

**Entrance Antiphon**

**Responsorial Psalm**

**Gospel Acclamation**

Taste and see the goodness of the Lord.  
Alleluia, alleluia!  
All who eat my flesh and drink my blood  
live in me and I in them, says the Lord.  
Alleluia!

**Communion Antiphon**

With the Lord is mercy;  
in him is plentiful redemption.

**ROSTERS - 24th/25th August 2024**  
Please arrange a swap if you are not available

**Bemboka Sat 5pm**  
Commentator G Green  
Readers R Allen  
Cleaners Green

**Candelo Sun 9:30am**  
Commentator R Coman  
Readers R Hopkins  
Cleaners - Aug A Hyam & N Wagner

**Tathra Sun 7:45am**  
Commentator Eileen Corcoran  
Readers Jacinta Battista  
Cleaners Megan Hergenhan  
Audio-Visual Carleen Maley  
Eucharistic Ministers Pat Platts, Michael Hergenhan

**Bega Sun 9:30am**  
Commentator Sacramental Candidates  
Readers Sacramental Candidates  
Gifts Volunteer  
Counters K Rix & V Northcott  
Music Matt Heffernan  
Acolyte Frank Farrell  
Eucharistic Ministers D Koenigkamp



**Sacrament of Penance/Reconciliation**  
Bega Saturday, 9.40 - 10am  
Bemboka before vigil Mass  
Candelo before vigil Mass  
Tathra before Sunday Mass

St Patrick's Parish is committed to safeguarding and upholding the rights and dignity of all our children and vulnerable people. We seek to empower children, their families & carers, and vulnerable people, to have a say, to be listened to and to be protected. This approach is at the centre of all our thinking and actions. Parishioners are encourage to communicate concerns by emailing Fr Adrian, the Parish Office, the Parish Safeguarding Officer or directly to IPSS (ipss@cg.org.au)

**St. Pat's Choir** practices Thurs 5.15—6pm  
Contacts Mary 0428 471 012 or Matt 0429 338 348.

**Meditation & Contemplative Prayer**  
Meeting is held on Monday at 7.30pm in the annex of Star of the Sea Church at Tathra.

**Sunday Readings Reflection Group**  
Tuesday at 7pm Star of the Sea Tathra.  
All Welcome.

**ROSARY - all are welcome.**  
**Tathra** - 7:20am before Sunday Mass  
**Bega** - 9am before Sunday Mass

**MENS' GROUP:** 2nd & 4th Thursdays  
St Patrick's Church.  
Contact David Grainger: 0409 430 997

**St Patrick's Sacramental Programme**  
*Baptisms*—During Mass, 1 month notice  
*Reconciliation*—26th May 2024  
*First Communion* - 25th August 2024  
*Weddings*—by appoint, 6 months notice req.  
Please contact the Parish Office.

**For Sale:** Sunday Missal - \$32; Children's Mass Book - \$10. Contact the office or place your order in a marked envelope in the 2nd collection. **Bulletin & Forms** can be found on the website



20th Ordinary - Year B

18th August 2024

# St. Patrick's Parish

St. Patrick's, Bega - St. Columba's, Bemboka - St. Joseph's Candelo  
Star of the Sea, Tathra.

Fr. Adrian Chan. Parish Priest.  
Mrs. Tanya Tomlinson, Parish Secretary.  
Hrs 9-2 Tuesday & Thursday *Bulletin Deadline: Thurs 10:30am*  
Safeguarding, Mrs. Emma Grant, [Bega.Safeguarding@cg.org.au](mailto:Bega.Safeguarding@cg.org.au)  
St. Patrick's School, Bega. Mrs. Jo Scott-Pegum (Principal) 6492 5500  
Lumen Christi Catholic College, Pambula. Mr. Shane Giles 6495 8888  
Ph. 64921058  
PO. Box 6. Bega. NSW 2550.  
Email: [Bega@cg.org.au](mailto:Bega@cg.org.au)  
Website: <http://cg.org.au/bega/>  
Facebook: St Patricks Bega

*We acknowledge the Yuin People, the Traditional Custodians who have walked upon & cared for this land for thousands of years. We pay our respect to Elders past, present & emerging. We acknowledge and respect their continuing culture and the contribution they make to the life of the Bega Valley.*

## Life-giving Relationship

## 20th Sunday in Ordinary Time



We begin here, where we left off last week, with further misunderstanding of Jesus by the crowds. Clearly Jesus is not speaking of cannibalism and so he takes the image further by talking of his flesh and blood. Partaking in his flesh and blood means believing in him and in his life-giving death. Through their faith they are in communion with him and that communion is expressed through the Eucharist.


