



# The Most Holy Body and Blood of Christ



Bombala-Delegate Catholic Parish



## PARISH BULLETIN The Most Holy Body and Blood of Christ, Year C 19 June 2022



*"Created by God, Loved by Christ and empowered by the Holy Spirit ... We come together inspired by our patrons, St Mary the Virgin and St Joseph, her husband, to worship, study and serve." Parish Vision Statement, 2004*



### PRAYER INTENTIONS



#### Popes Intention For Families

**We pray** for Christian families around the world: may they embody and experience unconditional love and advance in holiness in their daily lives.

**We pray** for peace in the world; for all the African countries and the Middle East and especially for the continuing unrest in Ukraine.

**We pray** for those who are sick in our community or suffering the effects of the cold weather: may they be able to see Christ's presence in their most difficult moments.

**For those who have died:** may they wake to eternal life in the sight of God.

**We pray** for those who bring healing and peace to those in need.

**For the sick and suffering, may the healing sacraments and pastoral care of the Church always be available to them:**

Yvonne Murphy, Carl Crotty, Peter Hopkins, Tom Kennedy, John Elliott (Eilie's son), John Reardon (Alice's brother), Jack Ventry, Audrey Day, Therese Rumph, Judy Pierera, Libby McGruer, Moira Tindale, Betty Cowell, Joyce Cotterill, Jen Farrell, Heather Whitby, Larry Bedingfield, Margo Birmingham

## Pastoral

TEAM

**COOMA PRESBYTERY:** 02 8331 7609

**Parish Priest:** Fr Mick MacAndrew  
(after hours 0419 010 870)

**Assistant Priest:**

### PARISH CONTACTS

**St Joseph's School:** 02 6458 3776  
**School Principal:** Mrs Susan Tighe  
[www.stjbombala.nsw.edu.au](http://www.stjbombala.nsw.edu.au)

**Chair Parish Council:**  
Mrs Anna Vincent: 02 6458 5208

**Chair Finance Committee:**  
Mrs Carol Ogilvy-Garnock: 02 6458 3365  
(Bursar, Mr John Vincent: 02 6458 5208)

**PO Box 8, Bombala NSW 2632**

### PARISH WEBSITE

[www.cq.org.au/bombala](http://www.cq.org.au/bombala)



THE BULLETIN IS AVAILABLE EACH WEEK ON OUR WEBSITE

### BULLETIN TEAM

Mrs Chris Page 02 6458 4885  
email: [chizpage@hotmail.com](mailto:chizpage@hotmail.com)

Mrs Anna Vincent 02 6458 5208  
email: [vincent@activ8.net.au](mailto:vincent@activ8.net.au)

Delegate

email: [joeysdelegate@gmail.com](mailto:joeysdelegate@gmail.com)

*Please assist the team by having items in by Wednesday pm.*

### PARISH CALENDAR

**Sun:** Feast of Corpus Christi

**Mon:**

**Tue:** Saint Aloysius Gonzaga

**Wed:** Mass 9.30am Bombala

**Thu:**

**Fri:** Feast Sacred Heart of Jesus

**Sat:** LW & HC Delegate 5pm

**Sun:** LW&HC Bombala 9am



### REMEMBERING THEIR FAITH AND LOVE

#### Recently Deceased

Bernard Ingram, Timmy Armstrong, Joyce Cootes, Flo Paynter, Heather Haylock

#### June Anniversaries

Sr Mary Agnes (Carmelite), Shirley Baker, Jessie Bedingfield, Les Cowell, Eric Cuthel, Gwen Haebich, Wilga Ingram, Peter Kimber, Terry Mulligan, May Platts, John Tarrant, Norma Toms, Gordon Walker, Madge Walker

***"We have loved them in Life: Let us not forget them in death."***

### THOUGHT FOR THE WEEK

**The ordinary arts we practice every day at home are of more importance to the soul than their simplicity might suggest.** Thomas Moore

### CORPUS CHRISTI



The Feast of Corpus Christi, also called Solemnity of the Most Holy Body and Blood of Christ, festival of the Roman Catholic Church in honour of the real presence of the body (corpus) of Jesus Christ in the Eucharist. The Feast of Corpus Christi originated in 1246.

