



The Most Holy Body and Blood of Christ



Bombala-Delegate Catholic Parish



PARISH BULLETIN The Most Holy Body and Blood of Christ, Year A, 11 June 2023



PRAYER OF THE FAITHFUL

Response: (R) Lord, hear our prayer

CELEBRANT/LEADER: We place these petitions in the hands of Christ, asking his blessings upon us. May no one go hungry for the bread of God's mercy and compassion.

READER: For Pope Francis and all the bishops and priests of the Church. May they be blessed and supported so that all people may continue to share in the celebration of the Eucharist. We pray to the Lord. (R)

For those who hunger and thirst in our world. May all governments continue to develop effective programs that ensure the availability of food and water, especially for the peoples of developing countries. We pray to the Lord. (R)

For our faith community as we gather to celebrate this Liturgy, may we grow in our appreciation of Christ's Body given for us and his Blood shed for us as we live as Jesus showed us. We pray to the Lord. (R)

For the members of St Vincent de Paul conferences. May this Friday's feast of the Sacred Heart provide them with ample resources for the needy. We pray to the Lord. (R)

For the sick of our parish and for all who have asked for our prayers. We pray for those who have died recently and for those whose anniversaries occur at this time. May they now share in the banquet of God's eternal kingdom. We pray to the Lord. (R)

For Our Lady's intercession for all our needs and especially for the people of Ukraine. We pray **Hail Mary...**

CELEBRANT/LEADER: Merciful God, creator of heaven and earth, bring your peace, your life and your love to the world. We ask this through Jesus Christ, the Living Bread from heaven. **AMEN**



PRAYER INTENTIONS



POPES INTENTION JUNE For the abolition of torture

We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families.

We pray for all who struggle to find a place at the table of life. May the Eucharist set hearts on fire with a passion for a just sharing of the world's resources.

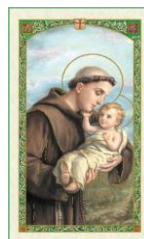
We pray for the church in Australia. May the approaching anniversary of the Plenary Council's resolutions redouble our efforts to implement them in full.



We pray that the Risen Christ may heal the sick and comfort all who are afflicted in any way, particularly in our own families and parish:

Pope Francis, Jenny Ingram, Ruth Allan, Kim Peisley, Natalie Lestone, Val Perkins, Jim Parkes, John Caldwell, Merylyn Knight, Betty Cowell, Jen Farrell, Tom Kennedy, Patricia Guthrie, Peter Hopkins, John Elliott, Joyce Cotterill, Heather Whitby, Larry Bedingfield, Erika Birmingham, Margo Birmingham

THOUGHT FOR THE WEEK



"The spirit of humility is sweeter than honey, and those who nourish themselves with this honey produce sweet fruit."

Saint Anthony of Padua

Parish Street Stall

Thank You!

A huge thank you to all who provided goodies or assisted at the street stall last Friday. A magnificent effort. More details next bulletin.



PARISH CALENDAR

- Tue:** Saint Anthony of Padua
- Wed:** No Mass Bombala
World Blood Donor Day
- Fri:** Sacred Heart of Jesus
- Sun:** Mass Delegate 8am
Morning tea afterwards
St Joseph's School Centre
Mass Bombala 10am



REMEMBERING THEIR FAITH AND LOVE

Recently Deceased

Wayne Gammon (Moree)
Cassandra Bennett,
Clare Nowland, Gaie Ross

June Anniversaries

Sr Mary Agnes, Shirley Baker
Jessie Bedingfield, Eric Cuthel,
Gwen Haebich, Wilga Ingram
Peter Kimber, Slip Reid,
Moirra Tindale, Norma Toms,
Gordon Walker, Madge Walker



"We have loved them in Life:
Let us not forget them in death."

