

Entrance Antiphon O come, let us worship God & bow low before the God who made us, for he is the Lord our God.

Responsorial Psalm A light rises in the darkness for the upright

Gospel Acclamation Alleluia, alleluia!
I am the light of the world, says the Lord:
the man who follows me will have the light of life.
Alleluia!

Communion Antiphon Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

ROSTERS - 11th/12th February 2023
Please arrange a swap if you are not available

Bemboka Sat 6pm
Commentator G Bevitt
Readers G Green
Gifts
Cleaners Bevitt

Candelo Sun 9am
Commentator J Coman
Readers Ann Haahesy
Gifts
Cleaners - Feb Sharon & David Heffernan

Tathra Sun 7:45am
Commentator Eileen Reckord
Readers Carleen Maley
Gifts
Cleaners E Reckord, J Battista
Audio-Visual Trish Sly
Eucharistic Ministers Jacinta Battista, Pat Platts

Bega Sun 9:30am
Commentator R Heffernan
Readers J Scott-Pegum, V Sheehan
Gifts Volunteer
Counters S & W Giles
Music Matt Heffernan
Acolyte Frank Farrell
Eucharistic Ministers D Koenigkamp, L Stewart
C Tarlinton, D Grainger

Wise Words:
Faith is seeing light with your heart when all your eyes see is darkness
- St Francis of Assisi



Sacrament of Penance/Reconciliation
Bega Saturday, 9.40 - 10am
Bemboka before vigil Mass
Candelo before vigil Mass
Tathra before Sunday Mass

St. Pat's Choir practices Thurs 5.15—6pm
Contacts Mary 0428 471 012 or Matt 0429 338 348.

Meditation & Contemplative Prayer
Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.

Sunday Readings Reflection Group
Tuesday at 7pm Star of the Sea Tathra.
All Welcome.

ROSARY
Tathra - 7:20am before Sunday Mass
Bega - 9am before Sunday Mass
all are welcome.

MENS' GROUP: 2nd & 4th Thursdays
St Patrick's Church.
Contact David Grainger: 0409 430 997

St Patrick's Sacramental programme 2023
Baptisms—During Mass, 1 month notice
Confirmation—28th May
Weddings—by appoint, 6 months notice req.
Please contact the Parish Office.

For Sale: Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection. **Bulletin & Forms** can be found on the website

Let your LIGHT shine



5th Ordinary - Year A

St. Patrick's Parish

St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo
Star of the Sea, Tathra.

5th February 2023

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Email: Bega@cg.org.au
Website: <http://cg.org.au/bega/>
Facebook: St Patricks Bega

Fr. Adrian Chan. Parish Priest.
Mrs. Tanya Tomlinson, Parish Secretary.
Hrs 9-2 Tuesday & Thursday *Bulletin Deadline: Thurs 10:30am*
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500
Lumen Christi (LCCC), Pambula. Mr. Shane Giles 6495 8888

Salt & Light

5th Sunday in Ordinary Time

We continue the Sermon on the Mount this Sunday, with these two sayings about the salt of the earth and the light of the world. As Australians we learn early in life that whenever you go around to a friend's place for a barbecue you never talk about religion or politics. I guess it is because these are topics that can get people hot under the collar. For many in our society religion is a private matter. For some it is a way of showing respect for other people's different beliefs, for others it is a way of not shoving one's opinions down other people's throats.

Today's gospel tells us that religion for the Christian is not a private affair. It is meant to improve the lives of others. We are much more conscious today that too much salt in our diet can raise blood pressure, harden arteries, and lead to strokes and heart attacks. Yet, even dietitians and scientists agree that we need some salt intake. Of course, a little bit goes a long way. It is all about the right balance. As even a tiny amount of salt makes a world of difference, and as even a small lamp brings light to a dark room, so a small amount of Christianity in action brings benefit to our world.

Faith is to benefit others. True, it is not to be shoved down someone else's throat, but we must demonstrate the power of the Spirit. How do we bring the light into the darkness of our world? Third Isaiah (an anonymous prophet who was active in the years after Israel's exile) tells us: whenever we share our bread with the hungry, then we are a light in the darkness; whenever we shelter the homeless poor, then we are the salt of the earth; whenever we clothe the naked poor, then we are (again) a light in the darkness; and whenever we bring hope to the oppressed, then we are (again) the salt of the earth. Our faith is not to be hidden away, it is to be used for the benefit of those in need.

Yet, it is all about balance. Elsewhere in the gospels Jesus warns us not to parade our good deeds before others. St Augustine of Hippo explains the difference between parading our good deeds before others and doing good deeds for others. It is all about giving the praise to our Father in heaven. Augustine says, 'So when a person is seen by all to do good, his conscience should be prompted by the intention to do good, but not by any intention of getting well known for it, except for the praise of God and the advantage of those who get to know about it'.

So today let us thank our God for those people who share their faith with others, for those people whose love of God helps them make a difference for the better in our world. Let us thank God for those who are the salt of the earth and for those who are the light of the world. Let us thank God for those whose public faith does not oppress others but helps them, for those whose public faith is not for their own glory but for the benefit of their neighbour and for the glory of God.

Geoffrey D. Dunndeeper

Teacher Commissioning Mass

Welcome to our teachers and educators

Ash Wednesday - 22nd February. Mass Times: 9am Tathra; 2:15pm School Mass Bega.



