

**OUR LADY STAR OF THE SEA - NAROOMA
ST MARY'S - COBARGO / BERMAGUI**

Parish Priest: Fr Joseph Tran (leave until June 2018)
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**22nd April 2018
Fourth Sunday of Easter - Year B**

Masses Next weekend	Narooma Weekday Masses Tuesday 10:30am ESTIA
Saturday Vigil Cobargo 5:00 pm	Thursday 9.00am Friday 9:00am
Sunday Bermagui 7:30 am Narooma 9:30am	Cobargo Every 2nd and 4th Wednesday 9:30am communion service

Reconciliation: Cobargo and Bermagui before Mass. Narooma Saturday 9.30 am.

For the sick Linda Holland, Annette Baker, Dillon Tindall, Shirley Dellamarta, Jean Povey, Jan Jardine, Nola Sutherland, Cecilia Moore, Arthur Cotterill, Nora Thomson

Communion to the Sick If you are able to assist with this ministry of taking Holy Communion to people, please contact John Voytas 4476 3976. A roster will be made.

For the deceased Colin Dunning (Melva's brother).

Those whose anniversaries occur at this time Ron Gahan, Jock Cumming,

Flu Vaccination The vaccination will soon be available at the Narooma Medical Centre; all parishioners are urged to speak with their doctor about getting the injection.

Deanery Marian procession will take place in Cobargo on Sunday 6th May, at 2.30 pm with Fr. Tony Percy as guest speaker. There will be refreshments afterwards. Would love to see as many parishioners as possible share in this service to Mary.

Good Shepherd Sunday Appeal Our Archdiocese has five young men who are at the Good Shepherd Seminary. Please financially support them for the years of training. The appeal will be held at all Masses this weekend. Please give generously today or begin a monthly donation which can be made on-line at www.cgatholic.or.au.

Four Ways of Helping People Fr Howard Gray, SJ, is a spiritual director, educator, writer, and popular speaker. Here he describes how St Ignatius of Loyola came upon the central insight of his spiritual way: When Ignatius began to look at where God was truly nudging him, God was nudging him not toward withdrawal but toward engagement. Not toward suspicion but to trust. Not toward an unloving removal from human life but a love of human life. Gradually what came into Ignatius' mind was that everything God does comes as a helping presence. Everything that is not from God comes as a destructive presence. So when I move away from love or life, God's not there. But when I move toward love or life, God is there. Ignatius called this movement discernment of spirits. Discernment was a way of sifting through the movements in his heart. Gradually what he felt drawn to was this wonderful expression, "to help people." He didn't know what it meant in the beginning. He was awkward about what it meant—how he understood it. It took him a number of years of study and trial and error to finally say what most helps people. . .

1. Ignatius said, first of all, people have to know that God is love and I want to preach that.
2. Secondly, people have to learn how love can enter into their lives as a basic way of being human.
3. Thirdly, most people that come to talk with me have a part of their life in which something is screwed up. They need to be reconciled. They're mad at some relative. They're unhappy about where their life has gone. Or they just feel that somehow or another they're not as good as they could be. And so they need some kind of reconciliation, some way of being at home with who they are in the world in which they live.
4. Finally, Ignatius realized that people need education. He didn't think of schools at the beginning. The schools came gradually. But he did think of how important it was to educate both the mind and the heart. And we call that whole connection of educating mind and heart, the ministry of the word: the way in which the word of God can come to life in people through preaching, teaching, through personal counselling and conversation.

When people ask, "What is this 'Ignatian thing' that Jesuits invite us to understand?", tell them it is just one more human experience of life's non-negotiables but channeled in ways that help other people. From the speech "Ignatian Spirituality: What Are We talking about and Why?" by Howard Gray, SJ. Howard Gray, SJ, is currently the Assistant to the President at Georgetown University. Excerpts used with permission.

Christian meditation will commence on Friday 4th May at St Paul's Church in Tilba Street, Narooma, from 3.30pm to 4.30pm. You are most welcome to attend any Friday.

Lenten donations of pantry items to Narooma Conference SvDP Thanks to those parishioners who gave generously and also to Pauline and John Verrell for coordinating the initiative.

Last Week's Collections (Narooma)	
1st Collection	\$ 382.80
2nd Collection	\$ 525.00
Caritas	\$ 75.00
Last Week's Collections (Cobargo/Bermagui)	
1st Collection	\$ 374.20
2nd collection	\$ 235.00
Good Shepherd	\$ 25.00

Narooma	
This week	Next Week
<u>Welcomer</u>	
K Day	J Voytas
<u>Commentator</u>	
T Nugent	R Imberger
<u>Reader</u>	
I Whitty	F Bird
<u>Offertory Procession</u>	
K Day/V Wallens	F Bird/S Nash
<u>Eucharistic Ministers</u>	
J Lundy/P Brice	J Voytas/E Dobbs
<u>Counters</u>	
J & P Verrell	M & F Clark
<u>Collectors</u>	
H.Schrooten/P Bird	H Schrooten/T Short
<u>Pilgrim Statue</u>	
Kaye Smith	A & S Dellamarta
<u>Flowers</u>	
Annie Ovington	Pauline Verrell
Cobargo	
<u>Eucharistic Minister & Server</u>	
T Devoy	A Cotterill
<u>Reader</u>	
J Froud	T McDonald
<u>Offertory Procession</u>	
Tarlintons	Collectors
<u>Cleaning</u>	
	C Grant
<u>Flowers</u>	
J O'Halloran	C Grant
Bermagui	
<u>Reader</u>	
J Harper	J Manns
<u>Prayers of the Faithful</u>	
S Harper	C Manns
<u>Welcoming Committee</u>	
N Cridland	N Scicluna

