



Bombala-Delegate Catholic Parish



PARISH BULLETIN FIFTH SUNDAY IN ORDINARY TIME , YEAR B, 4 FEBRUARY 2024



PARISH VISION STATEMENT 2004



"Created by God, Loved by Christ and empowered by the Holy Spirit ... We come together inspired by our patrons, St Mary the Virgin and St Joseph, her husband, to worship, study and serve."

St Mary's Bombala
St Joseph's Delegate
St Peter's Corrowong

PARISH CONTACTS

PARISH PRIEST
Father Mark Croker
02 8331 7609

ST JOSEPH'S SCHOOL
02 6458 3776
School Principal
Mrs Susan Tighe

PARISH COUNCIL
Chair Parish Council
Mrs Anna Vincent
02 6458 5208

Chair Finance Committee
-
Bursar - Mr John Vincent
02 6458 5208

PARISH WEBSITE
www.cg.org.au/bombala

PARISH BULLETIN
Mrs Anna Vincent
vincent@activ8.net.au
Ms Chris Page 02 6458 4885
chizpage@hotmail.com

Delegate
joeydelegate@gmail.com



Please assist the team by having items in by Wednesday pm.



PRAYER INTENTIONS

POPES INTENTION FEBRUARY For the terminally ill



We pray that those with a terminal illness, and their families, receive the necessary physical and spiritual care and accompaniment.

We pray for food producers and suppliers around the country, that they will care for the land and be paid fairly for the fruits of their labour.

We pray for rural dioceses & parishes, their spirits bold, that they may discover inventive ways to build bridges of faith, keeping the Gospel's message alive with every step.

We pray for all who work in the field of mental health, especially with young people, that they may be agents of lasting freedom and wellbeing.



We pray for our sick and infirm family, friends and parishioners; may the light of God's presence bring them healing and comfort:

Harry & Mary Anne Dillon,
Donna Nash, Sally-Ann Thompson,
Jane Nash, Keith & Barbara Brownlie,
Wendy White, Barry Reed, Jim Parkes,
Ashton, Danielle & Stewart Hurley,
John & Anna Vincent, Marlene Kennedy,
Kim Peisley, Val Perkins, Natalie Lestone,
Jen Farrell, Tom Kennedy, Patricia Guthrie,
John Elliott, Betty Cowell, Peter Hopkins,
Heather Whitby, Larry Bedingfield,
Erika & Margo Birmingham



PARISH CALENDAR

Mon: Saint Agatha
Tue: Saint Paul Miki & companions
Wed: Mass Bombala 9.30am
Thu: Saint Jerome Emillani
Saint Josephine Bakhita
Sat: LW&HC Delegate 6pm
Saint Scholastica
Sun: LW&HC Bombala 9am

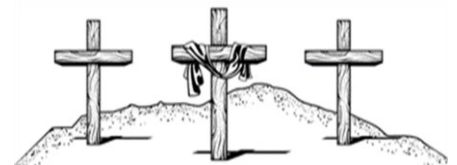


REMEMBERING THEIR FAITH AND LOVE

Recently Deceased

Jean Ingram, Lena Spoljaric
February Anniversaries

Val Buckley
Sonia Clear, Veronica Cottrell
Ron Cowell, Kevin Crotty
Gordon Ingram
Heather Jones, Brian Lock
Marion O'Hehir
Jean Parkes, Keith Parkes
Sue Robinson, Daphne Smith
Sheila White

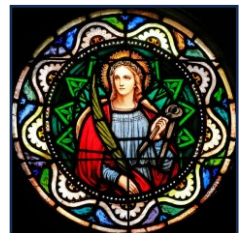


**"We have loved them in Life:
Let us not forget them in death."**



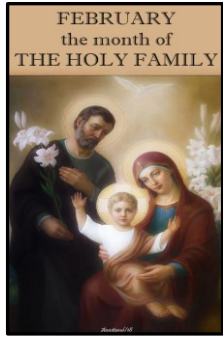
SAINT AGATHA

**Jesus Christ, Lord of all things! You see my heart,
You know my desires. Possess all that I am – You alone.
I am Your sheep. Make me worthy to overcome the devil.**



A journey with
SAINT MARY
of the Cross
MACKILLOP

If you knew the peace and calm, the almost joyful passionate love for God's will, you would not trouble about having to convey your disappointments to me. (2.2.1871)
God loves us all. (1906)
Death of Father Donald MacKillop sj, Mary's brother, 2.2.1925.



FEBRUARY - MONTH OF THE HOLY FAMILY

The Holy Family is a model for all families everywhere because God the Father made it so. He could have sent Jesus to earth in any number of ways, but He chose to place Jesus in a family with a father and mother. In addition, the Holy Family is a model for domestic life. When we centre our family life on Christ and live the life of the Church in our homes, this is referred to as the domestic church. The Holy Family is the icon of the domestic Church, called to pray together. The family is the domestic Church and must be the first school of prayer....pray together as a family at the school of the Holy Family of Nazareth and thereby really to become of one heart and soul, a true family."



