



Sacred Heart Parish

Moruya, Moruya Heads, Mossy Point, Broulee, Tuross Head, Congo, Bodalla. 36 Queen Street (PO Box 23), Moruya, NSW, 2537.

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Email: Moruya@cg.org.au Website: <http://cg.org.au/Moruya> Parish Administrator Fr Stephen Astill SJ; Parish Deacon Emeritus Rev. Paul Rummery; Parish Secretary Mrs Rachel Glover

Tuross Caring Group: 0497 315 534 Moruya Caring Group: 0431 354 993 PARISH SCHOOLS: St Mary's Primary School Acting Principal: Mrs Noelene O'Neill. Carroll College Principal: Mrs Jacqui Heffernan.

Weekend Masses: Saturday Vigil 6pm; Sunday at The Pines, Tuross 8am; Sacred Heart Moruya 10am. Weekday Masses: Monday Communion Service 9.15am; Weekday Masses 9.15am. Reconciliation: 10.30-11am

Baptisms, Anointing of the Sick, Weddings and Funerals by appointment. First Sacraments Scheduled - First Reconciliation 1st March; Confirmation 1st June; First Eucharist 15th September.

For the sick: Patrick Barter, Fay Goff, Barbara Kirk, Joan Ranken, Eunice Priestley, Fr Kevin Murphy, Justin and Kylie, Lori-Anne Foran, Catherine Hulse, Gerri Maynard, Frank Honan, Kath Hodges, Julie Kay, Joy Jaensch, Kerrie Cooper, Ted Lewis, Therese Wood, Clair Holmes, Sylvia Heffernan, Serge Dobson, Julia Hanslow, David Simpson, Viola Connellan, Graham Beer, Eddie Hybler, Declan Holmes, Justin Laplow, Noeleen Norman, and Lincoln Gett.

The Season of Ordinary Time

Week 7

Timetable

RACHEL GLOVER:

Rachel returns to work this week. Let us pray in thanks for her.

TIME	EVENT
Mon 25/2 9.15am	Communion Service
Tues 26/2 5.30pm	Mass
Wed, 27/2 9.15am	Mass
Thurs, 28/2 9.15am	Mass
Fri 28/2 9.15am	Mass
Sat 1/3 9.15am	Mass of Our Lady

BODALLA CHURCH PROJECT: This is just to let everyone know that we are making formal application to the Archdiocesan Finance Office, through the Chancellor, Victor Dunn, to correct the structural problems under the sanctuary floor of the church. We don't have a starting date yet, but Victor himself has come and had a look and shares our concerns and our hopes.

CLEANER FOR MORUYA: Our new cleaner in Moruya is Susan Fawcett, who actually lives in Tuross! I look forward to working with her.

REAL MEN DON'T DO CHURCH: Wrong, but living out your faith can be pretty tough, and most of us need help. If you are a bloke over 18, consider this: On the 23/24 March, experienced leaders from MAT will be running a menALIVE weekend in Bega for Catholic men. Come along and be inspired, encouraged, and rediscover God's purpose for your life. Details/registration forms are in the church foyer. Enquiries to Sean McCambridge on 0430491010; or 64941718; e-mail s_mccambridge@hotmail.com or parish contact 6494 1718.

CARING GROUPS MONTHLY MEETINGS: Moruya Committee will meet Friday 1st March, 10.30am, Cafe Vulcan. The Tuross Head Committee will meet Thursday 7th March 10.30 am at the Club. Our electricity bill comparison morning went well. Very interesting to see that the multiple number of people with the same supply company all had different charges. We attended recently a Seniors Week event organised by the Council and were able to advertise our groups to individuals as well as Agencies. Made some good contacts and have a list of speakers to come and talk with us. Dates to be arranged.

WHAT TO KEEP CHECKLIST When deciding what stays and what goes you might want to consider the following:
Prayer and reflection. Does your family have a place for quiet, spiritually nourishing reading, watching or listening, or prayer? A comfortable chair or beanbag with a nice outlook near a prayer space, family altar or in a quiet corner is ideal.
Hospitality. Look at your kitchen, indoor and outdoor recreation areas. Are they inviting places for your family and visitors to spend time in? What works to help create conversation and togetherness and what doesn't?
Atmosphere. Look at lighting, natural and artificial. Can you improve it somehow or make better use of the way light comes into your home?
Utility. Does your family have the clothing, equipment and

other things needed? Are things in good working order and easy to find? Are all the areas safe?

