



### Moruya Sacred Heart Parish.

36 Queen Street,

(P.O. Box 23)

Moruya. NSW. 2537.

Priest: **Fr. George Azhakath.**

Parish Office: 44742024

Parish Secretary: Grace Cirson

Office Hours: 9am—3pm

Wednesday, Thursday & Friday

Email: [Moruya@cg.org.au](mailto:Moruya@cg.org.au)

Web: <http://cg/org/au/Moruya>

### REGULAR MASS TIMES:

Sat: Vigil 6pm. Moruya.

Sun: 8am 'The Pines' Tuross Head.

10am. Sacred Heart Moruya.

Mon: 9.15am Communion Service

Tues: 5.30pm Mass.

Wed: 9.15am Mass—Stations of  
the Cross

2.00pm Mass Banksia Village

Thurs: 9.15am Mass. School  
attending.

Thursdays of the month

10.30am Visit IRT Moruya

Fri: 9.15am Mass followed by 1 hr  
Adoration and Benediction.

Rosary: After Mass.

**Reconciliation:** 10—10.30am Sat.

**Baptisms, Weddings, Anointing,  
and Funerals by appointment.**

### CARING GROUPS:

Tuross Head: 0497 315 534

Moruya: 0431 354 993

### SCHOOLS:

St Mary's: 4474 2817

Carroll College: 4471 5600.

# SACRED HEART PARISH MORUYA

## 4th Sunday of Lent Year A

21-22/3/2020.

### Jesus Restores Sight to the Blind Man

*"the blind man went off and ashes himself and come away with his sight restored."*

Today's readings both remind us that it is God who gives us proper vision in body as well as in soul, and instruct us that we should be constantly on our guard against spiritual blindness. Paul reminds Christians of their new responsibility as children of light: "You were once darkness, but now you are light in the Lord. Live as children of the light, for light produces every kind of goodness and righteousness and truth." Jesus' giving of



sight to a blind man, reported in today's gospel, teaches us the necessity of opening the eyes of the mind by faith and warns us that those who pretend to see the truth are often blind, while those who acknowledge their blindness are given clear vision. In this episode, the most unlikely person, namely the blind man, receives the light of faith in Jesus, while the religion-oriented, law-educated Pharisees remain spiritually blind. There are none so blind, as those who will not see." To live as a Christian is to see, to have clear vision about God, about ourselves and about others. Today's gospel reminds us that we are to live as children of the light, seeking what is good and right and true. Our Lenten prayers and sacrifices should serve to heal our blindness so that we can look into the hearts of others and love them as children of God, our own brothers and sisters. *Fr. George Azhakath.*

**PRAYER FOR AUSTRALIA:** Lord you place deep in our hearts the love of Mary Help of Christians. Through her prayers grant wisdom to our leaders and integrity to our citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through our Lord Jesus Christ your Son who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

**PRAYER AFTER COMMUNION:** Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform our hearts through your abiding love. May we come to know Sunday as a special day of faith the day of our Risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you. ***O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment Thine.***



## Archdiocesan Protocols

### RE: The CoronaVirus (COVID-19)

#### Online Mass and Prayer Resources

Options for viewing Mass online:

1. Daily Mass: Archdiocese of Canberra and Goulburn: [www.catholicvoice.org.au](http://www.catholicvoice.org.au) Mass celebrated specifically for viewing online. Available from daily at 6am. (Beginning Sunday 22 March 2020)
2. Daily Mass Archdiocese of Melbourne: <https://melbournecatholic.org.au/Mass>

Daily Mass: The 1.00 pm Mass is streamed live daily (Mon-Fri) from St Patrick's Cathedral in Melbourne and is then available as a recording on demand until one hour prior to the next 1.00pm.

Sunday Mass: On Sundays, the 1.00am Mass is streamed and it is also available as a recording on demand.

Additional Video Resources:  
[www.catholicvoice.org.au](http://www.catholicvoice.org.au) and  
[www.cgatholic.org.au](http://www.cgatholic.org.au)

- A. Expert Medical Content: Interview Prof Gerard Carroll, Mater Hospital, North Sydney).
- B. Management of psychological and economic issues: Provide practical and pastoral support by addressing psychological and economic issues people are dealing with as a result of the crisis.

Topic may include:

Isolation, Anxiety, Suffering, Palliative care, Coping with stress (WHO resource) and job loss.

- C. Provision of Departmental health links
- D. Resources for Eater Liturgies:
  - a. Way of the cross: video incorporating Youth Ministers and Archbishop Prowse with additional downloadable material.

### Updated Archdiocesan Protocols

#### COVID-19 Corona Virus

The Federal Government has restricted gatherings to 100 people or less. This applies to the celebration of the Eucharist, for Sundays and Weekdays, and sacramental liturgies. Each community is asked to develop their own method of restricting gatherings to 100. Sunday obligation is

