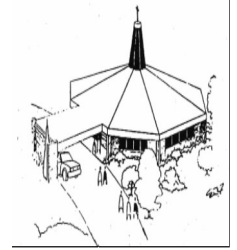


# St Benedict's Catholic Church



In the care of the Missionaries of God's Love

Corner of Sturt Ave & Jerrabomberra Ave (PO Box 55)  
Narrabundah ACT 2604

Tel: +61 (02) 6295 7879/ Parish Office

Emergency Number : (02) 6239 6772

Email: [Narrabundah@cg.org.au](mailto:Narrabundah@cg.org.au)

Website: [www.cg.org.au/narrabundah](http://www.cg.org.au/narrabundah)

## Parish Team:

Fr Dan Benedetti MGL (Parish Priest)

Fr Baiju Thomas (Mission Centre)

Fr Rembert Fernando MGL (Asst Priest)

Monica Nulley-Valdes (Parish Secretary)

Karina Widjaja (Finance Officer)

Adrian Wellspring (Spiritual Direction & Personal Vocation)

## Third Sunday of Lent 14 and 15 March 2020

### PARISH OFFICE HOURS:

**Tues – Fri 9am - 12pm**

#### **WEEKEND MASS TIMES:**

Saturday 6pm  
Sunday 9am  
Sunday 6pm (*Charismatic Mass*)  
Sunday 6pm Youth Mass  
(every last Sun of the Month)

Saturday 8am

#### **WEEKDAY MASS TIMES:**

Tuesday 5.30pm  
Wednesday 12.30pm  
Thursday 5.30pm  
Friday 5.30pm (*Healing Mass*)

#### **STATIONS OF THE CROSS:**

Every Friday in Lent at 5:00pm

#### **RECONCILIATION:**

Friday following Healing Mass from. 6:15-7pm  
Saturday 5pm – 5.30pm or by appointment

#### **PRAYER OF THE CHURCH:**

Every Saturday 7.30am

#### **ROSARY:**

Saturdays after 8.00am Mass  
Thursdays – 7.00pm (during May & October)

**BAPTISMS:** during Weekend Masses or by appointment

**WEDDINGS:** By appointment

#### **ANOINTING OF THE SICK:**

During the 5.30pm Mass on first Fridays,  
10.30am at Jindalee 1<sup>st</sup> Thursday of the month  
10.30am at Mt View 3<sup>rd</sup> Thursday of the month

#### **EUCHARISTIC ADORATION:**

Monday 9am – 8pm  
Tuesday 10am – 9pm  
Wednesday 11am – 10pm  
Thursday 11am – 10pm  
Friday 9am – midnight  
Saturday 12am – 8am

**\*\*hours may vary should the use of the Church be required**

**Hearing Loop** is located in the right Centre rows of the church. Please ensure your hearing aid is tuned to make the best use of this facility.

### Our Lenten journey

Let's continue to draw close to the Lord during this Holy Season. Let's continue our prayer, fasting and works of Charity. We invite you to join the Stations of the Cross every Friday in Lent at 5:00pm.

### Coronavirus Health Protocols

Archbishop Prowse has asked us to follow medical advice in reducing the possibility of spreading the Coronavirus. Primarily, this involves refraining from touching during the sign of peace, receiving Communion only on the hand and not receiving the Blood of Christ. The Archdiocesan message can be found in the foyer or on their website.

### RCIA and First Reconciliation Candidates

Today we present our RCIA candidates to the community at Mass. Please make them feel welcome and keep them in your prayers. Our First Reconciliation candidates will receive the Sacrament on Saturday 4 April and then join us for Mass. Please keep them in your prayers.

### Donation of Palms

If any parishioners are able to donate Palm leaves for Palm Sunday to the Parish, we would welcome drop off's to the Church foyer on either Friday 3rd or Saturday 4th of April.

