

Gospel Jn 3:13-17

The Son of Man must be lifted up.

Jesus said to Nicodemus:

'No one has gone up to heaven except the one who came down from heaven, the Son of Man who is in heaven; and the Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him.

Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved.'

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Reflection by Nick Brodie

The message of the Cross is not condemnation, but salvation. Not despair, but hope.

Such themes are strongly evident in Pope Leo's comments on migrants and refugees. 'In a world darkened by war and injustice,' he says, 'even when all seems lost, migrants and refugees stand as messengers of hope. Their courage and tenacity bear heroic testimony to a faith that sees beyond what our eyes can see and gives them the strength to defy death.'

Indeed, he suggests, they 'remind the Church of her pilgrim dimension, perpetually journeying towards her final homeland.'

'Their presence, then,' the pope declares, 'should be recognised and appreciated as a true divine blessing, an opportunity to open oneself to the grace of God, who gives new energy and hope to his Church.'

We too, in turn, have the opportunity to 'be a living witness to hope, one that is understood as the promise of a present and a future where the dignity of all as children of God is recognised.'

We are called therefore to be people who welcome the stranger, manifesting the hope of the Cross where and when we can.



Exaltation of the Holy Cross

14 September 2025

First Reading Nm 21:4-9

When those that were afflicted looked upon it, they were healed.

On the way through the wilderness, the Israelites lost patience. They spoke against God and against Moses, 'Why did you bring us out of Egypt to die in this wilderness? For there is neither bread nor water here; we are sick of this unsatisfying food.'

At this God sent fiery serpents among the people; their bite brought death to many in Israel. The people came and said to Moses, 'We have sinned by speaking against the Lord and against you. Intercede for us with the Lord to save us from these serpents.' Moses interceded for the people, and the Lord answered him, 'Make a fiery serpent and put it on a standard. If anyone is bitten and looks at it, he shall live.' So Moses fashioned a bronze serpent which he put on a standard, and if anyone was bitten by a serpent, he looked at the bronze serpent and lived.

Responsorial Psalm

Ps 77:1-2. 34-38. R. v.7

(R.) Do not forget the works of the Lord!

1. Give heed, my people, to my teaching; turn your ear to the words of my mouth. I will open my mouth in a parable and reveal hidden lessons of the past. (R.)
2. When he slew them then they would seek him, return and seek him in earnest. They would remember that God was their rock, God the Most High their redeemer. (R.)
3. But the words they spoke were mere flattery; they lied to him with their lips.

For their hearts were not truly with him; they were not faithful to his covenant. (R.)

4. Yet he who is full of compassion forgave their sin and spared them. So often he held back his anger when he might have stirred up his rage. (R.)

Second Reading Phil 2:6-11

He humbled himself, therefore God had exalted him.

The state of Jesus was divine, yet he did not cling to his equality with God but emptied himself to assume the condition of a slave, and being as all men are, he was humbler yet, even to accepting death, death on a cross. But God raised him high and gave him the name which is above all other names so that all beings in the heavens, on earth and in the underworld, should bend the knee at the name of Jesus and that every tongue should acclaim Jesus Christ as Lord, to the glory of God the Father.

Gospel Acclamation

Alleluia, alleluia!

We adore you, O Christ, and we praise you,

because by your cross you have redeemed the world.

Alleluia!



St Patrick's Parish Cooma

St Columbkille's Parish Jindabyne



EXHALTATION of the HOLY CHRIST / YEAR C, 14th September 2025

PARISH CONTACTS

PARISH PRIEST

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02 6452 2062

PRIEST

Sacramental Program

Father Mark Croker

0428 190 759 p

PARISH WEBSITE

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Parish Secretary

Mrs Sharon Nesbitt

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Mon, Wed & Thu

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Email: cooma@cg.org.au

ST PATRICKS SCHOOL

02 6452 1721

School Principal

Dr Mangan

School Website:

www.stpatscooma.nsw.edu.au

PARISH PASTORAL COUNCIL

Darren 0429 904 291

WEEKEND MASS & LW&HC TIMES

Adaminaby

No Mass until further notice

Berridale

2nd & 4th Sunday

Vigil Mass Saturday 3.30pm

All other Sundays

LW&HC 10am Sunday

Cooma

Mass Sunday 10am

Mass Tue, Thu & Fri 10am

Except 3rd Friday

Mass Yallambee Lodge 9.30am
Mass Hudson House Respect 11am

Jindabyne

1st 2nd 3rd & 4th Sunday

Vigil Mass Saturday 5pm

All other Sundays

LW&HC 5pm Saturday

Nimmitabel

5th Sunday

Vigil Mass Saturday 5pm

All other Sundays

LW&HC 5pm Saturday

Numeralla

2nd Sunday LW&HC 5pm

4th Sunday Mass 5pm

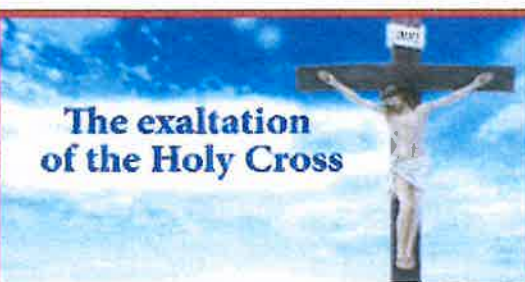


PRAYER INTENTIONS

POPES INTENTION SEPTEMBER

For our relationship with all of creation

Let us pray that, inspired by Saint Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect.