The believer comes to live in him and draws life from him just as Jesus himself drew life from the Father. Everything here must be viewed from the perspective of Jesus' death on the cross. Through the Eucharist we come to live by the same self sacrificing love that brought Jesus to Calvary. It is striking that in John's account of the last supper there is no specific reference to Eucharist but rather a depiction of Jesus washing the disciples' feet. John shows us the Eucharist in action and this is a reminder that the union with Jesus offered through Holy Communion cannot be thought of in some purely personal, devotional way. Jesus gives himself to us so that we can give ourselves to others.




Even though the first reading today may be two and an half thousand years old, the call to seek wisdom and reject foolishness has a very contemporary ring to it. Human nature does not change but we are slow to learn from experience. Today, life itself on this wonderful planet is threatened by our folly and a refusal to recognise that our actions have consequences. Instead of feasting ourselves at the sustainable banquet at Wisdom's house, we prefer to go blindly on gorging ourselves and ignoring the fact that God has called us to a responsible stewardship of his creation. Our celebration of the Eucharist should be a weekly reminder to us that we are all called to a life-giving relationship with God, with one another and with the planet we share.


Sean Goan

**Maintenance Works Update:** The Builders have now moved into Bega church. The church is still available for weekend worship but now not accessible during the week. Parts will be fenced off as the work progresses. Thank you for following the directions when using the building. *Please note - parking in the school playground is for those with limited mobility only. Thank you for using the church carpark or street on Sundays.*

 **St Patrick's Primary News *Footsteps*:** A free morning of storytime and connection for little ones birth to Pre-kinder. Every Wednesdays during term. 9-11am. More information 6492 5500 or office.bega@cg.catholic.edu.au

**Vinnies News:** ✠ A big thank you to all who supported the Bega Winter Appeal ✠ BBQ, Thursday 22nd August 10am-1:30pm Bega Store. Supporting the Winter Appeal Bega Valley. ✠ Blessed Frederick Ozanam Appeal 6th October. Supporting the twined conference in India 

**Candelo & Bemboka Mass Times:** From the 1st September the vigil mass will be at 6pm.

 **Father's Day Appeal – Collection for our retired priests:** There are 25 priests in our Archdiocese. We should remember our retired priests as we celebrate the theme for the Second World Day for Grandparents and the Elderly *"In old age they will still bear fruit"* (Psalm 92:15). A third collection will be taken up at masses on Sunday 1st September.

**Come, Holy Spirit - Archdiocesan Assembly 18-20 October.** All are invited to take part in the Archdiocesan Assembly that will explore the theme 'Come Holy Spirit.' This will focus on celebrating the Year of the Holy Spirit and explore new opportunities for evangelisation & synodality in the life and mission of our local Church going forward. Canberra + Narooma + Cooma + Young + Goulburn. More information and registration: via the QR code, or website [cgevangelisation.org.au/assembly](http://cgevangelisation.org.au/assembly)



**You're Invited**

- ✠ *Tathra* - Breakfast every 2nd Sunday of the Month after Mass.
  - ✠ *Bega* - Morning Tea last Sunday of the Month after Mass Bega.
- All Welcome. Please bring a friend.**

**Fr Adrian Contact:** Mobile: 0411 676 064  
Email: [Adrian.Chan@cg.org.au](mailto:Adrian.Chan@cg.org.au)

**Weekdays**

- Tuesday 4.00pm Bega Chapel
- Wednesday 9.00am Tathra.
- Thursday 9.15am Bega Chapel
- *Hillgrove House 3rd Thursday 3pm*
- Friday 9.15am Bega Chapel
- 4:30-5:30pm Bega *'Holy Hour of Mercy'*
- Saturday 9.15am Bega Church

