

# SACRED HEART PARISH MORUYA



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Web: <http://cg/org/au/Moruya>

Priest: Fr George Azhakath

Parish Office hours: Wed., Thu., & Fri., 9.00a m—3.00 pm:

Mass Times: Moruya: Sat: Vigil 6.00 pm Sun: 10.00 am

Tuross: Sun 8.00 am

Tue: 5.30 pm Wed, Thu & Fri: 9.15 am

Sat: Reconciliation: 10—10.30 am

Schools: St Mary's Moruya: 4474 2817 Carroll College Broulee 4471 5600

Caring Group: Tuross Head: 0497 315 534 Moruya: 0431 354 993

Devotions: daily rosary after mass, First Friday Adoration & Benediction. 9.45—10.45 am

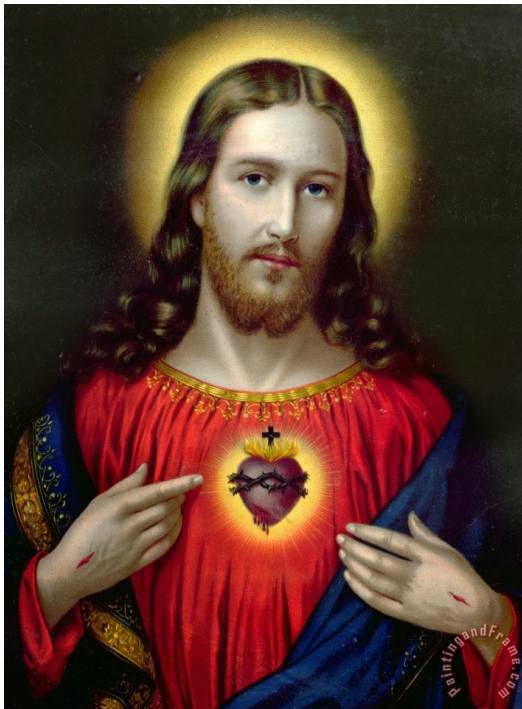


14th SUNDAY IN ORDINARY TIME

-YEAR A-

JULY 4 & 5 2020

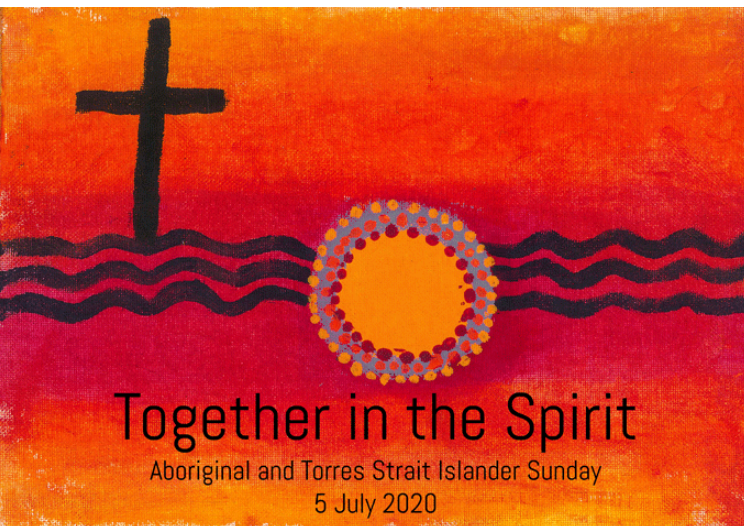
**“COME TO ME... I AM GENTLE AND HUMBLE OF HEART”**



In the first reading, the prophet Zechariah consoles the Jews living in Palestine under Greek rule, promising them a “meek” messianic king of peace riding on a donkey, who will give them rest and liberty. The responsorial psalm praises and thanks a kind and compassionate God who “raises up those who are bowed down” under heavy yokes.

In the second reading Paul tells the first-century Roman Christian community about two yokes, namely, the “flesh” and the “Spirit” and challenges them to reject the heavy and fatal yoke of the flesh and accept the light yoke of the Spirit of Jesus. Christian spirituality, according to Paul, proceeds from the initiative of the Holy Spirit, and means living in the realm of the “Spirit as opposed to the flesh.”

In the gospel, Jesus offers rest to those “*who labour and are burdened*” if they will accept his “*easy yoke and light burden.*” By declaring that his “yoke is light”, Jesus means that whatever God sends us is made to fit our needs and our abilities exactly. The second part of Jesus’ claim is: “*My burden is light.*” Jesus does not mean that the burden is easy to carry, but that it is laid on us in love and is meant to be carried in love, and that love makes even the heaviest burden light. *Fr George Azhakath*



The COVID-19 pandemic has forced NATSICC to rethink the ways in how we empower Catholics to celebrate our special day. This year, we have modified our Aboriginal and Torres Strait Islander Sunday resources to work in a digital setting. We are also holding the first-ever live-streamed, Aboriginal and Torres Strait Islander Sunday Mass from the St Francis Xavier Cathedral in Adelaide from 11.30am EST. The livestream will be available from the NATSICC homepage.

