



#### Moruya Sacred Heart Parish.

36 Queen Street,

(P.O. Box 23)

Moruya. NSW. 2537.

Fr. George Azhakath.

Parish Office: 44742024

Email: Moruya@cg.org.au

Web: <http://cg/org/au/Moruya>

#### REGULAR MASS TIMES:

Sat: Vigil 6pm. Moruya.

Sun: 8am 'The Pines' Tuross Head.

10am. Sacred Heart Moruya.

Mon: 9.15am Communion Service

Tues: 5.30pm Mass.

Wed: 9.15am Mass—Stations of  
the Cross

2.00pm Mass Banksia Village

Thurs: 9.15am Mass. School  
attending.

Thursdays of the month

10.30am Visit IRT Moruya

Fri: 9.15am Mass followed by 1 hr  
Adoration and Benediction.

Rosary: After Mass.

**Reconciliation:** 10—10.30am Sat.

**Baptisms, Anointings, Weddings  
and Funerals by appointment.**

#### CARING GROUPS:

Tuross Head: 0497 315 534

Moruya: 0431 354 993

#### SCHOOLS:

St Mary's: 4474 2817

Carroll College: 4471 5600.

# SACRED HEART PARISH MORUYA

## 1st Sunday of Lent Year A

### 29/2 –1/3/2020.

## The Temptation of Jesus

*"We should confront our temptations and conquer them as Jesus did, by fasting, prayer and the Word of God".*



Ours is a vibrant culture, always in pursuit of happiness. Death is an obscenity, hidden by cascades of flowers and relegated to remote burial lawns on the edge of town. Sin is denied, camouflaged, psycho-analysed, and repressed—not confessed. We don't really *sin*. We *make mistakes of judgment*. If a popular politician lies, he or she is *only being human*. Lent is a time to look at such temptations, sin and the consequences. Originally Lent was the season when those about to be baptised repented of their sins and sought to know the Lord Jesus more intimately. Then it became a season for the baptised to do the same. We are challenged to die to sin so that we may rise again to the new life in Christ. Since the Church begins the season with a reflection on the origins of sin among us, the main themes in today's readings are temptation, sin, guilt and forgiveness. We are told of the temptations offered to our Lord, submission to which would have destroyed his mission. Today's reading give us the notion that testing comes to us by an agency apart from and in opposition to God. But the truth is that, while testing comes from the outside, temptation comes from within ourselves. However, the good news is that, though we are tempted and often succumb, God's grace provides the way of salvation for us. The ultimate temptations in life are **NOT** those that push us to "**do**" things we aren't supposed to "**do**", but to "**be**" persons we weren't made to be.

*Fr. George Azhakath.*

**PRAYER FOR AUSTRALIA:** Lord you place deep in our hearts the love of Mary Help of Christians. Through her prayers grant wisdom to our leaders and integrity to our citizens. Under her protection may Australia be granted harmony, justice and peace. We ask this through our Lord Jesus Christ your Son who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

**PRAYER AFTER COMMUNION:** Lord, we thank you for coming into our hearts in Communion. We believe you are truly present in the Blessed Sacrament. You are our life and our hope. Draw us more deeply to yourself and transform our hearts through your abiding love. May we come to know Sunday as a special day of faith the day of our Risen Lord. May our celebration of the Eucharist on Sunday consecrate this day to you. **O Sacrament Most Holy, O Sacrament Divine, All Praise and All Thanksgiving be every moment Thine.**

1. **We are to confront and conquer temptations as Jesus did using the means he employed.** Every one of us is tempted to seek sinful pleasures, easy wealth and a position of authority, power and glory, and to use any means, even unjust or sinful ones to gain these things. Jesus serves as a model for us in conquering temptations by strengthening himself through prayer, penance and the active use of the 'Word of God'. Temptations make us more powerful warriors of God by strengthening our minds and hearts. By constantly struggling against temptations we become stronger. Each time one is tempted to do evil but does good, one becomes stronger. Further, we are never tempted beyond our power. Hence, during this Lent, let us confront our evil tendencies by prayer (especially by participating in the holy Mass), by penance and by meditative reading of the Bible.
2. We are to grow in holiness; by being reconciled with God through the sacrament of reconciliation; by being reconciled with others, forgiving them the hurts they have caused us and asking their pardon for the hurts we have inflicted on them; by sharing our love with others through selfless and humble service, almsgiving and helping those in need; by living the gospel or the 'good news' of God's love, mercy and forgiveness in our lives, thus bearing true Christian witness.
3. **Lent is the time for the desert experience.** We can set aside a place and time to be alone daily with God, a time to distance ourselves from the many noises that bombard our lives every day, a time to hear God's word, a time to rediscover who we are before God and a time to say yes to God and no to Satan as Jesus did.

