

# SACRED HEART PARISH MORUYA

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Priest: Fr George Azhakath

Secretary: Grace Cirson

Parish Office hours: Wed., Thu., & Fri., 9.00am—3.00pm:

Mass Times: Moruya: Sat: Vigil 6.00 pm Sun: 10.00 am

Tue: 5.30 pm Wed, Thu & Fri: 9.15 am

Sat: Reconciliation: 10—10.30am

Tuross: Sun 8.00 am

Schools: St Mary's Moruya: 4474 2817 Carroll College Broulee 4471 5600



The Body and Blood of Christ -YEAR A- June 13 & 14, 2020

## THE MOST HOLY BODY AND BLOOD OF CHRIST SOLEMNITY OF CORPUS CHRISTI

**O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment thine.**

**The feast and its objectives:** Today, we celebrate the solemn feast of *Corpus Christi*. It is a doctrinal feast established for three purposes:

1) to give God collective thanks for Christ's abiding presence with us in the Eucharist and to honour him there;

2) to instruct the people in the mystery, faith and devotion surrounding the Eucharist, and

3) to teach us to appreciate and make use of the great gift of the Holy Eucharist both as a sacrament and as a sacrifice. In the three-year cycle of the Sunday liturgy, there is a different theme each year for this *Feast of the Body and Blood of Christ*. In the first year the theme is the Eucharist as our food and drink; in the second year the emphasis is on the Eucharist as the sign of the covenant; and in the third year the theme focuses on the priesthood of Jesus. Although we celebrate the institution of the Holy Eucharist on Holy Thursday, the Church wants to emphasize its importance by a special feast, formerly called "*Corpus Christi*."

It was Pope Urban IV who extended the feast to the universal Church. This is one of the few feasts left in which we observe a procession and a sung "*Sequence*."



**The historical development:** Today's celebration of the Body and Blood of the Lord originated in the Diocese of Liege in 1246 as the feast of *Corpus Christi*. In the reforms of Vatican II, *Corpus Christi* was joined with the feast of the Precious Blood (July 1) to become the *Solemnity of the Body and Blood of the Lord*.

We celebrate today Christ's gift of the Eucharist, the source and summit of our life together as the Church. Council of Trent (1545 to 1563) declared that we must honour Our Lord Jesus Christ in the Holy Eucharist publicly so that those who observed the faith of the Catholics in the Most Holy Eucharist might be attracted to the Eucharistic Lord and believe in the Divinity of Our Lord Jesus Christ present in this great Sacrament.

*"The Catholic Church teaches that in the Eucharist, the Body and Blood of the God-man are really, truly, substantially, and abidingly present together with His Soul and Divinity by reason of the Transubstantiation of the bread and wine into the Body and Blood of Christ. This takes place in the unbloody sacrifice of the Mass."*

**Prayer for Priests:** Jesus our Good Shepherd, You told us that "The harvest indeed is great but the labourers are few. Pray, therefore, the Lord of the harvest to send labourers into His harvest." We ask You to strengthen us as we follow the vocation to which You have called us. Grant that men and women from our community may have the grace and courage to hear and answer Your call to priesthood and religious life. We pray for priests, sisters, brothers and deacons, that they may be open and responsive to the call of serving Your people. We thank you for our faithful priests and bishops, whose spiritual fatherhood and example of fidelity, self sacrifice, and devotion is so vital to the faith of your people. Grant that they may be faithful to their commitment, zealous in their vocation and mission. May all our Priests feel loved, respected, valued and supported by everyone all over the world especially in the community they serve. This through our Lord Jesus Christ your Son, who lives, and reigns with you and the Holy Spirit One God forever and ever. Amen.

**Prayer after Communion:** Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform our hearts through your abiding love. May we come to know Sunday as a special day of faith, the day of our Risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you.

**O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment thine.**

## LITURGY OF THE WORD



### FIRST READING

*A reading from the Book of Deuteronomy*

Moses said to the people: ‘Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and know your inmost heart—whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord. Do not become proud of heart.

Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known, to humble you and test you and so make your future the happier.

**This is the Word of the Lord.**

**R. Thanks be to God.**

### RESPONSORIAL PSALM

**R. Praise the Lord, Jerusalem!**

1. O praise the Lord, Jerusalem!  
Zion, praise your God!  
He has strengthened the bars of your gates,  
he has blessed the children within you. **R.**
2. He established peace on your borders,  
he feeds you with finest wheat.  
He sends out his word to the earth  
and swiftly runs his command. **R.**
3. He makes his word known to Jacob,  
to Israel his laws and decrees.  
He has not dealt thus with other nations;  
he has not taught them his decrees. **R.**

## SECOND READING

*A reading from the First Letter of St. Paul to the Corinthians.*

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the Body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

**This is the Word of the Lord.**

**R. Thanks be to God.**

### GOSPEL ACCLAMATION

**Alleluia, Alleluia!**

I am the living bread from heaven, says the Lord;  
whoever eats this bread will live forever.

