



### LENTEN REFLECTION PREPARATION GROUP:

Commenced Tuesday 16th after the 5.30pm Mass in the Kennedy Meeting Room and will be held every Tuesday until Holy Week. Daily reflection books are available for use in the group. We are using the Brisbane Archdioceses "Look To Jesus" reflections for Lent and Easter.

The group enjoyed pancakes on Shrove Tuesday as well as the faith sharing and support. Please consider joining the group. All welcome, come when you can.

You can now access the podcast of the daily reflections on Apple podcast and Android podcast.

### LENTEN LIVE STREAM - CANBERRA-GOULBURN ARCHDIOCESE.

#### 'Walk in the Spirit'

Walk in the Spirit will be live-streamed for six consecutive Thursdays during Lent from 7.30pm—9.00pm, 18th of February to 25th March 2021. Each session will include talks, sharing, prayer, and discussion opportunities. The sessions will be available for viewing via the Catholic Voice YouTube site and loaded up on the Walk in the Spirit website.

The sessions can be viewed live or after the event has been recorded. Participants will also be provided with a series of formation materials to support them on their Lenten journey. The sessions' recording will enable parishes with established Lenten groups to view at their convenience. For more details and to register go to <https://cgcatholic.org.au/walk-in-the-spirit>.



### RAISING FATHERS: a SPECIAL EVENING EVENT WITH Robert Falzon

Exploring fathering from the  
frontline.  
TUESDAY 2ND March,  
5.30—7.00pm Haydon Hall



In just a few weeks, our Archdiocese will be hosting **Robert Falzon** for a series of talks and events around the topic of fathering in today's world. We believe that this is a timely topic to explore especially as Pope Francis has dedicated this year under the patronage of Saint Joseph.

Robert Falzon is a husband, father, businessman, published author and co-founder of menALIVE. He has been awarded many business accolades including: *Australian Marketing Institute* Marketer of the Year; *Telstra QLD Small Business of the Year*; *Australian Institute of Management* Owner Manager of the Year; and *Ernst and Young* Entrepreneur of the Year Finalist.

In 2007, Robert sold his primary manufacturing business to focus in a full-time volunteer capacity on working with men through menALIVE - a National Catholic Ministry to Men. Since the founding of menALIVE in 2003, this work has delivered 450 events across 26 dioceses (ours included) and numerous schools in Australia and NZ reaching more than 30,000 men.

In 2011 Robert had his first book published. With more than 4000 copies of "How to Grow a Men's Ministry" in many men's hands and in Australia, this has become a very useful resource. His second book was co-authored with Dr Peter O'Shea – "The Father

Factor" which was published in 2014. In this book the authors studied the scientific research around the impact of Fathers on families, children, and society. Robert's third and current book was released in late 2020. "Raising Fathers" subtitled "Fathering from the frontline – 12 men's stories". In this book Robert invites 12 men to tell their stories of being fathered and their experience of fathering. The stories are powerfully important, impacting, informative and instructional.

On Tuesday 2 March 2021, Robert will be unpacking the stories and themes of his latest book at a special evening event (5:30pm-7:00pm) in the Haydon Hall (Ground Floor, St Christopher's Pastoral Centre) behind the Cathedral. To assist us with keeping this event COVID-safe, we're asking all attendees to register online via our website: <https://cgcatholic.org.au/raisingfathers>



# SACRED HEART PARISH MORUYA



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Priest: Fr George Azhakath msfs  
Secretary: Mrs Pat Anderson

Parish Office hours: Wed. and Fri. 10am—3pm  
Mass Times:

Moruya: Sat: Vigil 6.00 pm Sun: 10.00 am  
Tue: 5.30 pm. Wed, Thu & Fri: 9.15 am  
Sat: Reconciliation: 10—10.30 am

Turoos Mass: Sun. 8am Bodalla: Mass: 2nd Thursday of the month 9.15am. Fifth Sunday of the month 3 pm.  
Schools: St Mary's Moruya: 4474 2817 Carroll College Broulee 4471 5600  
Caring Group: Turoos Head: 0497 315 534 Moruya: 0431 354 993  
Devotions: Daily Rosary before mass. Adoration & Benediction.: Fridays 9.45—10.45 am



1st SUNDAY OF LENT

-YEAR B-

FEBRUARY 20 & 21

## Jesus was Tempted by Satan, and the Angels Looked After Him

**"..It is written, "One does not live by bread alone, but by every word that comes from the mouth of God."**

The primary purpose of Lent is spiritual preparation for the celebration of Jesus' death on Good Friday and his resurrection on Easter Sunday. The Church tries to achieve this goal by leading her children to "repentance," a type of conversion. Repentance leads us to reorder our priorities and change our values, ideals and ambitions, with the help of fasting, prayer and mortification. Hence, the Church ordains fasting and abstaining on assigned days of Lent. All Lenten observances are also intended to lead us to our annual solemn renewal of baptismal vows on Holy Saturday. Through baptism we are called to live justly, to love God with all our being, to love our neighbour as ourselves, and to build the kingdom of God by our acts of charity. That is why the three readings chosen for today refer to baptism directly or indirectly.



The Spirit drew Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan.

The first reading describes how Noah's family was saved from the waters of the deluge by God's special providence and how God made His first 'friendship covenant' with mankind. Noah's rescue from the flood symbolises how we are saved through the water of baptism which cleanses us of sin and makes us one with Christ. Today's psalm is an exquisite penitential prayer humbly acknowledging human insufficiency and our radical dependence upon God and His mercy and forgiveness. The psalmist lists some of the characteristics of the life resulting from this repentance: truth, compassion, love, kindness, goodness, uprightness, humility and justice. In the second reading Peter shows us how Noah's episode prefigured baptism. In the gospel, we are told how Jesus, immediately after His baptism, faced and defeated the tempter, prepared by His forty days of prayer and penance in the desert.

