ocean and its waves; men dying of fear as they await what menaces the world, for the powers of heaven will be shaken. And then they will see the Son of Man coming in a cloud with power and great glory. When these things begin to take place, stand erect, hold your heads high, because your liberation is near at hand.'

'Watch yourselves, or your hearts will be coarsened with debauchery and drunkenness and the cares of life, and that day will be sprung on you suddenly, like a trap. For it will come down on every living man on the face of the earth. Stay awake, praying at all times for the strength to survive all that is going to happen, and to stand with confidence before the Son of Man.'

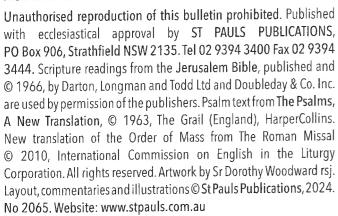
The Gospel of the Lord.

#### WELCOME AND THANK YOU

Today we welcome Fr Michael Trainor as our reflection writer. Fr Michael is senior lecturer in biblical studies with the Australian Catholic University and parish priest of Lockleys in the Archdiocese of Adelaide. His area of specialisation is the study of the New Testament and its relevance for our contemporary world, ecology and pastoral life.

We are very grateful and thank Dr Rosemary Canavan for her insightful reflections on the readings during the past liturgical year.

#### A SERVICE OF THE SOCIETY OF ST PAUL



# Breaking Open the Word

#### **STAY AWAKE!**

On this First Sunday of Advent we come into a new liturgical year with the Gospel of Luke, penned for urban Greco-Roman followers of Jesus, possibly living in Rome in the late first century of the Christian Era, around 85CE.

Today's Gospel proclamation comes from a particular literary style, called 'apocalypticism'. It is a style not to be taken literally. It is more like theological poetry intending its listener to recognise images that come from the writings and prophets of the First ('Old') Testament. Its fundamental insight is a reminder that, despite all the calamity and upheaval present in the world, God is present and liberating. Rather than being overwhelmed by global tragedies and disasters, Luke's audience is encouraged to 'stand erect ... with heads held high' and recognise that freedom and release are near. Jesus followers are to be confident in God's presence and care of them, themes that Luke will repeat throughout the year.

Sometimes we can be overwhelmed by global events. At the beginning of this new liturgical year, today's Gospel proclamation is timely. It is a reminder that a different, divine power is at work. Hence, Luke's injunction, 'Stay awake'. We need this reminder. We can forget or be lulled into a form of spiritual forgetfulness by the unimportant or ephemeral. Advent becomes this precious moment to allow ourselves to view the world with faith and confidence in the continual care of God.

#### Fr Michael Trainor

## THE SAVING WORD

FIRST SUNDAY OF ADVENT / C

1 DECEMBER 2024

#### FIRST READING

Jer 33:14-16

A reading from the prophet Jeremiah

I will cause a good seed to spring forth from David.

See, the days are coming – it is the Lord who speaks – when I am going to fulfil the promise I made to the House of Israel and the House of Judah:

'In those days and at that time,

I will make a virtuous Branch grow for David,

who shall practise honesty and integrity in the land.

In those days Judah shall be saved and Israel shall dwell in confidence.

And this is the name the city will be called: The Lord-our-integrity.'

The word of the Lord.

#### RESP PSALM

Ps 24:4-5, 8-9, 10, 14. R. v. 1

R. To you, O Lord, I lift my soul.

- 1. Lord, make me know your ways. / Lord, teach me your paths. / Make me walk in your truth, and teach me: / for you are God my saviour. R.
- 2. The Lord is good and upright. / He shows the path to those who stray, / he guides the humble in the right path; / he teaches his way to the poor. R.
- 3. His ways are faithfulness and love / for those who keep his covenant and will. / The Lord's friendship is for those who revere him; / to them he reveals his covenant. R.

#### SECOND READING

1 Thess 3:12-4:2

A reading from the first letter of St Paul to the Thessalonians

When Christ comes may he strengthen your hearts in holiness.