**Alleluia!**

### GOSPEL

*A reading from the Holy Gospel according to John.*

Jesus said to the Jews:

I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever;  
and the bread that I shall give  
is my flesh, for the life of the world.’

Then the Jews started arguing with one another:  
‘How can this man give us his flesh to eat?’ they  
said. Jesus replied:

‘I tell you most solemnly,  
if you do not eat the flesh of the Son of Man  
and drink his blood, you will not have life in you.  
Anyone who does eat my flesh and drink my blood  
has eternal life, and I shall raise him up on the last  
day.

For my flesh is real food  
and my blood is real drink.

He who eats my flesh and drinks my blood lives in  
me and I live in him.

As I, who am sent by the living Father,  
myself draw life from the Father,  
so whoever eats me will draw life from me.  
This is the bread come down from heaven;  
not like the bread our ancestors ate;  
they are dead,  
but anyone who eats this bread  
will live for ever.’

**This is the Gospel of the Lord.**

**R. Praise to you Lord Jesus Christ.**

## THE WORD AND LIFE      this week.....

**The sacrament and the sacrifice:** Jesus instituted the Holy Eucharist during the Last Supper as a sacramental banquet and a sacrificial offering. As a sacrament, it is a visible sign that gives grace. The Eucharistic Meal is a great mystery because during the Eucharistic celebration the substance of bread and wine are converted into Jesus' body, while their appearances (or 'accidents') remain. We believe in this transformation of bread and wine (called Transubstantiation) because Jesus unequivocally taught it and authorized his apostles to repeat it. As a sacrament, the Holy Eucharist imparts to us Jesus' abiding presence in our souls. We share in His divine life, which is an assurance of eternal life and the conviction that we are children of God the Father. God shares His life with Jesus and with all other people. It is the sacrament of our union with Jesus. In this sacrament Jesus gives his own Body, broken for us on the cross and his precious Blood poured out for us in order that our sins might be forgiven. Eucharistic celebration is also a sacrifice because it re-enacts Christ's sacrifice at Calvary. By means of signs, symbols and prayers, it is the bloodless repetition of Christ's death. Thus it is a memorial repeated at every Mass. It assures us of Jesus' love for us, and His forgiveness of our sins. Through this sacrifice, the risen Jesus becomes present on the altar, offering himself to the Father through the ministry of the priest.

**Life Messages: 1) A message of unity and sacrificial love:** The Eucharist, (the body and blood of Christ) teaches us the importance of community, the bond of love that results from this sacrifice. Just as numerous grains of wheat are pounded together to make the host, and many grapes are crushed together to make the wine, so we become unified in this sacrifice. Our Lord chose these elements in order to show us that we are to be united with one another in sharing, sacrificial love as Jesus transforms us to become truly members of His Mystical Body. Together we are one. That which unites us in our willingness to sacrifice our time, talents, and other blessings for each other, as Christ sacrificed Himself for us. This willing oneness is symbolized by our sharing in the same Bread and drinking from the same Cup. Hence, Holy Communion strengthens our unity and mutual love.

**2) The duty of preparing properly to receive Holy Communion.** Unfortunately, many of us have neglected this duty in our lives. Every day we tarnish God's image within us through acts of impurity, injustice and disobedience. Hence it is necessary that we repent of our sins and confess our grave sins before we receive Holy Communion. Let us remember the warning given by St. Paul: *"Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be answerable for the body and blood of the Lord. Examine yourselves, and only then eat of the bread and drink of the cup. For all who eat and drink without discerning the body, eat and drink judgement against themselves."* [1 Cor. 11:27-9]. Let us receive Holy Communion with fervent love and respect—not merely as a matter of routine. If we are struggling with sins — especially habitual sins — let us ask Jesus to strengthen us through this sacrament.

**3) A message of sharing love:** Saint Paul warns us that if we approach the Body and Blood of Christ in an unworthy manner, we eat and drink judgment upon ourselves. He even says that irreverent or impenitent participation in the Sacrament is dangerous to body and soul. But Paul is by no means speaking solely of the Real Presence of Christ in the Bread and Wine, He is speaking also of the mystical body of Christ as well, i.e., the people of God gathered at the altar. This one Bread and one Cup represent Jesus in his Risen Body; it includes not only Jesus but the whole community present. It means that our outward piety towards the consecrated Bread and Wine cannot coexist with rudeness, unkindness, slander, cruelty, gossiping or any other breach of charity.