**Entrance Antiphon:** When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

**Communion Antiphon:** One does not live by bread alone, but by every word that comes forth from the mouth of God.

**Prayer for Australia:** Lord you place deep in our hearts the love of Mary Help of Christians. Through her prayers grant wisdom to our leaders and integrity to our citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through our Lord Jesus Christ your Son who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

**Prayer after Communion:** Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform our hearts through your abiding love. May we come to know Sunday as a special day of faith, the day of our Risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you.

**O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment thine.**



## LITURGY OF THE WORD

### First Reading: Gen 9:8-15

*A reading from the book of Genesis*

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

The Word of the Lord.

**ALL: Thanks be to God.**

### Responsorial Psalm: Ps 24:4-9. R. see v.10

**(R.) Your ways, O Lord, are love and truth to those who keep your covenant.**

1. Lord, make me know your ways.  
Lord, teach me your paths.  
Make me walk in your truth, and teach me:  
for you are God my saviour. **(R.)**
2. Remember your mercy, Lord,  
and the love you have shown from of old.  
In your love remember me,  
because of your goodness, O Lord. **(R.)**
3. The Lord is good and upright.  
He shows the path to those who stray,  
he guides the humble in the right path;  
he teaches his way to the poor. **(R.)**

### Second Reading: 1 Pt 3:18-22

*A reading from the first letter of St Peter*

Christ himself, innocent though he was, died once for sins, died for the guilty, to lead us to God. In the

body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

The Word of the Lord.

**ALL: Thanks be to God.**

### Gospel Acclamation: Mt 4:4

**Praise to you, Lord Jesus Christ, king of endless glory!**

No one lives on bread alone,  
but on every word that comes from the mouth of God.

**Praise to you, Lord Jesus Christ, king of endless glory!**

### Gospel: Mk 1:12-15

*A reading from the holy Gospel according to Mark*

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

The Gospel of the Lord.

**ALL: Praise to you Lord, Jesus Christ.**



### PRAYERS FOR THE SICK AND HOUSE BOUND.

We continue to pray and extend our support to those who are in near lock down at Bank-siaVillage, IRT Moruya; and the sick members of our Parish: Gail Fenton, John Gerber, Ben Pollock, Catherine Hulse, Kathleen Ebbelaar, Carmel Trenholme, Dale Moore, Gerry Ebbelaar, Kylie Leplaw, Jean Marrion, Monique Driver, Andy McCosker, Paul Croese, Pauline & Peter Morgan, Trish Tarlington, Elizabeth Martin-Yates John Nader & John Moore. Love and prayers to all of them for a speedy recovery.

Please advise the Office if you would like to be added to or taken off the list for prayers.

### THANK YOU FOR YOUR PRAYERS:

Esther and Peter Morgan would like to thank Fr George and parishioners for their prayers. Their circumstances have changed and they have also settled into their new home.

### BAPTISM WELCOME:

We welcome Harper Betty O'Connor, daughter of Rebecca and Anthony O'Connor into the Catholic family. Harper was Baptised on Sunday 14th February. Please keep this little one and her family in your prayers.



Jamila, 22, is a Rohingya woman living in the world's largest refugee camp in Bangladesh. She was forced to flee the armed conflict in Myanmar to save herself, her elderly mother and her eight-month-old baby. With the support of Caritas Australia, through Caritas Bangladesh, Jamila was able to access emergency food and shelter. She also received counselling, emotional support, and learnt sewing skills to help her earn an income. Jamila now feels less alone, with a sense of community around her. She is able to 'Be More' to her little family. "Thank you, and thanks Caritas Australia," Jamila says. **Please donate to Project Compassion 2021 to help mothers like Jamila be more for her family and her community.** You can donate through Parish boxes and envelopes, by visiting [www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or phoning 1800 024 413.

### PARISH PASTORAL COUNCIL:

The parish pastoral council will meet next week on Wednesday 24th February. The PPC are working hard on our behalf and need to know of any issues arising in the parish that they may be able to assist with. It would be helpful also if they were to receive some feedback for the work they are doing in our parish. If you have any feedback or issue please either advise the parish office or one of the PPC Members: Susie McCosker, John Munce, Louise Strahlen-dorf, Pauline de Grave, Paddy Pollick, Jo Rummery, Jan Morris, Marg Croese and Fr George. Please keep them and our parish in your prayers.



### STATIONS OF THE CROSS: On all Thursdays of Lent after 9.15am Mass.

**ST. MARY'S SCHOOL—FIRST RECONCILIATION— ENROLMENT NIGHT will be held in the school on Wednesday 24th February at 5.30pm in the Year 3 classroom.**

### **From the Congregation for Divine Worship and the discipline of the Sacraments, 17 December, 2020.**

"...7. Because of the importance of the word of God, the Church invites us to pay special attention to the ambo from which it is proclaimed. It is not a functional piece of furniture, but a place that is in keeping with the dignity of the word of God, in correspondence with the altar: in fact, we speak of the table of God's word and the table of the Body of Christ, referring both to the ambo and especially to the altar. The ambo is reserved for the readings, the singing of the Responsorial Psalm and the Easter Proclamation (Exsultet); the homily and the intentions of the universal prayer can be delivered from it, while it is less appropriate to use it for commentaries, announcements or for direct singing.  
8. The books containing the readings from Sacred Scripture stir up in those who hear a veneration for the mystery of God speaking to his people. For this reason, we ask that care be taken to ensure that these books are of a high quality and used properly. It is never appropriate to resort to leaflets, photocopies and other pastoral aids as a substitute for liturgical books." (Page 2 Document regarding the Sunday of the Word of God)