St Patrick's Primary News. *VOLUNTEERS:* Would you like to volunteer at St Patrick's School to listen to children read or help in the school canteen? It is as simple as applying for a volunteer Working With Children Check, and completing a short school based volunteer induction, and then we would welcome you with open arms!

One of our parish families (Nikki and Andrew D'Arcy and their children) have had a difficult time over the last 12 months. Their youngest child, Hugo was born in 2021 with a rare disease that creates an immune deficiency. Treatment to date for Hugo has been unsuccessful and the family have lived in isolation. They now need to go overseas for further treatment for Hugo. Could you please offer your prayers for the family. There is also a 'Gofundme' appeal titled 'Hugo's Thymus Journey' on the internet.

Position Vacant: Archdiocese of Canberra and Goulburn is looking for a Digital Officer - job is posted on Seek (QR CODE) or go to <https://cgcatholic.org.au/job-vacancies/digital-officer/>



St Patrick's Parish News: Keep up-to-date with all the latest Parish news:

- ✦ Facebook page - www.facebook.com/stpatricksbega
- ✦ subscribe to the weekly bulletin email: send your request to bega@cg.org.au ;
- ✦ check out our website - <http://cg.org.au/bega>

You're Invited

- ✦ *Tathra* - Breakfast every 2nd Sunday of the Month after Mass. 12 February
 - ✦ *Bega* - Morning Tea 4th Sunday of the Month after Mass Bega. 26th February
- All Welcome. Please bring a friend.**

Fr Adrian Contact: Mobile: 0411 676 064
Email: Adrian.Chan@cg.org.au

Sunday Mass Times

- *Bemboka* - Saturdays - 6pm Vigil
- *Candelo* - Saturdays - 6pm Vigil 1st, 3rd, 5th
- Sundays - 9:30am liturgy 2nd, 4th
- *Tathra* - Sundays - 7.45am Mass
- *Bega* - Sundays - 9.30am Mass

Weekdays

- Tuesday 5.00pm Bega Church
- Wednesday 9.00am Tathra.
- Thursday 9.15am Bega Church
➤ *Hillgrove House 3rd Thursday 11am*
- Friday 9.15am Bega Church
4:30-5:30pm Bega 'Holy Hour of Mercy'
- Saturday 9.15am Bega Church

RECENTLY DECEASED Janette Collins, Benedict XVI, Cardinal George Pell

ANNIVERSARIES Mick Tygh, Michael Doig, Pam Collins

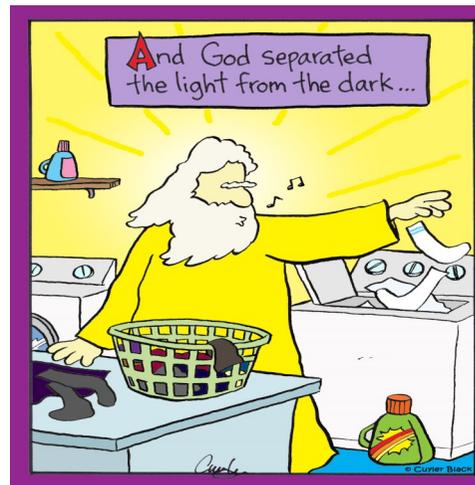
PRAYERS Anne Smith & her children Henry & Malory (Sue Gardiner's Daughter).
Jenny Ryan and June O'Farrell - Ill health.
Hugo D'Arcy and his family

Feast Days this week

- 5th - **St Agatha**, Virgin & Martyr, 3rd Century. Remembered in legend for her faith and for remaining resolute under torture.
- 6th - **St Paul Miki & companions**, martyrs. A group of 26 martyrs crucified at Nagasaki, 5 Feb 1597. Remembered as a notable preacher who inspired the local Church in his own time and in the centuries that followed to be strong in faith during persecution and isolation.
- 8th - **St Josephine Bakhita**, Virgin, 1869-1947. 'Mother Moretta' (our black mother) is remembered for her gentle good nature, humble faith, and gospel charity towards the poor and suffering
- 8th - **St Jerome Emiliani** 16th Century. Remembered for his care and education of orphaned and homeless children.
- 10th - **St Scholastica**, Virgin, 480-540. Remembered for her part in establishing Benedictine monasticism.
- 11th - **Our Lady of Lourdes**

Planned Building Maintenance: The parish over the next few years will be undertaking maintenance of the various buildings under our charge for Bega, Tathra, Candelo and Bemboka. Please pray for these projects. Thank you.

Dear friends, Thank you for increasing your contributions to the 1st Collection in 2022. As you know it costs \$32 000 per year for each parish priest. Last year your contributions increased from \$23 500 in 2021 to \$31 500. The Bega Parish has revived its long tradition of giving enough from the first collection to cover this cost. There are many ways to contribute - mass plate, TapNGo, credit card or direct debit. Please contact the office if you have any questions. Thank you for your consideration. *Fr Adrian*



Modern Day Catholics



Nancy Pelosi, the American politician, met Paul Francis Pelosi while she was attending college. They

married in Baltimore at the Cathedral of Mary Our Queen on September 7, 1963. Nancy & Paul Pelosi have 5 children, including Christine & Alexandra, & 9 grandchildren. In 2022, Pelosi received Communion at a Papal Mass presided over by Pope Francis in Rome at St. Peter's.