As we celebrate this great feast of faith let us worship what St. Thomas Aquinas did not hesitate to call, "the greatest miracle that Christ ever worked on earth... my Body...my Blood". Before the greatness of this mystery, let us exclaim with St. Augustine, "O sacrament of devotion! O sign of unity! O bond of charity!" Let us also repeat St. Thomas Aquinas' prayer of devotion in the presence of the Blessed Sacrament. *"O Sacrament most holy! O Sacrament divine! All praise and all thanksgiving be every moment thine!"*

**YOUR PRAYERS ARE REQUESTED** for Neville and Hazel Green who have had a car accident and are now in Canberra hospital. They both have undergone surgery and are recovering and hope to be transferred to Moruya hospital for ongoing treatment and rehabilitation.

Please also pray for those of our parish who are unwell and experiencing difficulties.

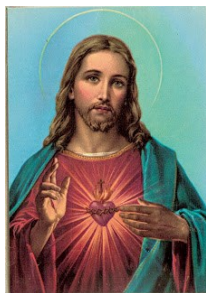
**FEAST OF THE SACRED HEART (19th June)**

**HAPPY FEAST DAY TO ALL OUR PARISHIONERS**



## LET US CELEBRATE!

### Feast of the Patron of our Parish.



#### Friday 19th June. Feast of the Sacred Heart.

(First celebrated in 1670, in Rennes, France, through the efforts of Fr Jean Eudes.) 'The life story of Jesus as found in the Gospels is a story of a heart full of sympathy.—"And seeing the multitudes, he had compassion on them because they were distressed

and lying like sheep that have no shepherd" )Matt.) How wonderfully he showed his sympathy and understanding towards discouraged sinners' towards the sorrowing widow of Naim; towards the children who flocked to him; his treatment of the woman taken in adultery; the repentant thief; the ashamed Peter; the parable of the Good Shepherd and the Prodigal son. No wonder people listened when he invited them—"Come to me all you who labour and are burdened, and I will give you rest".

**All Are welcome to attend Adoration and Solemn Benediction followed by 9.15am Mass on Friday 19th June and then morning tea at the Kennedy Room.**



#### Saturday 20th June. Feast of The Immaculate Heart of Mary.

(In 1944 Pope Pius XII extended the Feast of the Immaculate Heart of Mary to the Universal Church.) Devotion to the Immaculate Heart of Mary is based on Scripture. In Luke's Gospel there are two references to the Heart of Mary: 'Mary treasured

all these things and reflected on them in her heart.' (Lk 2:19) and 'His mother meanwhile kept all these things in her heart.' (Lk 2:51) It was the Heart of Mary which expressed her 'yes' to God. Pope John Paul II in his first encyclical, *Redemptor Hominis*, wrote 'the mystery of Redemption was formed under the heart of the Virgin of Nazareth when she pronounced her "Fiat".'

**Saturday 20th. 9.15am Mass and Rosary.**

**GOOD NEWS** From 1st June restrictions are lifted to a maximum of 50 people, following strictly COVID19 protocol and social distancing guidelines. No booking needed to attend Mass. We follow first come, first served. All welcome.

**MASS AT 'THE PINES'** Commenced on the 7th June 8am at Tuross Head. Restriction are lifted from 1st June. COVID19 protocols will apply with a maximum of 30 persons.

## NOVENA TO THE SACRED HEART.



O JESUS, WHO HAS SAID: "Ask, and you shall receive; seek and you shall find; knock, and it shall be opened to you." Behold, I knock, I seek, and I ask that my prayer be granted. (Mention your petition.)

Pray one *Our Father, Hail Mary and Glory Be.*

**Sacred Heart of Jesus, I trust in Thee.**

O JESUS WHO HAS SAID: "All that you ask of the Father I My Name, He will grant you." Behold, in Thy Name, I ask the Father that my prayer be granted. (Mention your petition.)

Pray one *Our Father, Hail Mary and Glory Be.*

**Sacred Heart of Jesus, I trust in Thee.**

O JESUS, WHO HAS SAID: "Heaven and earth shall pass away, but My Words shall not pass away." Behold, encouraged by Thy infallible words, I ask that my prayers be granted. (Repeat your petition again.)

Pray one *Our Father, Hail Mary and Glory Be.*

**Sacred Heart of Jesus, I trust in Thee.**

O SACRED HEART OF JESUS, for Whom one thing alone is impossible, namely, not to have compassion on those who are afflicted; have pity on us poor, miserable sinners, and grant us the grace which we ask of Thee through the Sorrowful and Immaculate Heart of Mary, Thine and our tender Mother.

Pray the *Hail, Holy Queen.*

St Joseph, foster father of Jesus, pray for us.

### MOTHER'S PRAYER GROUP:

Meet on Mondays at 11am in the Kennedy Room. Due to COVID19 restrictions, only 5 may attend.

### COUNTERS NEEDED.

The Parish needs two more counters to add to the existing roster. If you are able to help on a Monday, please phone the Parish Office.

**BIBLE STUDY/REFLECTION.** There is a form at the back of the church (Moruya and Tuross) or contact Parish Office to add your name, contact details to give any expressions of interest, whether weekly study/reflection in church or home study groups, formal study with visiting facilitator or Lectio Divina sessions.