

Moruya Sacred Heart Parish.

36 Queen Street,

(P.O. Box 23)

Moruya. NSW. 2537.

Fr. George Azhakath.

Parish Office: 44742024

Office Hours: 9am—3pm

Wednesday, Thursday & Friday

Email: Moruya@cg.org.au
Web: http/cg/org/au/Moruya

REGULAR MASS TIMES:

Sat: Vigil 6pm. Moruya.

Sun: 8am 'The Pines' Tuross Head.

10am. Sacred Heart Moruya.

Mon: 9.15am Communion Service

Tues: 5.30pm Mass.

Wed: 9.15am Mass—Stations of

the Cross

2.00pm Mass Banksia Village

Thurs: 9.15am Mass. School

attending.

Thursdays of the month

10.30am Visit IRT Moruya

Fri: 9.15amMassfollowed by 1 hr Adoration and Benediction.

Rosary: After Mass.

Reconciliation: 10—10.30am Sat.

Baptisms, Anointings, Weddings and Funerals by appointment.

CARING GROUPS:

Tuross Head: 0497 315 534

Moruya: 0431 354 993

SCHOOLS:

St Mary's: 4474 2817 Carroll College: 4471 5600.

SACRED HEART PARISH MORUYA

2nd Sunday of Lent Year A 7-8/3/2020.



The Transfiguration of Our Lord.

This is my Son, The Beloved; He enjoys my favour. Listen to Him.

The common theme of today's readings is metamorphosis or transformation. The readings invite us to work with the Holy Spirit to transform our lives by renewing them during Lent, and to radiate the grace of the transfigured Lord around us by

our Spirit-filled lives. The transfiguration of Jesus on the mountain reminds us that the way of the cross leads to resurrection and eternal life, and that the purpose of Lent is to help us better to enter into those mysteries. Both the first ad second readings present salvation history as a response to God's call, a call going out to a series of key persons, beginning with Abraham and culminating with Jesus Christ and his apostles. Faith is presented here as the obedient response to the call of God which opens up channels for the redemptive action of God in history, thus transforming the world. In answering this call, both Abram and Saul broke with the experiences of their past lives and moved into an unmapped future to become new "people of the Promise", for a new life.

Fr. George Azhakath.

PRAYER FOR AUSTRALIA: Lord you place deep in our hearts the love of Mary Help of Christians. Through her prayers grant wisdom to our leaders and integrity to our citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through our Lord Jesus Christ your Son who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

PRAYER AFTER COMMUNION: Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform out hearts through your abiding love. May we come to know Sunday as a special day of faith the day of our Risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you. **O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment Thine**.

1st Reading – Genesis 12:1-4A

The LORD said to Abram: "Go forth from the land of your kinsfolk and from your father's house to a land that I will show you.

"I will make of you a great nation, and I will bless you; I will make your name great, so that you will be a blessing. I will bless those who bless you and curse those who curse you. All the communities of the earth shall find blessing in you." Abram went as the LORD directed him.

This is the word of the Lord.

All: Thanks be to God.

Responsorial Psalm – Psalms 33:4-5, 18-19, 20, 22

R. (22) Lord, let your mercy be on us, as we place our trust in you.

Upright is the word of the LORD, and all his works are trustworthy. He loves justice and right; of the kindness of the LORD the earth is full. R. Lord, let your mercy be on us, as we place our trust in you.

See, the eyes of the LORD are upon those who fear him, upon those who hope for his kindness, To deliver them from death and preserve them in spite of famine.

R. Lord, let your mercy be on us, as we place our trust in you.

Our soul waits for the LORD, who is our help and our shield.
May your kindness, O LORD, be upon us who have put our hope in you.

R. Lord, let your mercy be on us, as we place our trust in you.

2nd Reading – 2 Timothy 1:8B-10

Beloved: Bear your share of hardship for the gospel with the strength that comes from God He saved us and called us to a holy life, not according to our works but according to his own design and the grace bestowed on us in Christ Jesus before time began, but now made manifest through the appearance of our saviour Christ Jesus, who destroyed death and brought life and immortality to light through the gospel.

This is the word of the Lord.

All: Thanks be to God.

Verse Before The Gospel – Matthew 17:5

Praise and glory to you Lord Jesus Christ.

From the shining cloud the Father's voice is heard:

This is my beloved Son, hear him.

Praise and glory to you Lord Jesus Christ.

Gospel – Matthew 17:1-9

Jesus took Peter, James, and John his brother, and led them up a high mountain by themselves.

And he was transfigured before them; his face shone like the sun and his clothes became white as light. And behold, Moses and Elijah appeared to them, conversing with him. Then Peter said to Jesus in reply, "Lord, it is good that we are here. If you wish, I will make three tents here, one for you, one for Moses, and one for Elijah."

While he was still speaking, behold, a bright cloud cast a shadow over them, then from the cloud came a voice that said, "This is my beloved Son, with whom I am well pleased; listen to him."