  
**ST MARY OF THE CROSS MACKILLOP**



With God on our side, what need we fear. 15.9.1890  
With God's aid we shall get one and gain fresh strength and energy for the work. 27.5.1867  
Try to keep God with us by charity of through, word and act. 15.9.1890



Christ loves and knows his sheep. He gives his life for them, and no one is a stranger to him. His flock is his family and his life. He is not a boss to be feared by his flock, but a shepherd who walks alongside them and calls them by name. He wants to gather the sheep that are not yet of his fold. He is anointed for his people, not to choose his own projects but to be close to the real men and women whom God has entrusted to him. No one is excluded from his heart, his prayers, or his smile.



### FINDING GOD IN OUR WORLD

#### Unconditional love spreads:

Nothing commends our faith better than the generous and expansive love that we bring to our friends, workplaces and the groups of which we are part.

**Weekly Prayer Intention** - We pray for parents, catechists and teachers, that they will find joy in bringing children's faith, hope and love to birth.

**Daily Prayer Intention** - We pray for the starving people of the Horn of Africa, and for all people facing famine in the world's worsening food crisis. May nations with plenty pledge the aid that is needed.

### Prayer of the Faithful

**LEADER:** In celebrating the Eucharist, we are doing what the Lord commanded us to do. Let us pray through this Eucharist for the needs of the Church and the world.

**READER:** That the Eucharist may be the source and centre of their Christian life for all members of the Church. **We pray to the Lord.**

For the leaders of Nations: that they may be open to seeing new ways to feed their communities and that those who have plenty may be generous in sharing. **We pray to the Lord.**

For our sisters and brothers of different Christian communities; that one day we all would gather around the same Eucharist table and celebrate the feast together. **We pray to the Lord.**

For the sick members of our community: that they may be constantly nourished by receiving Communion. **We pray to the Lord.**

We remember especially our deceased loved ones who have shared Eucharist with us and all the faithful departed **We pray to the Lord.**

For Our Lady's intercession for all our needs and for the people of Ukraine. **We pray: Hail Mary....**

**LEADER:** Loving God, hear these prayers we bring to you today and grant them in the name of Jesus Christ, Our Lord. **AMEN**

### POPE WARNS AGAINST GETTING ACCUSTOMED TO WAR IN UKRAINE



Pope Francis cautions against getting accustomed to the war in Ukraine, and makes an appeal to "eliminate the scourge" of child labour, as the world marked the World Day Against Child Labour.

"The thought of the people of Ukraine, afflicted by war," the Pope said, "remains vivid in my heart."

The Pope cautioned against the passing of time allowing us to grow accustomed to it, without keeping alive our "concern for that suffering population."

"Please, let us not grow accustomed to this tragic situation! Let us always keep it in our hearts," he insisted, adding, "Let us pray and strive for peace."

The Holy Father also made an appeal condemning child labour saying "Let us all work to eliminate this scourge, so that no child is deprived of his or her fundamental rights and forced or coerced to work. The exploitation of children for work is a terrible situation that affects us all!"

### WHAT MATTERS MOST

*There's a sense of time standing still in the mountains. Silence settles in, and the rock faces stand formidable against the fragility of our small frames. It's breathtaking, grounding, and humbling. It helps us understand more clearly the awesome splendor of God and the amazing truth that He loves us with a love that seeps into every detail of our lives.*



### Thank You! PARISH STREET STALL BOMBALA LAST FRIDAY

Thank you to the hardy volunteers who helped on the street stall last Friday - it was such terrible weather. Very many thanks to the cooks who spent hours cooking for the stall - it was much appreciated. The total money raised was \$1,400 less the vouchers purchases - a net of \$1,300 - **incredible**. Wood was won by Irene Iles who gave it to her daughter, Lucy, the receptionist at the Doctor's surgery - Lucy was just out of wood. She told me this week that she is very warm!! The food and butchery vouchers were won by Wendy Perkins. Congratulations to both these winners. **It was a great, though fearfully cold, day.**

**1. One Bread, One Body** *John Michael Talbot*

**Refrain: One bread, one body, one Lord of all  
One cup of blessing which we bless  
And we, though many, throughout the Earth  
We are one body in this one Lord**

1. Gentile or Jew, Servant or free  
Woman or man, No more **R**
2. Many the gifts, many the works  
One in the Lord, Of all **R**

**2. Eucharist Song** *Frank Anderson*

This is My Body, take now and share!  
Deep in the memory of My own prayer.

