

HOLY WEEK PROGRAM

2022

Palm Sunday

9 April vigil mass 6pm Saturday

10 April—Palm Sunday

8am (Tuross), 10am (Moruya)

procession with palms and Passion Reading

11 April—Monday of Holy Week

Chrism Mass—at The Cathedral 5pm

12 April—Tuesday of Holy Week

2nd Rite of Reconciliation &

Liturgy 5:30-6:30

13 April—Wednesday of Holy Week

Mass 9:15am

Paschal Meal 5:30pm

14 April—Holy Thursday

Commemoration of the Lord's Supper 7pm

followed by an hour of Eucharistic Adoration

15 April—Good Friday

1) Solemn Stations of the Cross 10am

2) The celebration of the Passion of

the Lord 3pm

16 April—Holy Saturday

Easter Vigil Moruya 6pm

17 April—Easter Sunday

8am (Tuross), 10am (Moruya)

All are welcome to our Holy Week services at Sacred Heart Parish

WORLD DAY OF PRAYER:

Sacred Heart Parish hosted the World Day of Prayer last Friday, 4 March. We had around 50 people attending from all our local churches. The speaker was Jenny Bush from the Presbyterian church. The focus was those 'exiled' through abuse, displacement and disability especially in England, Wales and Northern Ireland. Thank you to all who attended and contributed.



LADIES ANNUAL AUTUMN DINNER: Friday, 25 March @ 6:30pm at Southern Life Church Hall, 2837 Princes Highway, Moruya. Cost \$34. RSVP to Sandra Ortega ph: 0447 674 936.

MENALIVE: The Catholic men's lay ministry Menalive is planning to run a Parish Based Weekend (PBW) at St Bernards/Sacred Heart on weekend 28/29 May respectively. Saturday at St Bernards from 9am-9pm and Sunday at Moruya from 9am-12:30pm. Tim Cahill will arrange the formation of two parish teams, one in each location, to coordinate and arrange logistics, such as venues, catering, invitations and Tim will provide the necessary promotional material for newsletters as well as talking at weekend masses in advance of the weekend. There have been more than 450 Menalive weekends since 2003, attended by over 25,000 men across 26 dioceses in Australia and NZ. Tim's contact is 0428 288 927.

PASCHAL MEAL: Holy Week—Wednesday, 13 April at 5:30pm - venue to be advised shortly.

THANK YOU LUNCH: After 10 years of being in the role of Religious Education Co-ordinator and 2 years Assistant Principal at St Mary's, Marg Croese has handed the REC position over to Jessica Afflick. The parish would like to acknowledge the wonderful work Marg has accomplished over the years, and to welcome Jess onboard. A lunch on 27 March is being organised and more details will be advised next week.

WELCOME: To Jessica Afflick who was recently appointed REC at St Mary's. Jess will co-ordinate the Sacramental Program in the Parish. We welcome Jess to join us for a morning tea on Sunday, 27 March after 10am mass.

CARITAS: Please donate to Project Compassion 2022 and help people living with disabilities gain access to education and clean water, empowering them with skills to build a better future. Together, we can help vulnerable communities face their challenges today and build a better tomorrow *For All Future Generations*.



itions. Please donate through Project Compassion donation boxes and envelopes available from your Parish, by visiting lent.caritas.org.au, or by calling 1800 024 413.

BEQUESTS: Have you ever thought of making a Bequest for your local Parish Church? Your support will provide future improvements and maintenance of your Parish Church. Contact the Parish office by phoning 4474 2024 or email: moruya@cg.org.au to assist you plan a BEQUEST.

SACRED HEART PARISH MORUYA



36 Queen Street (PO Box 23) Moruya NSW 2537

Phone: 4474 2024 Email: moruya@cg.org.au

Web: <http://cg.org/au/Moruya>

Priest: Fr George Azhakath msfs

Secretary: Mrs Vickie Moore

Parish Office hours: Wed. and Fri. 9am—2pm

Mass Times:

Moruya: Sat: Vigil 6.00 pm Sun: 10.00am

Tue: 5.30pm, Wed, Thu & Fri: 9.15am

Sat: Reconciliation: 10—10.30am. Healing mass 9:15am—First Saturday of the month

Tuross Mass: Sun: 8am Bodalla Mass: 2nd Thursday of the month 9.15am and Fourth Sunday of the month 3pm

Schools: St Mary's Moruya: 4474 2817

Carroll College Broulee: 4471 5600

Caring Group: Tuross Head: 0497 315 534 Moruya: 0431 354 993

Devotions: Daily Rosary before/after Mass. Adoration & Benediction Fridays: 9.45—10.45am

2ND SUNDAY OF LENT

- YEAR C -

March 12 & 13 2022



The Transfiguration of the Lord

“This is my Son, the beloved; with him I am well pleased; listen to him”

The readings for the Second Sunday of Lent highlight Jesus' identity as God's beloved Son (revealed at his baptism and transfiguration) and confront us with the mystery of his death on the cross. Hence, the main theme of today's readings is an invitation as well as a challenge to us to do what Abraham did: put our faith in the loving promises of the merciful God who sent His Son to die for us and to transform our lives by renewing them during Lent. Our transformed lives will enable us to radiate the glory and grace of the transfigured Lord around us by our Spirit-filled lives. The first reading



describes the transformation of a pagan patriarch into a believer in the one God, the transformation of his name from Abram to Abraham and the first covenant of God with Abraham's family as a reward for Abraham's obedience to God.