FINDING GOD IN OUR WORLD

For all who gather to celebrate the Eucharist today that, nourished by the Word of God, they may have the fullness of life.

Daily Prayer Intention - We pray for children, parents and teachers, that they will enjoy a smooth and happy start to the new school year.

Weekly Prayer Intention - We pray for children who have known nothing but war, inhumanity and hunger, that they will be given the security they need to grow in body, mind and spirit.



Prayer of the Faithful

Response: (R)
Lord, hear our prayer



CELEBRANT/LEADER: Dear friends, wherever Jesus went he offered healing and hope to the afflicted. Let us pray for his Spirit to bring new life to the whole human family.

READER: For Pope Francis and all Christian leaders, that like Paul the apostle they will proclaim the good news unceasingly and announce God's saving grace to all the world. We pray to the Lord. **(R)**

For Fr Mark as we celebrate his first year with us, we raise our hearts in grateful prayer. May the Holy Spirit's light continue to shine in his footsteps and guide him ever closer to God, ever stronger as our shepherd. We pray to the Lord. **(R)**

For our own parish, that we will be a welcoming community and that our 'little faith' will grow stronger as we walk with Christ. We pray to the Lord. **(R)**

For all the volunteers of our parish, school and broader community. May their humble and faithful response to the needs of others lead them to the reward of Jesus' words: 'Well done, good and faithful servant.' We pray to the Lord. **(R)**

For the many in war-torn places enduring extreme weather, famine and trauma, that they will receive the humanitarian aid they need to survive. We pray to the Lord. **(R)**

For cancer patients, especially children, that today's World Cancer Day will encourage the sharing of research and resources for life-saving treatment. We pray to the Lord. **(R)**

For fire-fighters and emergency service personnel during our summer, may they stay safe themselves as they labour to protect the community from dangerous events. We pray to the Lord. **(R)**

For the sick of our parish and for all who have asked for our prayers. For those who have died recently and those whose anniversaries occur at this time. May God welcome them into the eternal kingdom. We pray to the Lord. **(R)**

For Our Lady's intercession for all our needs. We pray **Hail Mary...**

CELEBRANT/LEADER: God of mercy and compassion, you showed your love for us in the healing work of Jesus. Set us free from fear and send us out as heralds of hope. We ask this through Christ, our Lord. **AMEN**

Parish profiles to help Catholics

better serve their local communities:

PROFILES of 1,230 Catholic parishes across Australia have been published, offering a wealth of insight they can use to better serve the needs of their local communities. The parish "social profiles" draw on data captured in the 2021 Australian Census and examine the Catholic and local population within parish boundaries. "It will be a valuable tool to help parishes understand their local communities," said Professor Gabrielle McMullen, chair of the Australian Catholic Council for Pastoral Research. "It is important that parish leaders have the latest information so they can assess the pastoral needs of people and then plan the best way to meet those needs. The social profiles provided in these reports will empower parishes using pastoral planning to move into the future with hope and confidence, ready to do the work of Jesus Christ as the people of God on mission."

Source: Canberra-Goulburn Catholic Voice 25 January 2024

BOMBALA-DELEGATE

A SNAPSHOT OF YOUR PARISH (2021)

Total Population: 2,081

Catholic Population: 448

Catholics make up 21.5 per cent of the total population

Median age of Catholics is 54 years

Total Catholic families: 158

81 Catholics live alone

28 Catholics were born overseas

0 Catholics do not speak English well

25 Catholics need assistance with core activities

138 Catholics have changed address since 2016

	Parish 2021	Parish 2016	Diocese 202	Australia 2021
Total Population	2,081	2,077	734,694	25,422,788
Catholic Population	448	494	151,053	5,075,910
% Catholic	21.5	23.8	20.6	20
Median Age	54	51	43	43
% Aged 0-14	13.4	18.3	18.4	17.9
% Aged 15-64	56.1	53.7	61.6	62.2
% Aged 65+	30.5	28	20	19.9

HYMNS - ONE LICENSE 3642645A

1. Strong and Constant *Fr Frank Andersen MSC*

1. I will be Your God who walks with you!

You will be always in my hand!

Take your heart and give it all to me! **R**

Refrain: Strong and constant is my love!

Strong and constant is my love!

2. Should you wander far away from me

I will search for you in every land!

Should you call then you will truly know. **R**

3. When you know sorrow within your life

I will come I will embrace your heart!

Through your pain you will discover Me! **R**

3. Open My Eyes, Lord *Jesse Manisuban*

1. Open my eyes, Lord, Help me to see Your face

Open my eyes, Lord, Help me to see

2. Open my ears, Lord, Help me to hear Your voice

Open my ears, Lord, Help me to hear

3. Open my heart, Lord, Help me to love like You

Open my heart, Lord, Help me to love

4. I live within you, Deep in your heart, oh, love

I live within you, Rest now in me

2. Isaiah 49 *Carey Landry*

1&3. I will never forget you, My people,

I have carved you on the palm of My hand.