suspended at this time. But the faithful are encouraged to come to Mass, respecting the government restrictions, to pray and intercede for the nation. For health reasons, it is recommended that the faithful who have reached 75 years of age should not attend Mass. Daily Mass will be available beginning Sunday 22 March 2020 on the Catholic Voice website ([www.catholicvoice.org.au](http://www.catholicvoice.org.au)) from 6am each day for the faithful who do not attend Mass. In addition, the daily Gospel, daily commentary (Living Word) and prayers of intercessions will be available for personal and family prayer. People who have the following symptoms **should not attend Mass:** Fever, cough, fatigue, sore throat, shortness of breath. **Updated archdiocesan Protocols:** Eucharist: 1. Remove holy water from fonts. 2. The faithful are asked to sit 1.5 metres apart, except for immediate family. 3. No touching at the sign of peace. 4. Priests, Deacons, Acolytes and Extra-ordinary Ministers of Holy Communion to sanitise their hands **before and after distributing Holy Communion.** 5. Holy Communion in the hand not on the tongue. 6. The Sacred Host, **not** the Precious Blood, is given to the faithful. 7. Recommended method of collecting money: The faithful to place money in baskets placed around the Church at the offertory. Money placed in bags by those wearing gloves. Counted 24 hours after the event, with sanitisation of hands before and after. 8. No Communion to the sick in hospital, aged care facilities or private homes to those who have COVID 19. **Visits to the Sick and Elderly** 9. Encouraged in private homes if they are not in isolation. 10. Visits to hospitals and aged care facilities are discouraged, except for immediate family. **11. Funerals and Weddings** not to exceed the government requirement. **12. Anointing of the Sick.** To be given in hospitals, aged care facilities and private homes by priests following Personal Protective Equipment (PPE) protocols. **13. Baptisms.** Celebrant to ensure he sanitise his hands immediately prior to the pouring of water and immediately after the anointing with the oil of Chrism. **14. Penance:** First rite of penance should be conducted in the confessional behind a screen or only if the penitent is 1.5 metres away from the priest. If the penitent is under 18, confessional door is to be open. 15. Second rite of penance is suspended. 16. **First Penance, First Holy Communion & Confirmation.** Suspended until further notice.

## ART & LEISURE. Friday 27th March. 11am.

The parish is exploring the possibility to start an arts group for beginners, regulars, paint or other media. Bert invites you to come to this inaugural morning. Interests include water colour, pastel, charcoal, pencil or coloured pencil drawing. Contact Bert : 44033752.

All welcome for a chat and a cuppa in the **KENNEDY MEETING ROOM. See flyer in foyer.**



### STATIONS OF THE CROSS:

On all Wednesdays of Lent after the 9.15am Mass.

### Friday Devotions to the Sacred Heart.

Adoration and Benediction after the 9.15am Mass.

**THANK YOU & WELCOME** At 6.00 pm mass on Saturday 28th March and 10.00 am mass on Sunday 29 March, the Parish Community wish to express our sincere appreciation to **Pat Anderson** for her support with the administration of the Parish Office and bulletin and also to introduce and welcome **Grace Cirson** as our new Parish Secretary. In their honour, please join us for a cuppa after mass on Sunday, in the Kennedy room.

### LENTEN REFLECTION GROUPS.

**29 Beach St Tuross Head:** Meet Thursdays 3pm

**Moruya:** Meet Tuesdays after 5.30pm Mass.

You are welcome to join either group as often as you are able. The Wollongong Diocese Lenten Program is being used titled "GRACE"

### **PILGRIMAGE TO BEGA CANCELLED**

Relics of St Therese, Monday 30th March has been cancelled due to the Corona Virus

**PRAYERS FOR THE SICK** Your prayers are asked for all the sick of our parish and those mentioned in the Hospital prayer request book including Fr Tim Cahill (friend of a parishioner), Kay Morton, John Bolton, Kath Hulse, Deborah and Peter Morris and Gerry Ebbelaar.

**FOR THE DECEASED** Please also pray for those recently deceased in our parish.

### **PARISH MINISTRY:**

You are asked to advise the office if you are:

***Sick, going to hospital, need a home visit, Communion or need the Sacrament of the sick*** so that we can organise a minister of the Eucharist or priest to visit.

**Those who take Bulletins are requested to put in bin or take home.**

No children's Liturgy.

**People above 75 not to attend church services**

Tea & coffee after 10am mass served outside

## A PRAYER AT A TIME OF THE CORONA-VIRUS PANDEMIC

### **ARCHBISHOP CHRISTOPHER PROWSE CATHOLIC ARCHBISHOP OF CANBERRA GOULBURN APOSTOLIC ADMINISTRATOR OF THE DIOCESE OF WAGGA WAGGA**

Heavenly Father,

We praise and thank you for your loving presence, especially in the Lent/Easter season. We offer heartfelt thanks, dear Lord, particularly for our recent rains. Once again, we come to you in our need. As your children we are in need of your healing and protection. Just as we have been recovering from our dangerous bushfire summer, we have now been thrown into a fearful coronavirus (COVID19) autumn. We are tired and frightened. We feel a sense of panic and future uncertainty on a global scale.

Be with you "there is mercy and fullness of Redemption: (Psalm 130/7). With you there is "the loving mercy of the heart of our God (who) will give light to those who sit in darkness, those who dwell in the shadow of death, and guide our feet into the way of peace" (Luke 1/79).

It seems that so many public gatherings are now postponed or cancelled. There is virus death, the sick and those looking after them Help us to offer practical help to those who struggle. Let us use these times, O Lord, for your greater glory, especially during Lent and Easter. Let us pray more, and truly listen to your more in loving silence stillness and simplicity.

Almighty Father, you always journey with us in life's challenges. Help us to meet you often in the scriptures and our sacraments. Increase in us faith, hope and trust. Protect us from this coronavirus. Remove it from our common home. Heal those who are sick and dying.

Mary, Help of Christians, as always we fly to you in our need. Be close to us and point out your Son, Jesus to us in this pandemic. St Therese of Lisieux and her parents, Saints Louis and Zelie Martin, pray for us. We make this and all our prayers through Jesus, Our Lord and Saviour, who lives and reigns with you in the unity of the Holy Spirit, one God. Forever and ever, **AMEN**