In the second reading St Paul argues that it is not observance of the Mosaic Law and circumcision that transform people into Christians and hence the Gentiles need not become Jews to become Christians. In the transfiguration story in today's gospel, Jesus is revealed as a glorious figure, superior to Moses and Elijah who appear with him. He is identified by the heavenly voice as the Son of God. Thus the transfiguration narrative is a Christophany, that is, a manifestation or revelation of who Jesus really is. Describing Jesus' transfiguration, the gospel shows us a glimpse of the heavenly glory waiting for those who do God's will by putting their trusting faith in Him.

Entrance Antiphon: Remember your compassion, O Lord, and your merciful love, for they are from of old. Let not our enemies exult over us. Redeem us, O God of Israel, from all our distress.

Communion Antiphon: This is my beloved Son, with whom I am well pleased; listen to him.

Prayer after Communion: Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform our hearts through your abiding love. May we come to know Sunday as a special day of faith, the day of our Risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you. O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment thine.

Liturgy of the Word

First Reading Gen 15:5-12. 17-18

A reading from the book of Genesis

Taking Abram outside the Lord said, 'Look up to heaven and count the stars if you can. Such will be your descendants' he told him. Abram put his faith in the Lord, who counted this as making him justified.

'I am the Lord' he said to him 'who brought you out of Ur of the Chaldeans to make you heir to this land.' 'My Lord, the Lord' Abram replied, 'how am I to know that I shall inherit it?' He said to him, 'Get me a three-year-old heifer, a three-year-old goat, a three-year-old ram, a turtledove and a young pigeon.' He brought him all these, cut them in half and put half on one side and half facing it on the other; but the birds he did not cut in half. Birds of prey came down on the carcasses but Abram drove them off.

Now as the sun was setting Abram fell into a deep sleep, and terror seized him. When the sun had set and darkness had fallen, there appeared a smoking furnace and a firebrand that went between the halves. That day the Lord made a Covenant with Abram in these terms: 'To your descendants I give this land, from the wadi of Egypt to the Great River.'

The Word of the Lord

All: Thanks be to God

Responsorial Psalm Ps 26:1. 7-9. 13-14. R. v.1

(R.) The Lord is my light and my salvation.

1. The Lord is my light and my help;
whom shall I fear?
The Lord is the stronghold of my life
before whom shall I shrink? **(R.)**
2. O Lord, hear my voice when I call;
have mercy and answer.
Of you my heart has spoken:
'Seek his face.' **(R.)**
3. It is your face, O Lord, that I seek,
hide not your face.
Dismiss not your servant in anger;
you have been my help. **(R.)**
4. I am sure I shall see the Lord's goodness
in the land of the living.
Hope in him, hold firm and take heart.
Hope in the Lord! **(R.)**

Second Reading Phil 3:17 – 4:1

A reading from the letter of St Paul to the Philippians
My brothers, be united in following my rule of life. Take as your models everybody who is already doing this and study them as you used to study us. I have told you often, and I repeat it today with tears, there are many who are behaving as the enemies of the

cross of Christ. They are destined to be lost. They make foods into their god and they are proudest of something they ought to think shameful; the things they think important are earthly things. For us, our homeland is in heaven, and from heaven comes the saviour we are waiting for, the Lord Jesus Christ, and he will transfigure these wretched bodies of ours into copies of his glorious body. He will do that by the same power with which he can subdue the whole universe.

So then, my brothers and dear friends, do not give way but remain faithful in the Lord. I miss you very much, dear friends; you are my joy and my crown.

The Word of the Lord

All: Thanks be to God

Gospel Acclamation Mt 17:5

Glory and praise to you, Lord Jesus Christ!
From the shining cloud the Father's voice is heard:
this is my beloved Son, hear him.
Glory and praise to you, Lord Jesus Christ!