I will never forget you, I will not leave you orphaned,

I will never forget My own.

2. Does a mother forget her baby?

Or a woman the child within her womb?

Yet even if these forget, Yes, even if these forget,

I will never forget my own.

4. Be Not Afraid *St Louis Jesuits*

1. You shall cross the barren desert,

But you shall not die of thirst

You shall wander far in safety, Though you do not know the

way. You shall speak your words to foreign men, And they will

understand. You shall see the face of God and live. **R**

Refrain: Be not afraid, I go before you always

Come, follow me and I will give you rest

2. If you pass through raging waters in the sea,

You shall not drown, If you walk amid the burning flames,

You shall not be harmed, If you stand before the power of

hell, And death is at your side, Know that I am with you

through it all. **R**

9 Things A Mother Would Never Say

"How on earth can you see the TV sitting so far back?"

"Yeah, I used to skip school a lot, too."

"Just leave all the lights on ... it makes the house look more cheery."

"Let me smell that shirt — Yeah, it's good for another week."

"Go ahead and keep that stray dog, honey. I'll be glad to feed and walk him every day."

"Well, if Johnny's mamma says it's OK, that's good enough for me."

"The curfew is just a general time to shoot for. It's not like I'm running a prison around here."

"I don't have a tissue with me... just use your sleeve."

"Don't bother wearing a jacket – the wind-chill is bound to improve."



Message from Our Lady
Queen of Peace
of Medjugorje

DEAR FAMILY OF MARY!

HERE IS THE MESSAGE FROM OUR LADY, GIVEN TO US THROUGH MARIJA PAVLOVIC LUNETTI:

"DEAR CHILDREN! MAY THIS TIME BE A TIME OF PRAYER." (JANUARY 25, 2024)

ACKNOWLEDGEMENT OF COUNTRY

We, the Parish of Bombala-Delegate, acknowledge with deep respect that we stand upon the traditional lands of the Bidwell, Ngarigo and Yuin peoples.

We recognise the enduring legacy of their culture, which continues to enrich the life and spirit of Australia.

EXPLORING A SHIFT FROM URBAN LIFE TO THE TRANQUILITY OF THE COUNTRYSIDE?



Consider Delegate, where a contemporary two-bedroom residence with garage awaits. Nestled beside St Joseph's Catholic Church in Delegate, just about 2.5 hours south of Canberra, this home features distinct spaces including a separate kitchen, lounge, dining area and sunroom. Recently revitalised with fresh paint and new floor coverings, it provides an ideal setting suitable for a retired individual or couple seeking a peaceful retreat. SC heating and reverse cycle air conditioning. Long term lease available.

Contact: Christine at Nutrien Harcourts 0427 584 004



Bombala-Delegate Catholic Parish



Fifth Sunday in Ordinary Time, Year B

4 February 2024

First Reading Jb 7:1-4. 6-7

I am filled with sorrow all day long.

Job began to speak:

Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'how slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

Responsorial Psalm

Ps 146:1-6. R. v.3

(R.) Praise the Lord who heals the broken-hearted.

or

(R.) Alleluia!

1. Praise the Lord for he is good; sing to our God for he is loving: to him our praise is due. (R.)
2. The Lord builds up Jerusalem and brings back Israel's exiles, he heals the broken-hearted, he binds up all their wounds. He fixes the number of the stars; he calls each one by its name. (R.)
3. Our Lord is great and almighty; his wisdom can never be measured. The Lord raises the lowly; he humbles the wicked to the dust. (R.)

Second Reading 1 Cor 9:16-19. 22-23

Punishment will come to me if I do not preach the Gospel

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the

Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

Gospel Acclamation Mt 8:17

Alleluia, alleluia!

He bore our sickness, and endured our suffering Alleluia!

Gospel Mk 1:29-39

He cured many who suffered from diseases of one kind or another.

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.



Reflection by Fr Michael Tate

The mother-in-law of Simon (Peter) was sick in bed with a raging fever. When Jesus learned about her distressed state, he 'took her by the hand and helped her up'. He broke the taboo about physical contact with a woman not his relative because he wanted to holistically heal her dis-ease.

Simon's mother-in-law didn't need an aspirin and a cup of tea. She felt quarantined, isolated, and needed a hand reassuring her of sociable relationships. Jesus overcame her fever and her dis-ease with the world.

At every Mass we exchange a physical gesture at the greeting of Peace. This quite often overcomes being ill-at-ease with a family member or just with the neighbour in the pew. We need to take that symbolic action into the world. For somebody, it may be the most touching thing we ever do.

We could pause for a moment to identify that person who needs us to reach out, to take their hand and help them up.

mtate@bigpond.com

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