This is My Blood, come drink and live!  
In all completeness this power I give.

You are My People, My chosen friends,  
Come share the Spirit My Father sends.

And hold within you, in constant hope,  
My peaceful presence, gift of My heart!

**3. Open My Eyes, Lord** *Jesse Manisuban*

1. Open my eyes, Lord, Help me to see Your face  
Open my eyes, Lord, Help me to see

2. Open my ears, Lord, Help me to hear Your voice  
Open my ears, Lord, Help me to hear

3. Open my heart, Lord, Help me to love like You  
Open my heart, Lord, Help me to love

4. I live within you, Deep in your heart, oh, love  
I live within you, Rest now in me

**4. A New Heart for a New World** *Trish Watts, Monica O'Brien*

**Refrain: Create a new heart, holy Lord,  
Beckon our lives through your word, Open our eyes to your call,  
United as one for your world.  
Heighten our minds to your thoughts,  
Heal us of pride and of hurt,  
May we go forth in your name, We pray our hearts change.**

1. The heart of the cross lowly and poor, calls us on.  
Lord, it is you promising hope, promising truth. **R**

2. Restless the hearts who yearn for your peace in this land.  
Deepen the dream, justice brings life, justice redeems. **R**



**DISCUSSION POINTS**

**MARY OF NAZARETH:** Mary is probably the most famous mother in human history! If you can interview your mother or someone older than yourself and ask her about her life -

- What are the events she remembers best?
- What are the things she is proudest of?
- Found the most difficult?
- What are her memories of religious practice during her life?

**ARCHBISHOP MARK COLERIDGE**

On Pentecost Sunday we launched our Laudato Si' Action Plan, committing ourselves not just to talk about the dangers of climate change but to do something concrete to bring about an ecological conversion. That means we have to change our consumerist lifestyle and even change a consumerist culture, and that's not easy. But we can't keep consuming the planet's resources as we are, without committing a kind of suicide. That also means we can't keep exploiting the world's poor, without committing a kind of murder. So, in launching this Action Plan we're saying a big YES to life for all. In Laudato Si' Pope Francis calls on all Catholics to care for our common home and build a better future together.



Mick and Paddy were at the job centre. Mick goes first. "I'm a pilot" he says. "Ah that's great, we'll sort you a job, no problem!" says the clerk. Mick tells Paddy that he got the job. Paddy goes next "I'm a woodcutter" he says "Ah, I'm sorry, we haven't any call for woodcutter these days" says the clerk. Paddy tells Mick that he did not get the job. Mick grabs Paddy and says, "come on, we'll sort this out!" They go to the counter, Mick says "now look, if Paddy doesn't get a job, I can't work either," "but you're a pilot, we can get you a job easily" says the clerk. "How is that possible?" says Mick. "I don't understand what you mean?" says the clerk. Mick replies "Blimey, it's so obvious - if Paddy can't cut the wood then I can't pile it".

**TEMPORARY MASS/LWHC SCHEDULE - JUNE 2022**

	<b>Date:</b>	<b>Bombala</b>	<b>Delegate</b>	<b>Cooma</b>	<b>Nimmitabel</b>
1	6/06/2022	Vigil Mass Sat 6pm	Vigil Mass Sat 4.30pm	Mass Sun 10am & 5pm	LWHC Sat 5pm
2	13/06/2022	LWHC Sun 9am	LWHC Sat 5pm	Mass Sun 10am LWHC 5pm	LWHC Sat 5pm
3	20/06/2022	Mass Sun 10am	Mass Sun 8am	Mass Sun 10am & 5pm	Vigil Mass Sat 5pm
4	27/06/2022	LWHC Sun 9am	LWHC Sat 5pm	Mass Sun 10am LWHC 5pm	LWHC Sat 5pm