Precious memories and legacies. We are uplifted by the sight of things that have special meaning to us such as family portraits, special artworks or trophies. Clear the clutter so these special objects have a chance to stand out and shine. - Brian Luu

NATIONAL DAY FOR WAR ANIMALS The very first National Day for War Animals will be on Sunday, 24th February. Announced in parliament by Federal MP Scott Buchholtz, the National Day for War Animals will be an annual event to recognise the contribution made by animals alongside Australia's Armed Forces in the past, present and future. Talking Stones has been an active supporter of the Purple Poppies campaign, where people are encouraged to wear a purple poppy alongside their red one, to show their support of our animal heroes, and to raise funds for AWAMO, the Australian War Animal Memorial Organisation. There will be a number of events held around the country, but all we ask is that you wear your purple poppy with pride and spare a thought for the camels, horses, mules, dogs, birds and other animals that selflessly served, and continue to serve, our country.

CLEAN UP AUSTRALIA DAY SUNDAY March 3. Last year, 40 cubic meters of rubbish got collected by 200 adults and 'thousands of school students'. Parishioners' participation is encouraged! Businesses on Tuesday, February 26, and Schools on Friday, March 1. Contact Maree Cadman 4474 1343.

PROPHETIC SPIRITUALITY: Prophetic spirituality is an active spirituality that demands as much rock-hard commitment as it does heartfelt concern. It is not an easy spiritual path. It can be tiring, wearying, soul-saddening and at the same time electrifying. It sends us into the world with one eye on the will of God for all of it at all times. The biblical prophets of Israel—every one of them—when they came to a crossroad between truth and untruth, when they had an opportunity to settle down, to quit the resistance to evil, to accept what was, chose instead to keep on going. Despite difficulties, they chose to live and proclaim Truth for themselves and for others. The Prophets were the sirens in the night, the sowers of far-flung seeds, the eternal agitators in the soul of the people, of the nation, torches in the murk of confusion. They chose to go on sowing the message of God's will for the world upon which the future rested and the people depended. If they were ever to find their way out of the darkness to which a failed leadership had condemned them, the prophets knew that some truth tellers, however few, had to keep the message alive. These prophetic people, people just like us, simple and sincere, eager and inspired—these sheep herders like Amos and small-business people like Hosea, these simple country farmers or priests like Jeremiah, these thinkers and writers like Isaiah and Ezekiel, these struggling lovers and suffering witnesses like Micah, these brave and independent judges and leaders, like Deborah and Miriam, made no small choices. They chose courage. They chose the expansion of the soul. They chose to stake their lives on what must be rather than stake their comfort, their security, the direction of their lives,

on what was. It is that steadfast, unyielding, courageous commitment to the eternal Will of God for Creation—whatever the cost to themselves—that is the prophetic tradition. It sustains the eternal Word of God while the world spins around it, making God's Word—Love—the center, the axle, the standard of everything the faithful do in the midst of the storm of change that engulfs us as we go. What can we learn from all of this? We must decide what to do now in a world reeling in a centrifuge of transformation, metamorphosis, and vicissitude. Like the Israelites in captivity, we find ourselves exiled from a quieter past, thrust into a cosmic village, and plunging headlong into a totally new world both here and abroad.—from *The Time Is Now: a Call for Uncommon Courage* by Joan Chittister (Random House)

FROM CHAOTIC TO CALM When our Lord and Saviour entered into this world, he did so in all simplicity, humility and gentleness. He suffered His passion and death in order to set us free from all the forms of bondage our world has to offer. BUT ARE WE TRULY FREE ?

Do we really enjoy this freedom? Or have we allowed worldly distractions, materialism in particular, to creep in and rob us of our freedom...freedom to focus on God, to embrace our vocation, to focus on relationships, to live simply and joyfully? What can we do to recapture the simplicity and beauty that our homes so desperately need? Living with less is the answer.

