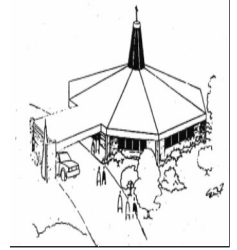


St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)
Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number : (02) 6239 6772

Email: Narrabundah@cg.org.au

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Parish Team:

Fr Dan Benedetti MGL (Parish Priest)

Fr Baiju Thomas (Mission Centre)

Fr Rembert Fernando MGL (Asst Priest)

Monica Nulley-Valdes (Parish Secretary)

Karina Widjaja (Finance Officer)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

Fourth Sunday of Lent 21 and 22 March 2020

Message from Father Dan regarding new guidelines

Dear St Benedict's brothers and sisters,
As of last Wednesday 18 March, Archbishop Christopher has sent **new guidelines** as to the practice of our faith, due to the serious nature of the Corona Virus.

The **Sunday obligation to go to Mass has been suspended**, which means there is no obligation for anyone to go to Mass on Sunday (or the Saturday Vigil) in our Archdiocese until further notice. People are encouraged to pray at home and find Mass online where available.

We intend, at least for now, to offer Masses in accordance with Medical and Archdiocesan Protocols, but **we ask the following people not to attend Mass:**

- the elderly and frail (explicitly those 75 and over)
 - those who have low immune systems
- the sick, especially those who are displaying flu like symptoms
- Those tested positive for the Corona virus

If you know elderly or sick people please contact them, ask them if they need help and inform them of the Parish's new practices. If anyone needs practical, emotional or spiritual support please call the St Benedict's Emergency number. It may be helpful if some parishioners would like to set up a practical Support Group for elderly or vulnerable people.

All gatherings of over 100 people have also been suspended. First Reconciliation and First Holy Communion have been postponed.

For those who decide to come to Mass:

- please practice the highest level of hygiene

- Practice social distancing (seek to stay at least 1.5m from others)

- Last week's protocols are still in place.

- We will also change the way we do the collection. Baskets will be at different places in the church and people will be asked to go to them.

- we are hoping to Stream Mass in the Collins Wing if there are more than 100 people coming for Mass or we may need to have other arrangements.

The current situation may change at short notice and people may be asked not to come to Mass at all, as in other places. We will seek to update people as regularly as possible.

Remain safe and healthy and pray. We are planning to continue Adoration of the Blessed Sacrament with a particular focus on praying for this situation.

PARISH OFFICE HOURS:

Tues – Fri 9am - 12pm

WEEKEND MASS TIMES:

Saturday 6pm

Sunday 9am

Sunday 6pm (*Charismatic Mass*)

Sunday 6pm Youth Mass

(*every last Sun of the Month*)

Saturday 8am

WEEKDAY MASS TIMES:

Tuesday 5.30pm

Wednesday 12.30pm

Thursday 5.30pm

Friday 5.30pm (*Healing Mass*)

STATIONS OF THE CROSS:

Every Friday in Lent at 5:00pm

EUCCHARISTIC ADORATION:

Monday 9am – 8pm

Tuesday 10am – 9pm

Wednesday 11am – 10pm

Thursday 11am – 10pm

Friday 9am – midnight

Saturday 12am – 8am

****hours may vary should the use of the Church be required**

Fourth Sunday of Lent

21 and 22 March 2020

FIRST READING

1 Samuel 16:1,6-7,10-13

David is anointed by Samuel

The Lord said to Samuel, 'Fill your horn with oil and go. I am sending you to Jesse of Bethlehem, for I have chosen myself a king among his sons.' When Samuel arrived, he caught sight of Eliab and thought, 'Surely the Lord's anointed stands there before him,' but the Lord said to Samuel, 'Take no notice of his appearance or his height, for I have rejected him: God does not see as man sees: man looks at appearances but the Lord looks at the heart.' Jesse presented his seven sons to Samuel, but Samuel said to Jesse, 'The Lord has not chosen these.' He then asked Jesse, 'Are these all the sons you have?' He answered, 'There is still one left, the youngest; he is out looking after the sheep.' Then Samuel said to Jesse, 'Send for him; we will not sit down to eat until he comes.' Jesse had him sent for, a boy of fresh complexion, with fine eyes and pleasant bearing. The Lord said, 'Come, anoint him, for this is the one.' At this, Samuel took the horn of oil and anointed him where he stood with his brothers; and the spirit of the Lord seized on David and stayed with him from that day on.

