



Canberra Inner North Catholic Community

Under the Care of Congregation of the Blessed
Sacrament (SSS)

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Parish Offices open for phone and email enquiries:
Tuesday to Friday 9am to 1pm

First Sunday of Lent | Year C | 9 March 2025

The Gospel for the first Sunday in Lent recounts Jesus alone in a stark desert landscape. He personifies the journey of his own people, the Israelites, who were tested in the desert yet, unlike Jesus, they often failed. The three temptations that Jesus received, while different in context, all relate to compromising his mission. There is an inherent subtlety at play as each lure has a certain attraction. Satan, the tempter, proposes seemingly good alternative choices to Jesus. The desert encounter testifies to the humanity of Jesus. It is an inevitable part of being human to struggle with the spirits of both light and darkness. The human heart is not neutral territory but instead a space that is frequently contested with our choices between good and evil. St Ignatius of Loyola clearly identified this in his spiritual practice of discernment of spirits. He noted that the devil comes to us especially in our good deeds, cloaked as an angel of light. We enter these six weeks of Lent within the backdrop of this desert scene. It is in this context that we experience a heightened sensitivity in discerning the subtle ways in which spirits of light and darkness compete for the holy ground of our hearts. We Ask that we may have the clarity and strength of Jesus to remain faithful to choosing all that is anchored in and springs forth from the source of the true light.

From God's Word, Daily Reflections, 2025

Parish Safeguarding Commitment

Our Parishes are committed to safeguarding and upholding the dignity and rights of our children and vulnerable people. We seek to empower children, their families and carers, and vulnerable people, to have a say, to be listened to, and to be protected. This approach is at the centre of all of our thinking and action. This approach is to follow Jesus' command in Matthew 18:1-3. Enquiries or concerns please contact: Fr Anthony Riosa SSS—anthony.riosacg.org.au - Maria Hicks (Manager) - Phone **02 6239 9806** - Institute of Professional Standards & Safeguarding (IPSS) ipssc.org.au

Parish Safeguarding Officers

Blackfriars Parish, Watson: Nicole watson.safeguardingcg.org.au



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Cnr Phillip Avenue & Antill
Street,
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Fr Renoir Oliver Jr SSS
Facebook:
[www.facebook.com/Holy-
Rosary-Parish-Watson](https://www.facebook.com/Holy-Rosary-Parish-Watson)



CANBERRA CENTRAL incl:
ST BRIGID'S 2 Bancroft St
Dickson ACT 2602
ST PATRICK'S 1 Donaldson St
Braddon ACT 2612
Fr Sebastian Luistro SSS



ST JOSEPH'S PARISH
58 Boronia Drive,
O'Connor ACT 2602
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ST THOMAS MORE PARISH
30 White Crescent
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Acknowledgement of Country

We acknowledge the Ngunnawal people, as Traditional Owners of the land where we gather today and pay our respects to Elders past, present and emerging.

Entrance Antiphon - Cf. Ps 90: 15-16

When he calls on me, I will answer him;
I will deliver him and give him glory,
I will grant him length of days.

First Reading - Deuteronomy 26:4-10

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement: "'My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me.'" You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.'

Responsorial Psalm - Psalm 90(91):1-2,10-15

Be with me, Lord, when I am in trouble.

He who dwells in the shelter of the Most High
and abides in the shade of the Almighty
says to the Lord: 'My refuge,
my stronghold, my God in whom I trust!'

Be with me, Lord, when I am in trouble.

Upon you no evil shall fall,
no plague approach where you dwell.
For you has he commanded his angels,
to keep you in all your ways.

Be with me, Lord, when I am in trouble.

They shall bear you upon their hands
lest you strike your foot against a stone.
On the lion and the viper you will tread
and trample the young lion and the dragon.

Be with me, Lord, when I am in trouble.

His love he set on me, so I will rescue him;
protect him for he knows my name.
When he calls I shall answer: 'I am with you,'
I will save him in distress and give him glory.

Be with me, Lord, when I am in trouble.

Second Reading - Romans 10:8-13

Scripture says: *The word (that is the faith we proclaim) is very near to you, it is on your lips and in your heart.* If

your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: *those who believe in him will have no cause for shame*, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, *for everyone who calls on the name of the Lord will be saved.*

Gospel Acclamation - Matthew 4:4

Praise to you, Lord Jesus Christ, king of endless glory!