14 June
2023
WORLD
BLOOD DONOR DAY

Quotes and Thoughts
SAINT MARY
OF THE CROSS
MACKILLOP



May God grant you courage and true wisdom in all you do and say. (12.6.1875)
I must only trust in the mercies of God. (12.6.1867)
We must teach more by example than by word. (12.6.1867)
Mary MacKillop presents her 'Life of Fr JT Woods'
to Cardinal Moran for approval, Sydney, 1903.
Birth of Flora MacDonald, Mary's mother, 11.6.1816

READINGS

FIRST READING: THE BOOK OF DEUTERONOMY

He gave you food which you and your ancestors did not know.

Moses said to the people: "Remember how the LORD your God led you on this long journey through the desert these past forty years, sending hardships to test you, so that he might know what you intended to do and whether you would obey his commands. He made you go hungry, and then he gave you manna to eat, food that you and your ancestors had never eaten before. He did this to teach you that human beings must not depend on bread alone to sustain them, but on everything that the LORD says. "Do not forget the LORD your God who rescued you from Egypt, where you were slaves. He led you through that vast and terrifying desert where there were poisonous snakes and scorpions. In that dry and waterless land he made water flow out of solid rock for you. In the desert he gave you manna to eat, food that your ancestors had never eaten."

RESPONSORIAL PSALM

(R) Praise the Lord, Jerusalem.

1. O praise the Lord, Jerusalem! Zion, praise your God! He has strengthened the bars of your gates, he has blessed the children within you. **(R)**

2. He has established peace on your borders, he feeds you with finest wheat. He sends out his word to the earth and swiftly runs his command. **(R)**

3. He makes his word known to Jacob, to Israel his laws and decrees. He has not dealt thus with other nations; he has not taught them his decrees. **(R)**

SECOND READING 1ST LETTER OF ST PAUL TO CORINTHIANS

Though we are many, we form a single body because we share this one loaf.

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

GOSPEL ACCLAMATION Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

GOSPEL OF JOHN

My flesh is real food, and my blood is real drink.

Jesus said to the Jews: 'I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.' Then the Jews started arguing with one another: 'How can this man give us his flesh to eat?' they said. Jesus replied: 'I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me, and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.'

HYMNS - ONE LICENSE 3642645A

1. One Bread, One Body *John Michael Talbot*

**Refrain: One bread, one body, one Lord of all
One cup of blessing which we bless
And we, though many, throughout the Earth
We are one body in this one Lord**

1. Gentile or Jew, Servant or free
Woman or man, No more **R**
2. Many the gifts, many the works
One in the Lord, Of all **R**

2. I am the Bread of Life *Sr Suzanne Toolan RSM*

1. I am the bread of life. You who come to me shall not hunger; you who believe in me shall not thirst.
No one can come to me unless the Father draw him. **R**

**Refrain: And I will raise you up, and I will raise you up,
and I will raise you up on the last day.**

2. The bread that I will give is my flesh for the life of the world, and you who eats of this bread, you shall live forever, you shall live forever. **R.**



Reflection by Fr Michael Tate

I once saw a young mother discreetly breastfeeding her baby during Mass and thought 'What a wonderful thing!'

There could not be a better illustration, a better acting out of what Jesus says in today's Gospel: 'The one who eats me will live.' Of course, even mothers who find they cannot breastfeed offer the same gift for nine months as the baby draws its life from the mother's body in the womb. This is a good analogy for what Our Lord was teaching in today's Gospel. 'Those who eat my flesh and drink my blood abide in me and I in them.' Notice the very maternal language. The risen Lord truly abides in us, we truly abide in the risen Lord. This is as intimate as the baby dwelling in the womb of its mother. Moreover, it is a Holy communion which is both a present reality and a foretaste and promise about our place in God's future: 'The one who eats this bread will live forever.' We could pause for a moment to pray with St Thomas Aquinas: 'Oh Sacred Banquet in which Christ is received and a pledge of future glory is given to us.' *mtate@bigpond.com*