RESPONSORIAL PSALM

Psalm 22(23)

The Lord is my shepherd; there is nothing I shall want.

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the pastures
where he gives me repose.
Near restful waters he leads me,
to revive my drooping spirit.

He guides me along the right path;
He is true to his name.
If I should walk in the valley of darkness
no evil would I fear.
You are there with your crook and your staff;
with these you give me comfort.

You have prepared a banquet for me
in the sight of my foes.
My head you have anointed with oil;
my cup is overflowing.

Surely goodness and kindness shall follow me
all the days of my life.
In the Lord's own house shall I dwell
for ever and ever.

SECOND READING

Ephesians 5:8-14

Anything exposed by the light will turn into light

You were darkness once, but now you are light in the Lord; be like children of light, for the effects of the light are seen in complete goodness and right living and truth. Try to discover what the Lord wants of you, having nothing to do with the futile works of darkness but exposing them by contrast. The things which are done in secret are things that people are ashamed even to speak of; but anything exposed by the light will be illuminated and anything illuminated turns into light. That is why it is said: Wake up from your sleep, rise from the dead, and Christ will shine on you.

GOSPEL ACCLAMATION

John:8:12

Glory to you, Word of God, Lord Jesus Christ!

I am the light of the world, says the Lord;
whoever follows me will have the light of life.

Glory to you, Word of God, Lord Jesus Christ!

GOSPEL

John 9:1,6-9,13-17,34-38

The blind man went off and washed himself, and came away with his sight restored

As Jesus went along, he saw a man who had been blind from birth. He spat on the ground, made a paste with the spittle, put this over the eyes of the blind man, and said to him, 'Go and wash in the Pool of Siloam' (a name that means 'sent'). So the blind man went off and washed himself, and came away with his sight restored. His neighbours and people who earlier had seen him begging said, 'Isn't this the man who used to sit and beg?' Some said, 'Yes, it is the same one.' Others said, 'No, he only looks like him.' The man himself said, 'I am the man.' They brought the man who had been blind to the Pharisees. It had been a Sabbath day when Jesus made the paste and opened the man's eyes, so when the Pharisees asked him how he had come to see, he said, 'He put a paste on my eyes, and I washed, and I can see.' Then some of the Pharisees said, 'This man cannot be from God: he does not keep the Sabbath.' Others said, 'How could a sinner produce signs like this?' And there was disagreement among them. So they spoke to the blind man again, 'What have you to say about him yourself, now that he has opened your eyes?' 'He is a prophet' replied the man. 'Are you trying to teach us,' they replied 'and you a sinner through and through, since you were born!' And they drove him away. Jesus heard they had driven him away, and when he found him he said to him, 'Do you believe in the Son of Man?' 'Sir,' the man replied 'tell me who he is so that I may believe in him.' Jesus said, 'You are looking at him; he is speaking to you.' The man said, 'Lord, I believe', and worshipped him.

PARISH NEWS

Catholic Military Ordinariate Anzac Day Mass Cancelled:

Given the Commonwealth Government's directives in response to COVID-19, The Catholic Diocese of the Australian Military Services has decided to cancel the National ANZAC Day Mass that was to be held at St Christopher's Cathedral on 25 April 2020. We too are mindful of the wellbeing of our veterans and the wider communities at this time, and fully support the Government's initiatives in response to the ongoing threat of COVID-19. We thank you for your ongoing support for the National ANZAC Day Mass. Whilst we recognise there will be no Mass at the Cathedral on ANZAC Day, we will remember with great devotion the supreme sacrifice paid by so many for the freedom of our country.

Amicus gatherings: In the interest of AMICUS, our members, their families and the wider community we are suspending all AMICUS activities until further notice when this Coronavirus emergency is no longer a threat to us all. We look forward to resuming again then.