**Sunday Mass Times**

- *Bemboka* - Saturdays - 5pm Vigil
- *Candelo* - Saturdays - 5pm Vigil 1st, 3rd, 5th
- Sundays - 9:30am liturgy 2nd, 4th
- *Tathra* - Sundays - 7.45am Mass
- *Bega* - Sundays - 9.30am Mass
- 4th Sunday- 9:30am Family Mass

**RECENTLY DECEASED:** Les De La Mere, Harmony Morrow, Marie Busby


**ANNIVERSARIES** Tyler Finucane, Clare Finucane, Margaret Willburger, Noa Jessop, Barney & Nora Sheehan, Liz Coman

**PRAYERS** Marina Peric,

**Feasts Days**

- 19<sup>th</sup> - St John Eudes**, Priest 1601-1680. Remembered also for his promotion of devotion to the Hearts of Jesus and Mary.
- 20<sup>th</sup> - St Bernard**, Abbot & Doctor of the Church 1090-1153. Pioneered the reform and expansion of the Cistercian Order. A prolific writer on theology and spirituality, an eloquent preacher, and an adviser of popes and kings.
- 21<sup>st</sup> - St Pius X**, Pope 1835-1914. In pursuit of his motto, "to renew all things in Christ", he initiated reforms of the liturgy and of canon law and took stern measures against "modernist" trends in theology.
- 22<sup>nd</sup> - The Queenship of The Blessed Virgin Mary**
- 23<sup>rd</sup> - St Rose of Lima**, Virgin 1586-1617. A recluse and mystic. Remembered for her radiant love of God and for the severe penance and hardships she endured during serious illness. The first saint of the Americas to be canonised.
- 24<sup>th</sup> - St Bartholomew**, Apostle. Said to have preached the gospel in India and in Armenia, where tradition indicates he was martyred.

**Minute Meditations - Listen for the Voice of God**

 Sometimes the best way to pray is not to pray. In times of pain or anxiety or sorrow, praying might only increase the awareness of our misery and make us even more agitated or afraid. We pray in panic or desperation, bartering with God, begging God for a miracle. The harder we pray, the more desperate we fee.

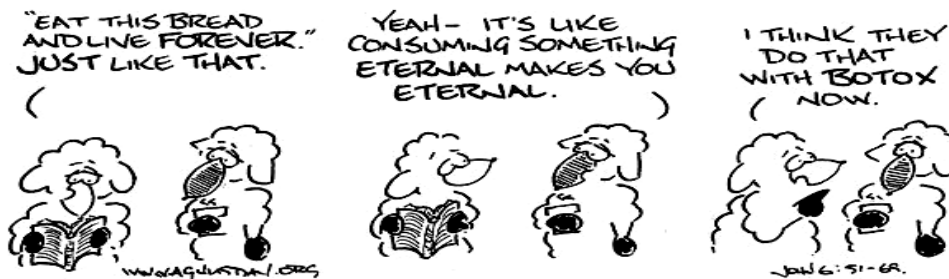
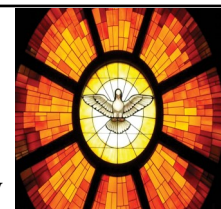
God already knows; God is already working. What we need to do is slow down, try to enter into quiet and breathe in God like silent air. Calm down, stop pleading, let go and receive. But receive what? I believe what we receive when we manage to calm the mind and heart is our innate capacity to give ourselves what we need. Inside us is the power to neutralize for a time whatever is causing us pain or anxiety. Even the simple act of focusing on breathing in and out slowly, rhythmically, can calm us more than praying in an agitated state. Then, in the calm, the silence and peacefulness, God speaks. We hear God in the pauses, the quiet between. - from the book *Song of the Sparrow: Four Seasons of Prayer* by Murray Bodo, OFM

**Wise Words:**

When I look at God's beautiful creation I am reminded that, since He is powerful enough to do that, I can trust Him with my life as well. - *Unknown*

**Year of the Holy Spirit**

Guided Prayer Session  
3rd Sundays Bega  
After 9:30am Mass  
Final session this Sunday



CONTESTE 09.08.12