May the Lord be generous in increasing your love and make you love one another and the



whole human race as much as we love you. And may he so confirm your hearts in holiness that you may be blameless in the sight of our God and Father when our Lord Jesus Christ comes with all his saints.

Finally, brothers, we urge you and appeal to you in the Lord Jesus to make more and more progress in the kind of life that you are meant to live: the life that God wants, as you learnt from us, and as you are already living it. You have not forgotten the instructions we gave you on the authority of the Lord Jesus.

The word of the Lord.

#### GOSPEL ACCLAMATION

Ps 84:8

Alleluia, alleluia! Lord, show us your mercy and love, and grant us your salvation. Alleluia!

#### GOSPEL

Lk 21:25-28, 34-36

A reading from the holy Gospel according to Luke.

Your redemption is near at hand.

Jesus said to his disciples: 'There will be signs in the sun and moon and stars; on earth nations in agony, bewildered by the clamour of the Parish Priest: Fr. Mark Croker Mobile: 0428 190 759

**Presbytery** 02 8331 7609 **Fr. Kose:** 0470 498 321

Wednesdays- Fr. is at Bombala Parish Mass: 9.30am & Delegate 2<sup>nd</sup> Wed 10.30am

Parish Secretary:

Mrs Sharon Nesbitt 02-8331 7608

Office Opening Hours
Mon, Wed Thu open hours
9am-1pm/ 2pm-4.30pm
Email: cooma@cg.org.au

www.cg,org.au/cooma

Sacramental Program

Fr Mark Croker 0428 190 759

St Patrick's Parish School Principal:

Mrs Frances Robertson Cnr Murray & Vale Street, Cooma *Phone*: 02 6452 1721

http://stpatscooma.nsw.edu.au

www.facebook.com/stpatscatholicparishcooma Parish Pastoral Council:

Darren 0429 904 291

www.cg.org.au/cooma www.cg.org.au/jindabyne www.cg.org.au/bombala

#### ST PATRICK'S PARISH FAMILY



Baptisms are celebrated Sunday 10am Mass
Baptism-Request Forms can be found online
<a href="http://cg.org.au/cooma/ApplicationForms.aspx">http://cg.org.au/cooma/ApplicationForms.aspx</a>
thank you, Fr Mark

#### St Patrick's Cooma Mass Mass Sunday's at 10am

Cooma Reconciliation available as requested following Mass

Adoration - Fridays 5.30-6.30pm

St Patrick's Weekday

Mass: Tues, Thu, Fri 10am Except Third Friday of Month for Nursing Home Masses 3<sup>rd</sup> Friday 20<sup>th</sup> Dec- 9.30am Yallambee Lodge 11am Sir William Hudson

Adaminaby -2<sup>nd</sup> Sunday month

Next date = 8<sup>th</sup> Dec at 9am

Nimmitabel

Mass 3<sup>rd & 5th</sup> Sunday \*5pm Sat Vigil Mass 1<sup>st</sup> 2<sup>nd</sup>,4<sup>th</sup> Sun- LITURGY Sat 5pm

Numerall

Mass 4<sup>th</sup> Sunday at **5.00pm** LITURGY 2<sup>nd</sup> Sunday **5.00pm** 

Berridale

Mass 2<sup>nd</sup> & 4<sup>th</sup> Sunday of month Vigil Mass Saturday's at 3.30pm 1<sup>st</sup> 3<sup>rd</sup> & 5<sup>th</sup> Sunday Liturgy of the Word 10am Sunday