No one lives on bread alone, but on every word that comes from the mouth of God.

Praise to you, Lord Jesus Christ, king of endless glory!

Gospel - Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.' Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.'

Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.'

But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.' Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

Communion Antiphon - Matthew 4:4

One does not live by bread alone,
but by every word that comes forth from the mouth of God.

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INNER NORTH

Baptisms

Congratulations to Harriet and Bridget Slater and Caelo Pangilinan who will be baptized at Blackfriars Holy Rosary this weekend. May their lives be filled with God's peace and their hearts with God's love, on this Baptismal day and all days to come.



Vocations Dinner at Pearce

Presbytery: Thursday 13 March 6pm. For men interested in discerning a call to the Priesthood. A hearty meal provided with insightful discussions & prayer. To RSVP please contact Vocations Director Fr Emil emil.milat@cg.org.au 0414 523 036.

Teens Youth Group – Saturday, 15 March

We are forming together for another night a faith, fun, games and pizza for all high schoolers in the Inner North at 7pm on Saturday, March 15th at St Brigid's Parish Hall! If you know anyone interested, let us know at youth.innernorth@cg.org.au.

Eucharistic Encounter Catechesis - Each Tuesday evening at 5pm prior to our RCIA meetings. All are very welcome.

Bishop-Elect Tony Percy farewell: You are warmly invited to join Archbishop Christopher and the Archdiocese for a special farewell Mass for Fr Tony Percy. This will take place at 5.00pm on the Solemnity of St Joseph, Wednesday 19 March 2025, at St Christopher's Cathedral, Forrest ACT. Following the Mass, light refreshments will be served in Haydon Hall at 6.00pm.

CENTRAL CANBERRA, BRADDON & DICKSON

Community of the Risen Lord - 16 March - 9.30am
Healing Service commencing with Holy Mass (please see flyer in foyer of Church)

St. Patrick's Day Monday, 17 March, 2025.

The feast of the Patron Saint will be celebrated with Mass at St Patrick's Church Braddon at 12:30 PM followed by refreshments and a cup of tea. Parishioners are asked to bring a plate to share after Mass. Food that reflects the Parishes multicultural congregation will be most welcome.

Stations of the Cross

During Lent the Community of the Risen Lord will be reflecting on the Way of the Cross every Friday at 7.00pm at St Brigid's Church, Dickson.

Holy Week Singing - 17-20 April

Would you like to praise God through your voice in the Holy Week? Please come and sign up to join the choir for the Holy Week singing, or contact Ling at lingwlyau@yahoo.com.hk for details. Practice dates will be advised. Hope to see you there.

BLACKFRIARS, WATSON

Choir Practice - For Holy Week & Easter
Saturday 15 March at 2.30pm New singers welcome
Phone Maureen 02 6161 7100

The Rosary - 9.30am Sundays

Thank you to those parishioners who have offered to lead the Rosary at 9-30 am for the Sundays in March. More parishioners are needed to support the leader and voice the responses at this time. A roster for April will soon be available in the church foyer. Rosary booklets are available from the Parish Office on Friday mornings for the low cost of \$2 Carmel

OUR RECENTLY DECEASED

May they find peace and comfort in the embrace of the Lord:

Colin Duggan, Joseph 'Joe' Quigley, Barry Collis, Kevin Tee, Fr Kevin Flynn, Br Matt McKeon, Sr Elaine McCusker

IN LOVING MEMORY

Tecla Perera, Clude Anthony, Isabel Barnes, Rev Francis Carroll, Felix Dennis Anderson, Kate Dwyer, James Bergin, Domingo Apolinar, Mary Thomas, Matthew Thomas, Silvio Rossi, Kevin Nolan

THOSE WHO NEED OUR PRAYERS

Madelon Harvey, Errol Whitson, Patricia Brown, Robin Lees, Maggie McKeown, Colleen & Robin Lees, Noel Tanzer, Wendy Altamore.

Prayer intentions will remain in the bulletin for four weeks. You are welcome to email the parish office if you would like to renew your prayer request.

Taizé – Prayer, Silence, Meditative Song

Sunday, 6pm. Holy Cross Anglican / St Margaret's Uniting. 6 April, 4 May, 1 June.