When the disciples heard this, they fell prostrate and were very much afraid. But Jesus came and touched them, saying, "Rise, and do not be afraid." and when the disciples raised their eyes, they saw no one else but Jesus alone.

As they were coming down from the mountain, Jesus charged them, "Do not tell the vision to anyone until the Son of Man has been raised from the dead."

The Gospel of the Lord.

ALL: Praise to you Lord, Jesus Christ.

Archdiocesan Protocols



RE: The CoronaVirus (COVID-19)

The Archdiocese has received advice from medical experts that we should employ best practice and be prudent in trying to help reduce the transmission of the CoronaVirus (COVID-19).

Upon reception of this letter, all communities, parishes, schools, hospitals, etc. are asked to observe the following protocols, with appropriate instructions given to the faithful, until further notice:

Remove Holy Water from fonts.

Ask the faithful to acknowledge each other at the sign of peace, but refrain from touching.

Priests, Deacons, Acolytes and Extraordinary Ministers of Holy Communion to use hand sanitiser before distributing Holy Communion and after distributing Holy Communion at Mass, Liturgy of the Word's with Holy Communion, Visits to the sick in Hospital and Home.

Instruct the faithful that Holy Communion should be received only in the hand, **not** on the tongue.

Distribute the Sacred Host only and not the Precious Blood.

Yours in Christ,

Father Anthony Percy VG

LENTEN REFLECTION GROUPS.

Tuross Head: Meet Thursdays 3pm

29 Beach St.

Moruya: Meet Tuesdays

after 5.30pm Mass.

You are welcome to join either group as often as you are able. The Wollongong Diocese Lenten Program is being used titled "GRACE"

PILGRAMAGE TO BEGA? **RELICS OF ST THERESE.**

The relics of St Therese and her parents, St Loiu and St Zelie will be at the Bega Catholic Church: Monday 30th March. This is only occasion the Relics will visit the South Coast. Let's make a pilgrimage? The Bega Church will be open from 7am for visitors.

> 9.15am Welcome and Blessing.

10am Mass

11am Veneration and Confession.

1pm Depart.

Please indicate on the list in the foyer if you would like to attend. We will look into hiring a bus depending on numbers.

PRAYERS.

For the Sick: Your prayers are asked for all the sick of our parish and those mentioned in the Hospital prayer request book including Fr Tim Cahill (friend of a parishioner), Kay Morton, John Bolton, Kath Hulse, Deborah and Peter Morris and Gerry Ebbelaar.

For the deceased: Please also pray for those recently deceased in our parish.

PARISH MINISTRY:

You are asked to advise the office if you are:

Sick, going to hospital, need a home visit, Communion or need the Sacrament of the sick so that we can organise a minister of the Eucharist or priest to visit.

PASTORAL NOTES ON LENT:

Lent is a penitential season of prayer, self-denial and helping others. In this way, the whole Church prepares for Easter with those who are to be baptised. Other celebrations in Lent (e.g. marriage) must take account of the spirit of penance: musical instruments are only used to sustain singing and floral decorations are very simple.

Ash Wednesday and Good Friday are days of fast and abstinence. The law of fasting binds those who have completed their eighteenth year until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year (CCL 97, 1251-52).

In Lent, the Alleluia is omitted at Mass and at the Hours, even in celebrations of solemnities and feasts.

From Ash Wednesday, Ordinary Time is interrupted until after the Easter Time.

CARING GROUPS.....TALKS

Thursday 19 and Friday 20th March. GRIEF.

At Club Tuross 10.30am Thursday and the Kennedy Meeting Room 11am Friday. We will look at Bereavement (death of a loved one) and Loss (separation, mobility, dreams etc). Open to all.



ART & LEISURE. Friday 27th March. 11am.



The parish is exploring the possibility to start an arts group for beginners, regulars, paint or other media. Bert invites you to come to this inaugural morning. Interests include water colour, pastel, charcoal, pencil or coloured pencil drawing. All welcome for a chat and a cuppa in the **KENNEDY**

MEETING ROOM. See flyer in foyer. Contact Bert: 44033752.

STATIONS OF THE CROSS;

On all Wednesdays of Lent after the 9.15am Mass. Friday Devotions to the Sacred Heart.

Adoration and Benediction after the 9.15am Mass. PPC UPDATE.

Thank you to those who have responded to the PPC's request for recommendations for parish pastoral council members.

Those recommended are invited to attend an information session on the role of the PPC on Tuesday 10th March, at 4pm at the Presbytery.



PROJECT COMPASSION

Twenty-seven-year-old Phany was struggling farmer and was forced to leave her daughter to take up construction work in the city. Her life has been transformed since joining a Caritas supported program, learning crop growing skills and better water management, to combat drought.

Please donate to Project Compassion.

BOXES &/OR ENVELOPES ARE AVAIL-ABLE IN THE CHURCH. Please take one.



'Thank you' to all who participated in the Hymn sing-a-long last Sunday for making it a great success.

