



# Bombala-Delegate Catholic Parish



## PARISH BULLETIN: 19th Sunday in Ordinary Time, Year B, 11 August 2024



### PRAYER OF THE FAITHFUL

Response:(R) Lord, hear our prayer

**LEADER:** Dear friends, Jesus has revealed to us all he learnt from his beloved Father. Nourished by his word, let us pray together for the life of the world.

**READER:** For the nations of the world, that the spirit of the Olympic Games will live on in a reinvigorated movement for global peace and disarmament. We pray to the Lord. (R)

For young people around the world, that International Youth Day (12 August) will unite them in a solidarity of hope for a safe and healthy planet. We pray to the Lord. (R)

For the Church, that it will be a haven of friendship, kindness and forgiveness that brings transformation to the heart of the human family. We pray to the Lord. (R)

For our faith community, that this week's feast of the Assumption of the Blessed Virgin Mary will strengthen our faith in Christ's promise of heavenly glory. We pray to the Lord. (R)

For the sick of the parish and for all who have asked for our prayers. For the recently deceased and for those whose anniversaries we recall at this time. May they rejoice in the fullness of life promised to them as faithful followers of Jesus. We pray to the Lord. (R)

For Our Lady's intercession for all our needs and especially for the people in war torn places. We pray **Hail Mary...**

**LEADER:** Holy God and Father of Jesus, you never cease to forgive us the folly of our ways. Guide us with your wisdom on the true path of life. We ask this through Christ, our Lord. **AMEN**



### PRAYER INTENTIONS

#### POPES INTENTION AUGUST For political leaders

We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.



**We pray** for all who are lost in the maze of social media, that they will find their way to the light of Christ.

**We pray** parents and teachers, that with the help of National Children's Book Week (17-23 August) they will enthuse the children in their care with a love of books and reading.

**We pray** for rural dioceses & parishes, their spirits bold, that they may discover inventive ways to build bridges of faith, keeping the Gospel's message alive with every step.



**We pray** for our sick family members, friends and fellow parishioners. May the soothing presence of God's light grant them healing and solace.

Noah Ingram, Joyce Reed, Tom Nunan, Jean O'Malveney, Terry Perkins, Kath Farrell, Val Perkins, Chris Cuttle, Harry & Mary Anne Dillon, Barbara Brownlie, Jim Parkes, Jen Farrell, Heather Whitby, Marlene Kennedy, Kim Peisley, John Elliott, John & Anna Vincent, Patricia Guthrie, Tom Kennedy, Larry Bedingfield, Danielle Hurley, Peter Hopkins



### PARISH CALENDAR

**MON** Saint Jane Frances  
**TUE** Saints Pontian & Hippolytus  
**WED** **Mass Bombala 9.30am**  
**Note that this will be the Mass for The Assumption**  
Saint Maximilian Kolbe  
**THU** **Assumption of Mary**  
**FRI** Saint Stephen of Hungary  
**SUN** **Mass Delegate 8am**  
*Morning Tea to follow in St Joseph's School Centre*  
**Mass Bombala 10am**



### REMEMBERING THEIR FAITH AND LOVE

#### Recently Deceased

Father Peter Gannon  
Betty Cowell, Ron Collins  
Eileen Keane

#### August Anniversaries

Lou Black, Pam Clear  
Kay Cuthel, Athol Duffell  
Laura Elton, Pat Elton  
Jean Ingram, Nat Ingram  
Vincent Jones, Joshua Lovegrove  
Peter Martin, Mary Monk  
Wayne Mustard,  
Sr Kathleen Price RSJ  
Nick Spoljaric, Ellen Stewart  
Jack Stewart, John Thompson  
Dick Walker, Tom Walker

**"We have loved them in Life:  
Let us not forget them in death."**



### THE FEAST OF THE ASSUMPTION - 15 AUGUST

The Assumption signals the end of Mary's earthly life and marks her return to heaven to be reunited with Jesus. While the bodies of both Jesus and Mary are now in heaven, there is a difference between the Assumption and the Resurrection. Where Jesus arose from the tomb and ascended into heaven by his own power, Mary's body was taken up to heaven by the power of her Son.