Three Benefits of Living with Less 1. Our Home Becomes a Haven: When we have fewer things we don't have to expend so much time and energy organising and maintaining them. There's less stress and less chaos.

2. There is More Room to Love God and Others: Material things are not bad in and of themselves. However, we are called to love God ABOVE all things. Having or desiring too many things can distract us from our relationship with our God and our family. When we live with less, we have... more freedom to ponder and listen to God; more time to pray; the ability to focus on improving our relationships.

3. We Practise the Virtue of Holy Detachment: When we learn to detach from the things of this world, we also learn to practice holy detachment in other areas of life: from worrying what we cannot control; from other people's opinions of us; from forming unfounded opinions about others; from our own self-will...so that we can embrace our Lord's Holy will more fully in our lives.

PROTECTION OF MINORS: REFLECTION POINTS At the Vatican meeting on "The Protection of Minors in the Church", Pope Francis shared 21 "guidelines". The Pope described them as "a simple starting point", that "do not take away from the creativity that must be present in this meeting."

1. To prepare a practical handbook indicating the steps to be taken by authorities at key moments when a case emerges. 2. To equip oneself with listening structures that include trained and expert people who can initially discern the cases of the alleged victims. 3. Establish the criteria for the direct involvement of the Bishop or of the Religious Superior. 4. Implement shared procedures for the examination of the charges, the protection of the victims and the right of defence of the accused. 5. Inform the civil authorities and the higher ecclesiastical authorities in compliance with civil and canonical norms.

6. Make a periodic review of protocols and norms to safeguard a protected environment for minors in all pastoral structures: protocols and norms based on the integrated principles of justice and charity so that the action of the Church in this matter is in conformity with her mission. 7. Establish specific protocols for handling accusations against Bishops. 8. Accompany, protect and treat victims, offering them all the necessary support for a complete recovery. 9. Increase awareness of the causes and consequences of sexual abuse through ongoing formation initiatives of Bishops, Religious Superiors, clerics and pastoral workers. 10. Prepare pathways of pastoral care for communities injured by abuses and penitential and recovery routes for the perpetrators. 11. To consolidate the collaboration with all people of good will and with the operators of mass media in order to recognize and discern real cases from false ones and accusations of slander, avoiding rancor and insinuations, rumors and defamation. 12. To raise the minimum age for marriage to sixteen years. 13. Establish provisions that regulate and facilitate the participation of lay experts in investigations and in the different degrees of judgment of canonical processes concerning sexual and/or power abuse. 14. The right to defence: the principle of natural and canon law of presumption of innocence must also be safeguarded until the guilt of the accused is proven. Therefore, it is necessary to prevent the lists of the accused being published, even by the dioceses, before the preliminary investigation and the definitive condemnation. 15. Observe the traditional principle of proportionality of punishment with respect to the crime committed. To decide that priests and bishops guilty of sexual abuse of minors leave the public ministry. 16. Introduce rules concerning seminarians and candidates for the priesthood or religious life. Be sure that there are programs of initial and ongoing formation to help them develop their human, spiritual and psychosexual maturity, as well as their interpersonal relationships and their behavior. 17. Be sure to have psychological evaluations by qualified and accredited experts for candidates for the priesthood and consecrated life. 18. Establish norms governing the transfer of a seminarian or religious aspirant from one seminary to another; as well as a priest or religious from one diocese or congregation to another. 19. Formulate mandatory codes of conduct for all clerics, religious, service personnel and volunteers to outline appropriate boundaries in personal relationships. Be specific about the necessary requirements for staff and volunteers and check their criminal record. 20. Explain all information and data on the dangers of abuse and its effects, how to recognize signs of abuse and how to report suspected sexual abuse. All this must take place in collaboration with parents, teachers, professionals and civil authorities. 21. Where it has not yet been in place, establish a group easily accessible for victims who want to report any crimes. Such an organization should have a certain autonomy with respect to the local ecclesiastical authority and include expert persons (clerics and laity) who know how to express the Church's attention to those who have been offended by improper attitudes on the part of clerics.