### Holy Week Liturgies—volunteers required

St Benedict's are looking for a team of people willing to organise the Holy Week Liturgies. If anyone is interested, please contact Fr Baiju on [baijuthomasis@gmail.com](mailto:baijuthomasis@gmail.com), or contact the Parish Office.

# Third Sunday of Lent

## 14 and 15 March 2020

### FIRST READING

***Exodus 17:3-7***

***Strike the rock, and water will flow from it***

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' the Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

### RESPONSORIAL PSALM

***Psalm 94(95): 1-2,6-9***

**If today you hear his voice, harden not your hearts.**

Come, ring out our joy to the Lord;  
hail the rock who saves us.  
Let us come before him, giving thanks,  
With songs let us hail the Lord.

Come in; let us bow and bend low;  
let us kneel before the God who made us  
for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand.

O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.'

## **SECOND READING**

***Romans 5:1-2,5-8***

***The love of God has been poured into our hearts***

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. And this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

## **GOSPEL ACCLAMATION**

***John:4:42, 15***

**Glory to you, Word of God, Lord Jesus Christ!**

Lord, you are truly the Saviour of the world;  
give me living water, that I may never thirst again.

**Glory to you, Word of God, Lord Jesus Christ!**

## **GOSPEL**

***John 4:5-16,19-26,39-42***

***A spring of water welling up to eternal life***

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' – Jews, in fact, do not associate with Samaritans. Jesus replied: 'If you only knew what God is offering and who it is that is saying to you: Give me a drink, you would have been the one to ask, and he would have given you living water.' 'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?' Jesus replied: 'Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life.' 'Sir,' said the woman 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water. I see you are a prophet, sir. Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.' Jesus said: 'Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we do know: for salvation comes from the Jews. But the hour will come – in fact it is here already – when true worshippers will worship the Father in spirit and truth: that is the kind of worshipper the Father wants. God is spirit, and those who worship must worship in spirit and truth.' The woman said to him, 'I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.' 'I who am speaking to you,' said Jesus 'I am he.' Many Samaritans of that town had believed in him on the strength of the woman's testimony when she said, 'He told me all I have ever done', so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

# PARISH NEWS

**St Therese Relics—Rose donations required:** We are seeking donations of roses to decorate the Church for the visit of the relics of St Therese of Liseux and her parents on **27 March**. If you are able to assist, please contact Father Baiju or the Parish office.

**Marriage Enrichment Weekend:** *Take the time to step back from everyday distractions and rediscover your relationship!* **17<sup>th</sup> – 19<sup>th</sup> April, 2020 at Mt Carmel Retreat Centre, Varroville, NSW.** Book online at [www.wwme.org.au](http://www.wwme.org.au) or contact Adrian and Janet Sullivan: on 0490 774 419 or [adrian.janet1@bigpond.com](mailto:adrian.janet1@bigpond.com).

**Young Men of God (YMG)- An invitation to young men (18+):** Young Men of God (YMG) is a Catholic movement consisting of young men witnessing to the world. We are empowered by the truth and our mission is to encourage young men to follow God's call in their own lives while journeying with us as brothers in Christ for the greater good of society. Every Tuesday in lent, there will be a group of young men gathering together to reflect on the upcoming Sunday gospel. We start at 6:30pm with dinner at Beach Burrito Co. in the city before moving over to Highgate Canberra at 7:30pm. For more information join our Facebook group - Young men of God Canberra or ring Nathan Tran at 0422 546 517.

**Adoration ministry invitation:** Thanks to the recent promotion of Adoration, the roster of adorers is growing and we are looking for more co-ordinators to oversee full or half day time slots. Anyone enthusiastic about growing this powerful prayer ministry is invited to attend a meeting from 4:30 to 5:30pm this Sunday in the Parish Centre. Contact Anne on 0413 203 901 to find out what this job entails.

**Parish Pilgrimage: *In the Footsteps of Sts Benedict, Francis, Anthony & Padre Pio***—Consider Joining **Father Dan** on a magnificent pilgrimage **with St Benedict, St Francis and St Anthony. Departing September 2020.** For more information call or email the Parish Office or Fr Dan. We are currently waiting for advice due to the Coronavirus.