We are inviting everyone around Australia - and the World - to join us on 5 July 2020, as we come ‘Together in the Spirit’ to celebrate the gifts

***We respectfully acknowledge the Yuin Nation of Eurobodalla and the continued deep spiritual attachment and relationship of Aboriginal and Torres Strait Islander Peoples to this Country and we commit ourselves to the ongoing journey of reconciliation.***

## LITURGY OF THE WORD

## SECOND READING:

### A reading from the letter of St Paul to the Romans. 8 : 9 11-13.

Your interests are not in the unspiritual, but in the spiritual, since the Spirit of God has made his home in you. In fact, unless you possessed the Spirit of Christ you would not belong to him, and if the Spirit of him who raised Jesus from the dead is living in you, then he who raised Jesus from the dead will give life to your own mortal bodies through his Spirit living in you.

So then, my brothers, there is no necessity for us to obey our unspiritual selves or to live unspiritual lives. If you do live in that way, you are doomed to die; but if by the Spirit you put an end to the misdeeds of the body you will live.

**The word of the Lord.**

**R. Thanks be to God.**

## GOSPEL ACCLAMATION: Mt 11:25

**Alleluia, alleluia!**

Blessed are you, Father, Lord of heaven and earth, you have revealed to little ones the mysteries of the kingdom.

**Alleluia!**

## GOSPEL:

### A reading from the holy Gospel according to Matthew: 11:25—30.

Jesus exclaimed, 'I bless you, Father, Lord of heaven and of earth, for hiding these things from the learned and the clever and revealing them to mere children. Yes, Father, for that is what it pleased you to do. Everything has been entrusted to me by my Father; and no one knows the Son except the Father, just as no one knows the Father except the Son and those to whom the Son chooses to reveal him.

'Come to me, all you who labour and are overburdened, and I will give your rest. Shoulder my yoke and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. Yes, my yoke is easy and my burden light.'

**The Gospel of the Lord.**

**R: Praise to you Lord Jesus Christ.**

## FIRST READING:

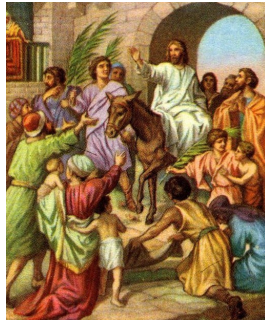
### A reading from the prophet Zechariah. 9 : 9-10

The Lord says this:

'Rejoice heart and soul. daughter of Zion!  
Shout with gladness, daughter of Jerusalem!  
See now your king comes to you;  
he is victorious, he is triumphant,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.  
He will banish chariots from Ephraim  
and horses from Jerusalem;  
the bow or war will be banished.  
He will proclaim peace for  
the nations.  
His empire shall stretch  
from sea to sea,  
from the River to the ends  
of the earth.'

**The word of the Lord.**

**R. Thanks be to God.**



## RESPONSORIAL PSALM: Ps 144.

**R. I will praise your name for ever,  
my king and my God.**

1. I will give you glory, O God my King,  
I will bless your name for ever.  
I will bless you day after day  
and praise your name for ever. **R.**
2. The Lord is kind and full of compassion,  
slow to anger, abounding in love.  
How good is the Lord to all,  
compassionate to all his creatures. **R.**
3. All your creatures shall thank you, O Lord,  
and your friends shall repeat their blessing.  
They shall speak of the glory of your reign  
and declare your might, O God. **R.**
4. The Lord is faithful in all his words  
and loving in all his deeds.  
The Lord supports all who fall  
and raises all who are bowed down. **R.**

## **WORD AND LIFE this week.....**

**1. We need to unload our burdens before the Lord.** One of the functions of Worship for many of us is to give us a time for rest and refreshment, when we let the overheated radiators of our hectic lives cool down before the Lord. This is especially true when we unload the burdens of our sins and worries on the altar and offer them to God during the Holy Mass. But whether we are in Church, alone in our quiet spot where we come before God each day, in our homes or in the homes of our friends and neighbours we find that prayer and Christian fellowship bring us the rest and refreshment that we all need so much.. There is nothing quite like coming to the Lord and setting aside our burdens for a while—nothing quite like having our batteries recharged, our radiators cooled down and our spirits lifted. Jesus promises rest from the burdens that we carry—rest from the burdens of sins, legalism and judgment, from the weight of anxiety and worry, from the yoke of unrewarding labour and from the endless labour for that which cannot satisfy. The absolution and forgiveness which we have received as repentant sinners take away our spiritual burden as well and enable us to share the joy of the Holy Spirit.