A journey with  
**SAINT MARY**  
of the Cross  
**MACKILLOP**



**Bear in mind that we are only poor travellers,  
that our home is not here. (14.8.1866)**  
**We must look before us, do what we do well and  
refuse to undertake too much. (15.8.1900)**

*Mary MacKillop celebrates her First Holy Communion, Melbourne, 1850.  
Mary MacKillop pronounces her vows as the first Sister of St Joseph, 1867.*

## READINGS

### FIRST READING: BOOK OF KINGS

*Strengthened by the food, he walked to the mountain of the Lord.*

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord', he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So, he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

### RESPONSORIAL PSALM: TASTE AND SEE THE GOODNESS OF THE LORD.

1. I will bless the Lord at all times, his praise always on my lips; in the Lord my soul shall make its boast. The humble shall hear and be glad. (R)

2. Glorify the Lord with me. Together let us praise his name. I sought the Lord, and he answered me; from all my terrors he set me free.(R)

3. Look towards him and be radiant; let your faces not be abashed. This poor man called; the Lord heard him and rescued him from all his distress. (R)

4. The angel of the Lord is encamped around those who revere him, to rescue them. Taste and see that the Lord is good. He is happy who seeks refuge in him. (R)

### SECOND READING: ST PAUL TO THE EPHESIANS

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

### GOSPEL ACCLAMATION:

Alleluia, alleluia! I am the living bread from heaven, says the Lord; whoever eats this bread will live for ever. Alleluia!

### GOSPEL OF JOHN:

*I am the living bread come down from heaven.*

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert, and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.

## HYMNS - ONE LICENSE 3642645A

### 1. Glory And Praise To Our God *Dan Schutte*

**Glory and praise to our God**

**Who alone gives light to our days**

**Many are the blessings He bears**

**To those who trust in His ways**

1. We the daughters and sons of Him, Who built the valleys and plains. Praise the wonders our God has done, In every heart that sings

2. In His wisdom He strengthens us, Like gold that's tested in fire. Though the power of sin prevails Our God is there to save

### 2. I am the Bread of Life

*Suzanne Toolan rsm*

1. I am the Bread of Life, He who comes to me shall not hunger; he who believes in me shall not thirst. No one can come to me unless the Father draw him. **R**

**Refrain: And I will raise him up,  
and I will raise him up,  
and I will raise him up on the last day.**

2. The bread that I will give, is my flesh for the life of the world, and he who eats of this bread, he shall live for ever, he shall live for ever. **R**

### REFLECTION BY FR MICHAEL TATE



Your mother and my mother, carrying her baby in the womb for nine months, effectively said: 'Take, eat, this is my body.' A mother able to breastfeed continues this communion as she offers her body to give life to her child.

Our Lord Jesus Christ adopts maternal language to express his deepest desire for us! He gives us his risen and glorified Humanity: 'Take, eat, this is my body', and a sort of life-giving mutual indwelling occurs: 'Those who eat my flesh and drink my blood abide in me and I in them.' This is as intimate as a baby dwelling in the womb of its mother. As St Paul put it in a different context, 'In Him we live and move and have our being.' The Saviour of the World, the Conqueror of Death, dwells in my body and I dwell in his glorified body. This gives us 'eternal life' which is not something which begins after death but is simply a label for Our Lord's Divine human life which we can share right now. However, because it is the life of the Conqueror of Death it will certainly impel us beyond the grave: 'The one who eats this bread will live forever.' We could take a moment to pray to more fervently realise and take advantage of the fact that, at every Mass, we can respond to the invitation to come forward to Holy Communion so as to be enwombed in the maternal Christ. *mtate@bigpond.com*