# The Most Holy Body and Blood of Christ



Bombala-Delegate Catholic Parish



**The Most Holy Body and Blood of Christ, Year C**

**19 June 2022**

## First Reading Gn 14:18-20

*Melchizedek brought bread and wine.*

Melchizedek king of Salem brought bread and wine; he was a priest of God Most High. He pronounced this blessing:

'Blessed be Abraham by God Most High, creator of heaven and earth, and blessed be God Most High for handing over your enemies to you.'

And Abraham gave him a tithe of everything.

## Responsorial Psalm

**Ps 109:1-4. R. v.4**

**R. You are a priest for ever, in the line of Melchizedek.**

1. The Lord's revelation to my Master: 'Sit on my right: I will put your foes beneath your feet.' (R).
2. The Lord will send from Zion your sceptre of power: rule in the midst of all your foes. (R).
3. A prince from the day of your birth on the holy mountains; from the womb before the daybreak I begot you. (R).
4. The Lord has sworn an oath he will not change. 'You are a priest for ever, a priest like Melchizedek of old.' (R).

## Second Reading 1 Cor 11:23-26

*Every time you eat this bread and drink this cup, you are proclaiming the death of the Lord.*

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, 'This is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming to his death.

## Sequence (shorter form)

Behold the bread of angels, sent  
For pilgrims in their banishment,  
The bread for God's true children meant,  
That may not unto dogs be given:

Oft in the olden types foreshadowed;  
In Isaac on the altar bowed,  
And in the ancient paschal food,  
And in the manna sent from heaven.

Come then, good shepherd, bread divine,  
Still show to us thy mercy sign;  
Oh, feed us still, still keep us thine;  
So may we see thy glories shine  
In fields of immortality;

O thou, the wisest, mightiest, best,  
Our present food, our future rest,  
Come, make us each thy chosen guest,  
Co-heirs of thine, and comrades blest  
With saints whose dwelling is with thee.

## Gospel Acclamation Jn 6:51-52

**Alleluia, alleluia!**

**I am the living bread from heaven, says the Lord;**

**whoever eats this bread will live for ever.**

**Alleluia!**

## Gospel Lk 9:11-17

*They all ate and were filled.*

Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.



## Reflection by Fr Michael Tate

The feeding of the five thousand in today's Gospel is one of those anticipatory sharings in the heavenly banquet of the age to come.

We say this feeding is miraculous, and it was. A major part of the miracle is in the transformation of the Twelve. Our Lord did not personally feed the five thousand. He required his followers to get involved in alleviating hunger: 'You give them something to eat,' rather than leaving the crowd to fend for themselves, or resort to market economics. When they shared the food he had blessed, the miracle of the hospitality of God was multiplied throughout the crowd – extravagantly.

And so Our Lord gave his followers and the crowd a real taste of the future generosity of God in the heavenly banquet. But, it would not have happened had the inner groups of disciples not shared Jesus' vision and got involved in what seemed to be an impossible task.

The Last Supper was the greatest anticipatory meal which Our Lord shared with his disciples. And, at Mass, we are eating and drinking the glorified humanity of our Risen Lord Jesus Christ: the life of the future.

We could pause for a moment to identify the myriad of hungers in this world and resolve to fulfil Our Lord's Command: 'You give them something to eat!' so that Divine Generosity might transform human history.

mtate@bigpond.com

The psalm responses are from the English Translation of the Lectionary for the Mass © 1981 International Committee on English in the Liturgy Inc. (ICEL). All rights reserved. The psalm texts, from *The Psalms, A New Translation*, © 1963 by The Grail, England and used by permission of the publishers. The scriptural quotations are taken from the *Jerusalem Bible*, published and copyright 1966, 1967 and 1968 by Darton Longman and Todd Ltd and Doubleday & Co Inc, and used by permission of the publishers.  
© 2017 Creative Ministry Resources Pty Ltd  
All use must be in accordance with your user licensing agreement.