**2. We need to be freed from unnecessary burdens:** Life's greatest burden is not having too much to do, nor having too much to care about because some of the happiest folk are the busiest and those who care the most. Rather the greatest burden we have is our constant engagement with the trivial and the unimportant, with the temporary and the passing and with the ultimately uncontrollable and unpredictable. The issue in life is not whether we shall be burdened but with what we shall be burdened. The question is not "Shall we be yoked?" but "To what and with whom shall we be yoked?" Jesus has no interest in unburdening us from our exaggerated self-esteem or from other modern infatuations which are themselves debilitating burdens so that we will have nothing to carry, no work to do. Instead, Jesus is interested in lifting off our backs the burdens that drain us and suck the life out of us, so that he can place around our necks his own yoke, his burden, that brings to us and to others through us, new life, new energy, new joy. God's incomparable, compassionate forgiveness is a gift that releases us into life with God as responsible human beings who want to grow deeper in love and joyful obedience. We are called, not only to find peace, refreshment and rest for ourselves, but also to live the kind of life through which others, too, may find God's peace, God's refreshing grace, and the joy of placing their lives in God's hands.

### **PART TIME PARISH SECRETARY.**

People are invited to apply for the position of Parish Secretary for Sacred Heart Parish, Moruya. This is a part-time permanent position, 15 hours per week, Wednesday—Friday 9am—2pm.

Essential Requirements::

- Experience with Microsoft suite & database packages.
- Strong communication and liaison skills
- Strong organisational skills
- Ability to work in a team environment and show personal initiative.
- Desire to share in the mission of Christ in the Catholic tradition.
- Salary will be subject to Clerk Award Level 4 rates. Please email your application (including resume) to [George.azhakath@cg.org.au](mailto:George.azhakath@cg.org.au). Application addressed to Fr George Azhakath, Parish Priest must be received by Friday 24th July, 2020.

### **DONATIONS WELCOME TO REPLACE OUR BROKEN ORGAN IN THE CHURCH.**

We are looking for a Key Board and a hard box to nail it in position in the church. Estimated cost: \$3,00.00. Details of the donor may be inscribed on a plaque fixed to the Key Board.

### **CATHOLIC CHURCH'S NATIONAL APPEAL FOR SEA SUNDAY 12TH July 2020.**

Next week is Sea Sunday, when the church prays for those who live and work at sea. There will be a national Appeal for Stella Maris, Apostleship of the Sea, the official maritime welfare agency of the Catholic Church. Donations will provide practical and spiritual support to seafarers in these challenging times of COVID-19. Please give generously. Go to: [bit.ly/seasundayaustralia](http://bit.ly/seasundayaustralia).

### **GIVING AND RECEIVING:**

It is the mind of the Archdiocese for everyone to go on to cashless transactions. We encourage everyone to opt for Direct Debit for first and second collections. Envelopes are provided if you prefer that option only. Please let us know if you no longer require the envelopes.

**Planned Giving Envelopes are available in the foyer for you to take home after the Mass.  
Thank you for your continued support and generosity.**

# Sacred Heart Parish, Moruya

Parish Priest: Fr George Azhakath  
Parish email: [moruya@cg.org.au](mailto:moruya@cg.org.au)  
Phone: 02 44742024  
Parish website: <http://cg.org.au/moruya>

OPTION 1



## Direct Debit

- Fill out the direct debit forms for both parish and clergy. (available at our Church, Parish Office and website)
- Choose your amount and frequency of payment
- Submit to the Parish Office or email your request
- Credit Card Debit (Contact the Parish Office)

OPTION 2



## The QKR app

- Search for and download the app on your phone (type in QKR)
- Search for and find your Parish
- Add your profile
- Choose your payment amount for parish and clergy

OPTION 3



## Tap & Go

- Use your credit card
- Tap the machine
- One payment for parish & clergy

OPTION 4



## Collection Point

- Place either cash or planned giving envelope in the collection point, either before Mass or at the time of the offertory

**Prayer for Australia.** Lord you place deep in our hearts the love of Mary Help of Christians. Through her prayers grant wisdom to our leaders and integrity to our citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through our Lord Jesus Christ your Son who lives and reigns with you and the Holy Spirit, on God for ever and ever. Amen.

**Prayer after Communion:** Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform our hearts through your abiding love. May we come to know Sunday as a special day of faith the day of our risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you.

**O Sacrament Most Holy, O Sacrament Divine.**

**All Praise and All Thanksgiving be every moment thine.**