

26th April, 3rd Easter Year A

## **TEMORA MISSION AREA**

**Our Lady Help of Christians Parish Ardlethan/Sacred Heart Arian Park**

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**St Therese Barellan** Pastoral Associate: Sr Janet Glass rsj

**In our Prayers:** Ray Fairman, Kashaya Kuemmel, All those affected by the Coronavirus,

**For our Deceased:** Berril Tidd, Pam Woods, Frank (*Johnno*) O'Dwyer, Deceased relatives, friends, parishioners, Coronavirus Victims, Marie Golden, James (*Kelly*) Griffin, Elaine Barry, Jim Daniher, (*anniversaries*)

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***No Mass or Liturgies***  
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### **Reflection**

***He Walked by Their Side.*** In today's Gospel we meet a person who walks with us, and talks with us, even when we walk away from him. Jesus will never abandon us. Let us invite him to eat with us. He will bring us joy, and give us the enthusiasm we need to continue to proclaim our faith in the resurrection.

Many of us have at times walked the Emmaus road, wondering where God is...

***when all along  
He walks beside us.***

RANDY ALCORN

### **Sowing**

We continue to entrust the sowing of crops to our Provident and Creator God. *Let us pray; Creator God, bless the seeds that we sow, strengthen them in the gentle movement of soft winds, warm sunshine and refresh them with the dew of heaven. Let them grow to full maturity for the good of body and soul. Amen.*

### **International Mother Earth Day**

Last Wednesday, **22 April**, in the midst of all that is happening in our world at this time, Mother Earth Day was still remembered. The Day provides an opportunity to raise global public awareness of the challenges to the well-being of the planet and all the life it supports. The Day also recognizes a collective responsibility, as called for in the 1992 Rio Declaration, to promote harmony with nature and the Earth, to achieve a just balance among the economic, social and environmental needs of the present and future generations of humanity.

The UN General Assembly designated **22 April** as

**International Mother Earth Day."**

<http://sdg.iisd.org/events/international-mother-earth-day-2020/>

### **A Prayer**

May we who are inconvenienced, remember those whose lives are at stake.

May we who have no risk factors, remember the most vulnerable.

May we who have the luxury of working from home, remember those who must choose between preserving their health and paying their rent/mortgage.

May we who have the flexibility to care for our children when our school closes, remember those who have no options.

May we who have to cancel our trips, remember those who have no safe place to go.

May we who settle in for a time of quarantine at home, remember those who have no home.

As fear grips our country, let us choose kindness. And more kindness.

When we cannot physically wrap our arms around each other, let us find ways to be the loving embrace of God to our family and neighbours. Amen

### **Dear Friends,**

*In the familiar story that is this week's Gospel, that of the forlorn disciples walking to Emmaus when, unknowingly, Jesus appears and walks with them, eats with them, explains the Scriptures to them, I have to admit is a favourite of mine. I find it a consoling and encouraging Gospel. Isn't that our own life experience? So often we go about our daily chores, unaware of the presence of Christ who accompanies us all the time. What can we learn from this Gospel?*

- \* *How can I be more aware of the presence of God in my life?*
- \* *How can I notice the action of God guiding me?*
- \* *How can I share my distress and worries with God?*
- \* *How can I listen to God?*

*Sr Maureen McDermott rsj*

### **Thought for Reflection**

Kindness connects us.

Through kindness, we recognise our shared experiences and common humanity rather than our disconnection and differences. Kindness creates bonds that link us to others, allowing us to feel part of something greater and offering us a sense of belonging.

Through practising kindness, we focus on what we can give and share with each other and see our ability to uplift our own lives and the lives of others.

In this way, kindness is a viable answer to loneliness, especially nowadays when we find ourselves more 'connected' yet 'disconnected' than ever before.

**Meredith Gaston ~ The Art of Kindness**