### **PRAYERS.**

**For the Sick:** Your prayers are asked for all the sick of our parish and those mentioned in the Hospital prayer request book including Fr Tim Cahill (friend of a parish-ioner), Kay Morton, John Bolton, Kath Hulse, Deborah and Peter Morris and Gerry Ebbelaar.

**For the deceased:** Please also pray for those recently deceased in our parish.

### **PARISH MINISTRY:**

You are asked to advise the office if you are:

***Sick, going to hospital, need a home visit, Communion or need the Sacrament of the sick*** so that we can organise a minister of the Eucharist or priest to visit.

### **LENTEN REFLECTION GROUPS.**

**Tuross Head:** Meet Thursdays 3pm  
29 Beach St.

**Moruya:** Meet Tuesdays  
after 5.30pm Mass.

You are welcome to join either group as often as you are able. The Wollongong Diocese Lenten Program is being used titled "GRACE"

### **PASTORAL NOTES ON LENT:**

Lent is a penitential season of prayer, self-denial and helping others. In this way, the whole Church prepares for Easter with those who are to be baptised. Other celebrations in Lent (e.g. marriage) must take account of the spirit of penance: musical instruments are only used to sustain singing and floral decorations are very simple.

Ash Wednesday and Good Friday are days of fast and abstinence. The law of fasting binds those who have completed their eighteenth year until the beginning of their sixtieth year; the law of abstinence binds those who have completed their fourteenth year (CCL 97, 1251-52).

In Lent, the Alleluia is omitted at Mass and at the Hours, even in celebrations of solemnities and feasts.

From Ash Wednesday, Ordinary Time is interrupted until after the Easter Time.

## WORLD DAY OF PRAYER.



### **Pray for Zimbabwe**

You are invited to join others this year at  
St John's Anglican Church, Page St, Moruya  
at 9.30 am Friday 6th March.

Everyone is welcome to attend.

If you would like to know more about these  
special prayer days visit:  
[worlddayofprayeraustralia.org](http://worlddayofprayeraustralia.org)

## PARISH SECRETARY.

We welcome Ms Grace Cirson of Bodalla  
to the position of parish secretary.

Grace commences duties on Wednesday  
and will work Wednesdays, Thursdays and  
Fridays 9 am—3 pm.

## HYMN SING-A-LONG

Come along on Sunday 1st  
March (this Sunday) at 2pm to the church and  
raise your voice to some old and new favourites.  
We have 23 hymns to sing and require all those  
good voices.

All musicians are welcome to join in.

There will be a well deserved 'cuppa' afterwards  
in the Kennedy Meeting Room.



## PPC UPDATE.

Thank you to those who have responded to the  
PPC's request for recommendations for parish  
pastoral council members.

Those recommended are invited to attend an  
information session on the role of the PPC on



Indigenous minorities in the Philippines face  
regular discrimination and disadvantage.  
Manide woman, Shirley faced challenges  
supporting her children and sending them to  
school. With Caritas Australia's support,  
Shirley's life has been transformed.

**Please donate to Project Compassion  
2020 to help people like Shirley, and  
her children gain confidence and respect  
within their community.**

**Let's Go Further, Together.** You can donate  
through Parish boxes and envelopes, by visiting  
[www.caritas.org.au/projectcompassion](http://www.caritas.org.au/projectcompassion) or  
phoning 1800 024 413.

**BOXES &/OR ENVELOPES ARE AVAILABLE IN  
THE CHURCH. Please take one.**

## CARING GROUPS.....TALKS

The Moruya and Tuross Head Caring  
Groups are ministries of our parish and are  
pleased to announce the following talks. They are  
open to anyone to attend. All welcome.

### FRIDAY 6th March. PHOTOGRAPHY

Fr George will be sharing his interest in  
photography in the Kennedy Meeting Room  
(outside the presbytery) starting 11 am.



Some might be interested in gathering regu-  
larly after this initial time.

### Thursday 19 and Friday 20th March. GRIEF.

At Club Tuross 10.30am Thursday and the Kenne-  
dy Meeting Room 11am Friday. We will look at  
Bereavement and Loss. Open to all.

*A few copies of the Caring Group's Newsletter are  
available at the back of the church.*

## STATIONS OF THE CROSS;

On all Wednesdays of Lent after the 9.15am  
Mass.

### Friday Devotions to the Sacred Heart.

Adoration and Benediction after the 9.15am  
Mass.

## PARISH PASTORAL COUNCIL.

The Parish Pastoral Council continue to offer their time to anyone who felt they would like to share their experiences concerning the bushfires. The support team members are listed below.

Tim Cahill.	0428 288 927	Marg Croese	0452 072 174	Sue McCosker	0426 820 860
John Munce.	0439 473 214	Jo Rummery	0419 238 099	Deacon Paul	0427 447 381
Pat Anderson	0401 344 336.				

***Or you can join the Moruya Caring Group any Friday 10am at the Café Vulcan.***