Jindabyne

1st, 2nd, 3rd & 4th =Vigil Mass 5pm Sat 5th Sunday Liturgy 5pm Sat

Roster	1 <sup>st</sup> Dec 1 <sup>st</sup> Sunday Advent/C	8 <sup>th</sup> Dec 2nd Sunday Advent/C
Acolyte	Darren Steinke	Kaitlyn Bosco
Usher	Terri Rick	Mary Bennett
Reader / Commentator	Heather Collin	Jo-Anne Brown
	Mike Introna	Kevin Dunne
Special Minister	Colin Tighe	Beryl Barron
Mass Servers		Bosco Family
Children's Liturgy	Joan Simpson	Belinda Wilkins
Altar Linen	volunteer	Jan McLean
Church Care- reminder (always shown week in advance)	8 <sup>th</sup> Blyton Barrett	15 <sup>th</sup> S McPhie L Baker &
	family	B Moser
Hospital	Margaret Quodling	Leah Baker
Flowers: Claire Neumeyer and M	1aria Bacsko	

#### EFT Smart Pay Device TAP n Go is available in Church entrance

for your donations (Archdiocese split 70/30:

1<sup>st</sup> & 2<sup>nd</sup> Choose donation \$ Amount and Tap card.

NOTE:split 30% TO 1ST 70% TO YOUR PARISH COLLECTION

#Direct Debit Forms are available at Parish Office for your weekly/monthly/quarterly or annual Giving donations to support our Church and priest's.

Next weekend Readings

Second Sunday of Advent / C

1st Reading: Baruch 5: 1-9 2nd Reading: Philippians 1: 3-6, 8-11 Gospel: Luke 3: 1-6



We extend a very warm Welcome to New parishioners of our Parish. We kindly invite you to complete an introduction form with your family details. Forms can be located in the Church entry.

Please Pray for our Recently Deceased: Ned Freebody.

**Anniversaries** & Special Intentions: "In loving memory of our departed family and friends: Kay Dennis, Seage family, Clare Nowland

Prayers for our Sick: "We pray for all who are sick: may they feel the healing power of Christ and find comfort and hope in His constant presence": Colin McMillan

### CANDLE LATUROY

#### ADVENT WEEK 1 | THE FIRST CANDLE IS PURPLE AND REPRESENTS HOPE

CELEBRANT: The days are coming, says the LORD, when I will fulfill the promise I made to the house of Israel and Judah. In those days, in that time, I will raise up for David a just shoot; he shall do what is right and just in the land. (First candle is lit)

ALL: Loving God, as we light the first Advent candle of hope, we ask for your presence to fill our hearts and homes. May the hope of Christ's coming bring light to our darkness and renew our spirits. In Jesus' name, we pray. Amen.

#### \*\* DEAR PARISH VOLUNTEERS- ALL Volunteers -anyone with a role in the Church.

We require A Child Protection Code of Conduct form every 3 years for <u>ALL volunteers of our Church</u> Please see Fr. Mark to sign an updated Acknowledgement form, if in doubt please check with us, thank you.\*

#### Important Dates Coming Up In The Last Few Weeks Of St Patrick's Parish School

Monday 2 December • Whole School Thanksgiving Liturgy 12pm

Saturday 7 December • 2nd hand uniform shop open 10-11am

Wednesday 11 December • K-2 Annual Awards 12.00pm (Church) • Yr 3-6 Annual Awards 1.00pm (Church)

Thursday 12 December • Last day for Yr 10 • Yr 7-10 Annual Awards Day 2pm (Church)

Friday 13 December • Parent/Community Farewell to Principal 4pm

Wednesday 18 December • Last day of Term 4 for students



#### Christmas Gifts from Palms!

Are you looking to give something really special this year? Something that makes a tangible difference?

Palms has the shop for you!

Whether it be a GIFT directly supporting our overseas development program, or some unique Timorese GIFTS for your loved one's home, you'll find that perfect GIFT here! Just scan



the QR or go to palms.org.au/donate/palms-gift-shop





#### Joke:

An old lady is talking to her parish priest. The priest tells her that at her time of life she should be giving some thought to what he calls "the hereafter". "Oh I already think about that all the time," she tells him. "You do?" say the priest, surprised. "Oh yes," she says, "whenever I go into a room or open a drawer or wardrobe I always think to myself, 'Now then, what was it I'm here after?"