ST JOSEPH'S O'CONNOR

On all Fridays of the Lenten Season. The Stations of the Cross will take place immediately after the 9.15am Mass and again at 6pm lead by the Syriac Catholic Community

St Joseph's Lectors (Readers)

Reading training for Lectors will be held on the Saturday's of Lent after the 8:30am Mass by Donna. Current lectors may wish to familiarise themselves with our new microphone

Sacramental Program with St Joseph Primary School - Commencing with Reconciliation - 4 March
For more details please email Innernorth@cg.org.au or contact.sjo.act.edu.au

Unpacking the Creed

As usual, we will be meeting on the second Wednesday of the month, that is, Wednesday 12 March at 7.30pm, at St Joseph's, in the parish hall. All welcome. For more information, contact Anna @ Ana.Wierzbicka@anu.edu.au

St Joseph's Children Liturgy

Children's Liturgy will be starting Sunday 23rd March at 8:30am. Parents, guardians or grandparents are asked to stay with their children if under 5 years old or unsettled. Anyone interested in the planning or delivery of liturgical outcomes or supervision, please meet Donna after Mass (~9am) on Saturday morning at St. Joseph's Church. Please pray for this formational initiative.

ST THOMAS MORE, CAMPBELL

STM Parish and School Working Bee 15 March 9am to 11am. We aren't pollen your legs! We need your help at the STM Parish and School working bee. Come join the hive of buzzy activity.

St Thomas More Forum - 26 March 7.30-9pm

Venue Holy Faith Hall, 30 White Crescent , Campbell

Cost \$20 and \$10 (Student/Concession)

Keynote Speaker Dr Trudy Dantis - National Coordinator for the Synod in Australia, was active in Synodal consultations from the start and participated at all levels, eventually attending both Assemblies as a representative from the Oceania region. She reflects on the journey, providing insights into the consultative processes at each stage and sharing her experience at the global assemblies that assisted Church leaders in living communion, increasing participation, and preparing for ministry and mission in a Synodal Church.

Contribute to the First Collection:

Account Name: Central Presbytery Fund

BSB: 062-786 - Bank Account: 00029248

Reference: Your parish location, name and intention (e.g. Campbell Smith 1st collect)

Contribute to your parish via the "Qkr!" mobile app or direct deposit:

Canberra Central : A/C Name Canberra Central Parish
BSB: 062786 A/C: 00013150 Ref: Name & Giving Number.

Blackfriars: A/C Name: Blackfriars Parish Watson
BSB: 062786 A/C: 00013341 Ref: Name & Giving Number.

St Joseph's: A/C Name: St Joseph's Parish
BSB: 062 786 A/C: 00012798 Ref: Name & Giving Number.

St Thomas More: A/C Name: St Thomas More Parish BSB: 062786 A/C: 00014869 Ref: Name & Giving Number.

MASS, SACRAMENT & DEVOTION TIMES - week ending 16 March

	Blackfriars, Watson	St Brigid's, Dickson	St Joseph's, O'Connor	St Patricks, Braddon	St Thomas More, Campbell
Mass					
Sunday	10.00am 5.00pm	9.30am 5.00pm Vietnamese Mass - 1st & 3rd Sunday of the month	8.30am	8.00am	10.00am
Tuesday to Friday	5.30pm	9.00am	9.15am *Stations of the Cross every Friday after morning Mass*	12.30pm	11.45 1st & 3rd Friday of the Month
Saturday	5.00pm (vigil)	9.00am 6.00pm (vigil)	8.30am 6.00pm (vigil)		
Reconciliation					
Friday			8.15 - 9.00am - during Holy Hour	11.30 - 12.30pm	11.00-11.30 1st & 3rd Friday of the Month
Saturday	4.00 - 4.30pm	9.30 - 10.00am 5.30 - 5.50pm	5.15 - 5.45pm		
Adoration of the Blessed Sacrament					
Tuesday			8.15 - 9.10am		
Wednesday		8.00am - 8.00pm			
Thursday					
Friday	6.00 - 7.00pm				11.30am - 12.30pm
Saturday		9.30 - 10.00am			
Anointing of the Sick					
Sunday		After 9.30am Mass - 3rd Sunday of the month			11.15am - 1st Sunday of the month
Saturday			Within 8.30am Mass - 1st Saturday of the month		
Rosary Prayers					
Tuesday to Thursday *During Lent*		8.30am	After 9.15am Mass	12.10pm	
Saturday		8.30am	8.15am Novena to Our Lady of Perpetual Help		