**St Benedict's Abba Father Worship Group** meets after Thursday 5.30pm Mass from 6:15pm to 7pm for intercession and worship. All are welcome to join.

**Marian Statue:** If you would like to have Our Lady in your home, please write your name and contact details in the "Marian Statue" record book which will live on a table in the confessional. It will then be your responsibility to co-ordinate the exchange of Our Lady with the previous custodian. We ask that visits be kept to around 2 weeks duration. If there is nobody next on the list, please keep her safely with you until somebody requests a visit! If you have any questions or any issues arise, please contact Ingrid Kensey on [0401 489 525](tel:0401489525) or [ingridparker86@gmail.com](mailto:ingridparker86@gmail.com).

## As A Parish Let Us Pray For...

**Our Sick:** Frank Smith, Lyn Walker, Louis & Pam Pini, Anthony, Clem Dick, Dorothy Lamb, Lorraine Davis, Mathew, Noeleen Carrick, Flora Arias, Pat Atkins, Helen French, Carol Rees, Rhys Evans, Jindalee & Mt View residents.

**Recently Deceased & Anniversaries:** Antonia Martin, Lino Lanza, Ian Patterson, Marie-Josepha Mukankuranga, Rosa and Ilario Gallace, Tom Daly, Cyril Power, Margaret Burnell, Ruth Uwimana, Fred Martin, George Douglas, Patsy Wyer, Stanley Marris, Merle Taylor, Betty O'Brien, Zeta Evans, Brian Power, John Agius, Joyce Cremer, Gerry Agnew, Ray Coppin, Ellen Brennan, Sr Zita Barron, Pat Evans, Joan Evans, William Smith, Athol Knight, Beth Moran, Clare Drinkwater, Ian Smith & family, Heather Daly, John De Freitas, Louis Camilleri, Jim Kirkman, Barbara Jeffery, Edna Keir, Lawrence Power, Barrie Marshall, Sam & Nina Agius

## ROSTER FOR THIS WEEKEND 14 & 15 March

	Sat 6 pm	Sun 9am
<b>Welcomers</b>	Leita & B Barron	M Stratford
<b>Readers</b>	Don Jeffery Helen Bennett	School Mass
<b>Presentation of the Gifts</b>	Sally Cotsell BA Daly	School Mass
<b>Eucharistic Ministers</b>	Maria Michas Caroline Evans	J Douglas M Molyneux
<b>Flowers, Altar Cleaning</b>	Cathy Taylor, Tessa Oh and Sue Neimanis	
<b>Church Cleaners</b>	Rita Caputo and Rosemary Caldwell	
<b>Mt View</b>	Maralyn	
<b>Jindalee</b>	Jesus	

## READINGS & ROSTER FOR NEXT WEEKEND 21 & 22 March

	1 <sup>ST</sup> READING 1 Sam 16:1,6-7,10-13	2 <sup>ND</sup> READING Eph 5:8-14	GOSPEL Jn 9:1-41
	Sat 6 pm	Sun 9am	
<b>Welcomers</b>	Carmel and Peter Pistor	Barry Murphy	
<b>Readers</b>	BA Daly Louise Gaudry	P & C Moncuquet	
<b>Presentation of the Gifts</b>	Bennett family	Vacant	
<b>Eucharistic Ministers</b>	Maria Michas Caroline Evans	Maurie & Bernice Boland	
<b>Flowers, Altar Cleaning</b>	Mary Brown, Emy Nichols and Mattia Wellspring		
<b>Church Cleaners</b>	Ian Smith and Brad Hogno		
<b>Mt View</b>	Carmel Henry		
<b>Jindalee</b>	Fr Rem		

*St Benedict's Catholic Parish acknowledge the **Ngunnawal People**, the Traditional Owners who have walked upon and cared for this land for thousands of years. We acknowledge the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander peoples to this country*