Gospel Lk 9:28-36

P: The Lord be you

All: And with your spirit

P: A reading from the holy Gospel according to Luke

All: Glory to you O Lord

Jesus took with him Peter and John and James and went up the mountain to pray. As he prayed, the aspect of his face was changed and his clothing became brilliant as lightning. Suddenly there were two men there talking to him; they were Moses and Elijah appearing in glory, and they were speaking of his passing which he was to accomplish in Jerusalem. Peter and his companions were heavy with sleep, but they kept awake and saw his glory and the two men standing with him. As these were leaving him, Peter said to Jesus, 'Master, it is wonderful for us to be here; so let us make three tents, one for you, one for Moses and one for Elijah.' – He did not know what he was saying. As he spoke, a cloud came and covered them with shadow; and when they went into the cloud the disciples were afraid. And a voice came from the cloud saying, 'This is my Son, the Chosen One. Listen to him.' And after the voice had spoken, Jesus was found alone. The disciples kept silence and, at that time, told no one what they had seen.

The Gospel of the Lord

All: Praise to you Lord Jesus Christ

THE WORD AND LIFE this week ...

1) The "transfiguration" in the Holy Mass is the source of our strength: In each Holy Mass, the bread and wine we offer on the altar become "transfigured" or transformed into the living body and blood of the crucified, risen and glorified Jesus. Just as Jesus' transfiguration strengthened the apostles in their time of trial, each holy Mass should be our source of heavenly strength against temptations, and our renewal during Lent. In addition, our holy communion with the living Jesus should be the source of our daily "transfiguration", transforming our minds and hearts so that we may do more good by humble and selfless service to others.

2) Each time we receive one of the sacraments, we are transformed: For example, baptism transforms us into sons and daughters of God and heirs of heaven. Confirmation makes us temples of the Holy Spirit and warriors of God. By the sacrament of reconciliation, God brings back the sinner to the path of holiness.

3) A message of encouragement and hope: In moments of doubt and during our dark moments of despair and hopelessness, the thought of our transfiguration in heaven will help us to reach out to God and to listen to His consoling words: "This is my beloved son". Let us offer our Lenten sacrifices to our Lord, that through these practices of Lent and through the acceptance of our daily crosses we may become closer to him in his suffering and may share in the carrying of his cross so that we may finally share the glory of his transfiguration.

4) We need "mountain-top experiences" in our lives: We share the mountain-top experience of Peter, James and John when we spend extra time in prayer during Lent. Fasting for one day can help the body to store up spiritual energy. This spiritual energy can help us have thoughts that are far higher and nobler than our usual mundane thinking. The hunger we experience can put us more closely in touch with God and make us more willing to help the hungry. The crosses of our daily lives also can lead us to the glory of transfiguration and resurrection.

PRAYERS FOR THE SICK AND THE HOUSEBOUND: We continue to pray and extend our support to those at Banksia Village, IRT Moruya; and the sick members of our Parish: Sylvia Heffernan, Ben Pollock, Kathleen Ebbelaar, Gerry Ebbelaar, Kylie Leplaw, Monique Driver, Andy McCosker, Paul Croese, Clare Broekhuysse, Pat Morris, Julie and John Kay, Lee Maat, Sandra Spellacy, Kirk Dowling, Rosemary Patyus, Kay Morton, Rod McDonald, Kaye Shephard, Hans Brosch, and Christopher Woolley.

LENT 2022 WITH THE CATHOLIC GUY BRUCE DOWNES: Be inspired, Be refreshed, Be renewed! For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here: <https://BruceDownes.org/Lent22> Call 1300 734 880 for more info

CHRISM MASS: Join the Archbishop and the Clergy of the Archdiocese on **Monday, 11 April at 5.00pm** in **St Christopher's Cathedral, Forrest, Canberra** for this most important Holy Week ceremony. It is this Mass that the **Holy Oils** used in the various Sacramental Rites of the Church are blessed and consecrated. Everyone is most welcome to attend.

LENTEN REFLECTION GROUP: Gathering on all Tuesdays of Lent immediately after 5:30pm mass. You may give your name and phone number on the sheet provided in the Church foyer.

LENTEN REFLECTION GROUP, TUROSS: Deacon Paul Rummery will lead the Lenten discussion group in Tuross. The Group will meet at 29 Beach Street at 2pm on Tuesdays. Paul's contact is 0427 447 381.

CONGRATULATIONS: to **Sophia Seears** who receives the sacrament of Baptism on Sunday, 13 March.

LIFELINE: Lifeline are mindful of people in the community who are feeling worried or distressed during this challenging time. Please know that **Lifeline** are here to listen. Lifeline South Coast has a range of free services that are available to you. Our trained Crisis Supporters are ready and waiting day and night to listen without judgement, chat about your needs, worries and feelings and work with you to explore the best ways to stay safe and get support in your community. Available support: **Crisis Support** - If you are feeling overwhelmed, please connect Lifeline in the way you feel most comfortable, whether that be on 13 11 14, or via text on 0477 131 114 both available 24/7.