

A work of St Benedict's Mission Centre & Disciples of Jesus Covenant Community Program Co-ordinator Adrian Wellspring You were within me, but I was outside . . . You called, you shouted,

and you broke through my deafness.

St Augustine

Become better able to listen to the voice of God speaking within and to grow in an intimate relationship with Him.

The five evenings give a good foundation in St Ignatius of Loyola's teaching on identifying the movement of God in the Christian life.

The teachings give clear practical keys to listening to God's voice and distinguishing His voice from our own thoughts and other voices.

# Runs over five evenings & concludes with a live-in weekend **Program Starts** 24 August 2017

The weekend retreat/workshop will focus on God's particular purpose and loving plan for each person. It will do this through talks and practical exercises regarding Discerning the Will of God in the small and big decisions of life.

Presentations by Sr Judy Bowe, MGL, Fr Dave Callaghan, MGL Sr Katherine Stone, MGL and Adrian Wellspring

Some Quotes from participants on previous programs

"Thank you. The program culminating with the retreat weekend has been like a steady dropping of water cutting away doubts and insecurities that I hold. Praise God for St. Ignatius! You have added immensely to my spiritual and personal growth."

" I hope to apply more of the Ignatian principles in my life. I am hopeful and confident that I'll make the right decisions by applying these principles." "It has been the most enlightening spiritual course that I have ever undertaken. I really did not think that I would get so much out of it, so I was pleasantly surprised and wonderfully blessed."

> "Your words of encouragement have taught me to trust and be patient with the Lord."

Please Turn over for practical details.

## Thursday Evenings, 7:30 to 9:15pm,

24 August

7 & 21 September

5 & 19 October

Please arrive at 7:10pm for first session( 24 Aug 2017) to enable administration

In the Greg Collins Wing at St Benedict's Narrabundah Cost \$25 (\$10 Concession)

> Live-in Weekend 17 - 19 Nov 2017 Silver Wattle Centre, near Bungendore. Cost to be advised.

> Adrian Wellspring, Program Co-ordinator,

is happy to answer your questions about the program.

Mobile: 0421 451 412 or Email: adrianw.stbenedicts@hotmail.com

Please register by forwarding:
Your name; phone number and email address
to St Benedict's Parish office by email: narrabundah@cg.org.au
Or phone: 6295 7879
Payment with registration would be appreciated to St Benedict's Parish.
Direct debit: BSB: 062 786 Account Number: 0000 14992 Ref: LTJ : Name;
credit card by phone, cheque or cash.
PARISH OFFICE HOURS: Tues to Thurs 9am to 3pm

For several people on the program, truths of the faith which they had known in their heads for many years now became alive in their hearts. As a result, they became more attuned to the working of the Holy Spirit and gained deeper insight into the God-given meaning of their life and experiences. (Adrian Wellspring)

### THE 'LISTENING TO JESUS' TEAM



#### Sr. Judy Bowe MGL

Judy has been a MGL Sister for 26 years and currently is the Leader of the MGL Sisters. Her desire is that her whole life be focussed on being in love with Jesus. Her favourite activities are running swimming, eating, doing creative stuff, talking and laughing with people and listening to their stories about God. She is ambitious to develop, and help others develop, an audacious trust in God's love.

Judy has a Bachelor of Education, Diploma in Religious Education, Diploma in Christian Counselling and Family Therapy, Master of Arts (specialising in Spirituality and Pastoral Ministry), Graduate Diploma in Theology, Graduate Certificate in Leadership and Master's degree in Spiritual Direction with a focus on the Spiritual Exercises of St. Ignatius of Loyola.



#### Fr. David Callaghan MGL

Fr. David is the Novice Master for the Missionaries of God's Love. For the last six years he has been working to help young men in their discernment for priesthood and consecrated life. He has been a Priest for 9 years and has a Master's degree in Theology.



#### Sr. Katherine Stone MGL

Sr. Katherine has been actively listening to Jesus now for 21 years. One thing she heard Him say was – join the Missionaries of God's Love Sisters. She did that 12 years ago and is very glad she listened. She has a Bachelor of Theology degree and has almost completed a Master's degree in Spiritual Direction with a focus on the Spiritual Exercises of St. Ignatius of Loyola. Her full time focus is formation of new MGL Sisters.



#### Adrian Wellspring

Adrian is currently Facilitator Faith and Mission Development at the MGL Mission Centre in Narrabundah. He is married to Mattia and they have four adult children.

Adrian spent about twenty years in human resource management and development in the Public Service. The last 7 years of his career were in education and training where he managed a small team responsible for the design, development and testing of a range of leadership and management training programs. He is passionate about helping lay people learn information and skills that will make a real difference to their faith life; and nurturing the

spiritual growth and destiny of individuals. He has a Graduate Diploma in Religion Studies and a Master's degree in Theological Studies. He is half way through a Master's degree in Spiritual Direction with a focus on the Spiritual Exercises of St. Ignatius of Loyola.