Young Men of God (YMG)- An invitation to young men (18+):

Young Men of God (YMG) is a Catholic movement consisting of young men witnessing to the world. We are empowered by the truth and our mission is to encourage young men to follow God's call in their own lives while journeying with us as brothers in Christ for the greater good of society. Every Tuesday in lent, there will be a group of young men gathering together to reflect on the upcoming Sunday gospel. We start at 6:30pm with dinner at Beach Burrito Co. in the city before moving over to Highgate Canberra at 7:30pm. For more information join our Facebook group - Young men of God Canberra or ring Nathan Tran at 0422 546 517.

Parish Pilgrimage: *In the Footsteps of Sts Benedict, Francis, Anthony & Padre Pio*—Consider Joining **Father Dan** on a magnificent pilgrimage **with St Benedict, St Francis and St Anthony. Departing September 2020.** For more information call or email the Parish Office or Fr Dan. We are currently waiting for further advice due to the Coronavirus.

St Benedict's Abba Father Worship Group meets after Thursday 5.30pm Mass from 6:15pm to 7pm for intercession and worship. All are welcome to join.

Thursday morning visitation: If any parishioners would like a chat with one our MGL brothers or sisters on a Thursday morning, or know of anyone who would welcome a visit, please contact our Parish Office.

Marian Statue: If you would like to have Our Lady in your home, please write your name and contact details in the "Marian Statue" record book which will live on a table in the confessional. It will then be your responsibility to co-ordinate the exchange of Our Lady with the previous custodian. We ask that visits be kept to around 2 weeks duration. If there is nobody next on the list, please keep her safely with you until somebody requests a visit! If you have any questions or any issues arise, please contact Ingrid Kensey on 0401 489 525 or ingridparker86@gmail.com.

As A Parish Let Us Pray For...

Our Sick: Frank Smith, Lyn Walker, Louis & Pam Pini, Anthony, Clem Dick, Dorothy Lamb, Lorraine Davis, Mathew, Noeleen Carrick, Flora Arias, Pat Atkins, Helen French, Carol Rees, Rhys Evans, Jindalee & Mt View residents.

Recently Deceased & Anniversaries: Antonia Martin, Lino Lanza, Ian Patterson, Marie-Josepha Mukankuranga, Rosa and Ilario Gallace, Tom Daly, Cyril Power, Margaret Burnell, Ruth Uwimana, Fred Martin, George Douglas, Patsy Wyer, Stanley Marris, Merle Taylor, Betty O'Brien, Zeta Evans, Brian Power, John Agius, Joyce Cremer, Gerry Agnew, Ray Coppin, Ellen Brennan, Sr Zita Barron, Pat Evans, Joan Evans, William Smith, Athol Knight, Beth Moran, Clare Drinkwater, Ian Smith & family, Heather Daly, John De Freitas, Louis Camilleri, Jim Kirkman, Barbara Jeffery, Edna Keir, Lawrence Power, Barrie Marshall, Sam & Nina Agius

ROSTER FOR THIS WEEKEND 21 & 22 March

	Sat 6 pm	Sun 9am
Welcomers	Carmel and Peter Pistor	Barry Murphy
Readers	BA Daly Louise Gaudry	P & C Moncuquet
Presentation of the Gifts	Bennett family	vacant
Eucharistic Ministers	Maria Michas Caroline Evans	Maurie & Bernice Boland
Flowers, Altar Cleaning	Mary Brown, Emy Nichols and Mattia Wellspring	
Church Cleaners	Ian Smith and Brad Hognio	
Mt View	Carmel Henry	
Jindalee	N/A—Jindalee closed to public	

READINGS & ROSTER FOR NEXT WEEKEND 28 & 29 March

<u>1ST READING</u> Ez 37:12-14	<u>2ND READING</u> Rom 8:8-11	<u>GOSPEL</u> Jn 11:1-45
	Sat 6 pm	Sun 9am
Welcomers	Louise Gaudry	Alma Burg
Readers	Marlene Keir Maria Michas	Barry Murphy Asterie ToNiyonsenge
Presentation of the Gifts	Jeffery family	Vacant
Eucharistic Ministers	Rita Parker B Barron	B Murphy Peter Stauffer
Flowers, Altar Cleaning	Louise Gaudry, Margie Avellino and Claudine Smith	
Church Cleaners	Shruti Ruzario and Nhung Booth	
Mt View	MGL Narrabundah	
Jindalee	N/A—Jindalee closed to the public	

*St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country*