St Vincent de Paul local Monaro Conference will be holding the *Winter Appeal collection* today

Donations will be greatly accepted at the Church doors after Mass, envelopes are available for your valued support and can also be returned via collections for delivery. Thank you again for your support of the local Community who require assistance.

CHRISTMAS LUNCH 21ST DECEMBER 2025

All parishioners and school community members are invited to a Christmas Lunch on **Sunday 21 December 2025 after 10am Mass** at the Ex-Services Club. Tickets will be **\$30 for adults** and **\$15 for children** (15 and under). There will be a 3-course Christmas style buffet lunch for adults and platters or kid's meal menu. Tickets will be available from St Patrick's Parish School Office in person (Monday-Friday 8:30am-3:30pm) or over the phone on **6452 1721**. Tickets are also available at the Parish office Mon Wed Thu 9-4pm We are also looking to provide some Christmas entertainment for this function.



PARISH CALENDAR

Week 15th Sep 2025

MON *Our Lady of Sorrows*

TUE **10am Mass Cooma**
Saints Cornelius and Cyprian

WED *Bombala Mass 9.30am*
St Hildegard of Bingen
St Robert Bellarmine

THU **10am Mass Cooma**
4pm Children's Reconciliation

FRI **10am Mass Cooma**
St Januarius

SAT *Weekend 3rd Sunday of month*
Jindabyne Mass at 5pm
Nimmitabel LWHC at 5pm
Delegate 3pm Vigil Mass
Bombala 5pm Vigil Mass
Sts Andrew Kin Tae-gon,
Paul Chong Hasand

SUN **Cooma 10am**
First Holy Communion



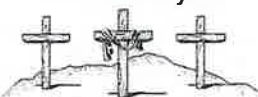
REMEMBERING THEIR FAITH AND LOVE

Recently Deceased

Joan Cahill, George Karooz,
Brian Standen; Barbara Schofield;
James Sullivan, Adela Roach,
Bill Fasch, Elaine Mooney
Don McDonald, Celia Dalby

Anniversaries & Intentions
"We have loved them in Life:
Let us not forget them in death."

Lorraine Ryan



Special Prayer Intentions:
please pray for the Pacheco and Pacheco Leon family and their home country of Venezuela.

Clergy Retirement Foundation

Donations can be returned via collection baskets.
Thank you for your support.



Prayer of the Faithful

Response: (R)
Lord, hear our prayer



PRIEST: Encouraged by the compassion of the Father for all who turn to him in their need, we bring our needs and the needs of all people to our loving God.

COMMENTATOR:

For the Church: that we may be instruments of mercy and compassion toward all who are estranged from God, from others or from themselves. (pause) Lord, hear us.

For the leaders of our government: that God will inspire their minds and embolden their hearts to seek justice for the oppressed, relief for the suffering, and opportunities for the hopeless. (pause) Lord, hear us.

For all who work for peace and reconciliation: that God will give them new insights so that conflicts may cease and old wounds be healed. (pause) Lord, hear us.

For the children of our parish who will be receiving their Eucharist next week, that they will be supported and encouraged as they reach the next stage in their spiritual growth (pause) Lord, hear us.

We remember Lorraine Ryan on the anniversary of her death, and for all who have died, that they will live forever in the presence of their God. Lord, hear us.

PRIEST: Heavenly Father, in your infinite love and acceptance, we ask you to hear our prayers which we make through Christ, you Son. Amen.



READINGS FOR NEXT WEEKEND

Twenty-Fifth Sunday/Year C

First: Am 8:4-7

Second: 1 Tim 2:1-8

Gospel: Luke 161-13



I couldn't afford to buy an Ancestry DNA kit...so I started a rumour that I'd won the lottery. Found out who all my relatives were in record time.

SAFEGUARDING SUNDAY • 14 SEP 2025
WE ARE A SAFE, HOPE-FILLED AND WELCOMING CHURCH



Today we are gathered on Safeguarding Sunday, a day when we pause to focus on our responsibility to protect and care for those who are vulnerable. In the Bible, we find a clear and strong message about justice, compassion, and speaking up for those who cannot speak for themselves. We are called to be a safe, welcoming and hope-filled church. In our everyday lives, let's be mindful of those around us who are vulnerable or marginalised. Who are the "silent" ones in our society, the ones without a voice? Today, God may be calling you to stand up for them. Whether it's through prayer, support, or direct action, we are invited to participate in God's work of justice



ROSTER

	14 th Sep	21 st Sep
Acolyte	Kaitlyn Bosco	Richard Cmun
Usher	Mary Bennett	Pauline Radosavljevic
Reader/ Commentator	Suja Tessa Kevin Dunne	Heather Collin Tony Goodwin
Mass Servers		
Special Minister	Leah Baker	Beryl Barron
Children's Liturgy	Belinda Wilkins	Carol Byrne
Linen	Jan McLean	Michele Atkins
Church Care	20 th Blyton & Barrett family	28 th Sue McPhie Leah Baker Barndette Moser
Hospital	Joan Simpson	Kathleen Bashford
Flowers	Claire Nuemeyer	



Parish Spring Shared Lunch –

Sunday 21 September 2025

All parishioners are invited to a Spring Shared Lunch next Sunday **21 September 2025 after 10am Mass**. This will provide us with an opportunity to celebrate with the children and their families after they have made their first Holy Communion.

Parishioners are asked to contribute with a Spring themed food dish for the shared lunch to be held in the Food Technology Centre – Secondary Campus of St Patrick's Parish School.