Fri 9am - 12pm

WEEKEND MASS TIMES: WEEKDAY MASS TIMES:

Saturday 6pm (Vigil)	Tuesday 5.30pm
Sunday 9am	Wednesday 12.30pm
Sunday 6pm (Charismatic Mass)	Thursday 5.30pm
Sunday 6pm (Youth Mass) – (Fourth Sun of the Month)	Friday 5.30pm (Healing Mass) Saturday 8.00am

RECONCILIATION:

Friday following Healing Mass from 6.15pm-7pm
Saturday 5pm-5.30pm or by appointment

PRAYER OF THE CHURCH:

Every 3rd Friday Padre Pio 5pm
Every Saturday 7.30am

BAPTISMS: during Weekend Masses or by appointment

WEDDINGS: By appointment

ANOINTING OF THE SICK:

During the 5.30pm Mass on first Fridays,
10.30am at Jindalee 1st Thursday of the month
10.30am at Mt View 3rd Thursday of the month

Adoration daily hours:

(Closed 18 Dec – 30 Jan)

Monday 6am-10pm Tuesday 6am-10pm
Wednesday 1pm-10pm Thursday 1pm-10pm
Friday 6am to Saturday 8am

Hearing Loop is located in the right centre rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.

ST BENEDICT'S WORSHIP GROUP gathers after Thursday evening 5.30pm Mass for an hour of adoration, worship and intercession. All welcome.

God's Word reflection: When Jesus returned to his hometown of Nazareth, while many people were delighted with his gracious words, there were others who were reluctant to accept him as anything extraordinary. 'Surely, this is Joseph's son!' they exclaim. Frequently we overlook the uniqueness of persons with whom we are familiar, and can come to take them for granted. People and things which we see or experience often soon cease to impress us, and our appreciation can grow cold or disappear altogether. In this context, it is good to remind ourselves of the incalculable worth of other individuals—not merely their merits or usefulness to us, but their uniqueness, value and dignity in the sight of God. In many cultures, 'over-familiarity' with another person is considered a sign of discourtesy and disrespect. There is perhaps a hidden wisdom in such traditions. Let us never presume to know others completely; let us never presume to define or limit them. For each of them truly bears the image of the unknown God—ineffable, infinite and transcendent.

Out of lockdown

Dear brothers and sisters, great news! Masses have recommenced at the usual times. **170 people** are able to attend each Mass in person. Please follow social distancing and sanitise before entry. Face mask are mandatory indoors for those 12 years and above. Parishioners are not required to produce evidence of vaccination. **Upon entry please sign in using the CBR app, if you are unable to do so please use the sign in sheets that are available.** There is also a Check In CBR card available for those without the app: call **13 22 81**. If you are unwell due to immunity issues it is better to stay home.

The Adoration roster will recommence on Monday 31 January. Thankyou all for your prayerful support and look forward to seeing you again at the end of January. Anne Sutherland 0413203901.

3rd Sunday in Ordinary Time Year C

23 January 2022

First reading Nehemiah 8:2-6,8-10

Ezra the priest brought the Law before the assembly, consisting of men, women, and children old enough to understand. This was the first day of the seventh month. On the square before the Water Gate, in the presence of the men and women, and children old enough to understand, he read from the book from early morning till noon; all the people listened attentively to the Book of the Law.

Ezra the scribe stood on a wooden dais erected for the purpose. In full view of all the people – since he stood higher than all the people – Ezra opened the book; and when he opened it all the people stood up. Then Ezra blessed the Lord, the great God, and all the people raised their hands and answered, ‘Amen! Amen!’ Then they bowed down and, face to the ground, prostrated themselves before the Lord. And Ezra read from the Law of God, translating and giving the sense, so that the people understood what was read.

Then Nehemiah – His Excellency – and Ezra, priest and scribe, and the Levites who were instructing the people, said to all the people, ‘This day is sacred to the Lord your God. Do not be mournful, do not weep.’ For the people were all in tears as they listened to the words of the Law.

He then said, ‘Go, eat the fat, drink the sweet wine, and send a portion to the man who has nothing prepared ready. For this day is sacred to our Lord. Do not be sad: the joy of the Lord is your stronghold.’

Responsorial Psalm 18:8-10,15

Your words, Lord, are spirit and life.

The law of the Lord is perfect,
it revives the soul.
The rule of the Lord is to be trusted,
it gives wisdom to the simple.

R/-

The fear of the Lord is holy,
abiding for ever.
The decrees of the Lord are truth
and all of them just.

R/-

The precepts of the Lord are right,
they gladden the heart.
The command of the Lord is clear,
it gives light to the eyes.

R/-

May the spoken words of my mouth,
the thoughts of my heart,
win favour in your sight, O Lord,
my rescuer, my rock!

R/-

Second reading 1 Corinthians 12:12-30

Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.

Nor is the body to be identified with any one of its many parts. If the foot were to say, ‘I am not a hand and so I do not belong to the body’, would that mean that it stopped being part of the body? If the ear were to say, ‘I am not an eye, and so I do not belong to the body’, would that mean that it was not a part of the body? If your whole body was just one eye, how would you hear anything? If it was just one ear, how would you smell anything?

Instead of that, God put all the separate parts into the body on purpose. If all the parts were the same, how could it be a body? As it is, the parts are many but the body is one. The eye cannot say to the hand, ‘I do not need you’, nor can the head say to the feet, ‘I do not need you.’

What is more, it is precisely the parts of the body that seem to be the weakest which are the indispensable ones; and it is the least honourable parts of the body that we clothe with the greatest care. So our more improper parts get decorated in a way that our more proper parts do not need. God has arranged the body so that more dignity is given to the parts which are without it, and that there may not be disagreements inside the

body, but that each part may be equally concerned for all the others. If one part is hurt, all parts are hurt with it. If one part is given special honour, all parts enjoy it.

Now you together are Christ’s body; but each of you is a different part of it. In the Church, God has given the first place to apostles, the second to prophets, the third to teachers; after them, miracles, and after them the gift of healing; helpers, good leaders, those with many languages. Are all of them apostles, or all of them prophets, or all of them teachers? Do they all have the gift of miracles, or all have the gift of healing? Do all speak strange languages, and all interpret them?

Gospel Acclamation Luk4:18

*Alleluia, alleluia!
The Lord sent me to bring good news to the poor
and freedom to prisoners.
Alleluia!*

Gospel Luke 1:1-4,4:14-21

Seeing that many others have undertaken to draw up accounts of the events that have taken place among us, exactly as these were handed down to us by those who from the outset were eyewitnesses and ministers of the word, I in my turn, after carefully going over the whole story from the beginning, have decided to write an ordered account for you, Theophilus, so that your Excellency may learn how well founded the teaching is that you have received.

Jesus, with the power of the Spirit in him, returned to Galilee; and his reputation spread throughout the countryside. He taught in their synagogues and everyone praised him.

He came to Nazara, where he had been brought up, and went into the synagogue on the sabbath day as he usually did. He stood up to read and they handed him the scroll of the prophet Isaiah. Unrolling the scroll he found the place where it is written:

The spirit of the Lord has been given to me, for he has anointed me.

He has sent me to bring the good news to the poor, to proclaim liberty to captives and to the blind new sight, to set the downtrodden free, to proclaim the Lord’s year of favour.

He then rolled up the scroll, gave it back to the assistant and sat down. And all eyes in the synagogue were fixed on him. Then he began to speak to them, ‘This text is being fulfilled today even as you listen.’